



## Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences  
School of Health and Caring Sciences

4VÅ568 Hälsöfrämjande och samhällsbaserad psykiatrisk vård, 5,5  
högskolepoäng

Health promoting and community based psychiatric care, 5.5 credits

### **Main field of study**

Caring Science

### **Subject Group**

Nursing Science

### **Level of classification**

Second Level

### **Progression**

A1F

### **Date of Ratification**

Approved by the Board of the School of Health and Caring Sciences 2011-05-03

Revised 2011-09-01

The course syllabus is valid from autumn semester 2011

### **Prerequisites**

General entry requirements for studies on advanced level, as well as special entry requirements:

Bachelor of Science in Nursing 180 credits or equivalent

Bachelor of Science in Caring Science or equivalent

At least 12 months experience as a nurse (full-time work)

Swedish B and English A

As well as the following courses (or equivalent) on advanced level:

Patient and Family Perspectives, 7.5 credits

Medical Sciences and Psychopathology, 7.5 credits

Psychiatric Care-Placement in closed forms of care, 5.5 credits

Theories and Models for Communication and Care, 5.5 credits

### **Expected learning outcomes**

On completion of the course, students should be able to:

- Analyse the complexity in the specialist nurse's function and responsibility in community based psychiatric care
- With support in caring science, independently suggest and motivate ideas regarding health-promotional efforts in community based psychiatric care
- Analyse the connection between mental disabilities and cultural aspects, such as

- ethnic and social belonging
- Problematize and analyse the meaning of stigmatization as well as suggest and motivate how different efforts can influence stigmatization

## Content

- Community based psychiatric care
- Function and responsibility of the specialist nurse with specialization in psychiatric care
- Health-promotional efforts
- Cultural aspects concerning functional disabilities
- Stigmatization

Obligatory elements are specified in the course schedule.

## Type of Instruction

- Individual work
- Group work
- Lectures
- Field studies
- Situation games
- Seminars

The web-based learning platform forms a tuition base.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

In order to receive a grade of pass, all expected learning outcomes must be achieved. The course is examined through written examinations. A resit examination is offered in accordance with local rules for examination on entry level and advanced level at Linnaeus University (Dnr:HL/2010-3069). Students at Linnaeus University can, at request, receive their grades in ECTS credits, according to the ECTS-scale. This request should be made at the introduction of the course.

## Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

## Required Reading and Additional Study Material

Börjesson, M & Karlsson, M. (2011). *Brukarmakt, i teori och praktik*. Stockholm: Natur & Kultur. ( 224 p).

Hultsjö, S. (2009). *Caring for foreign born persons with psychosis and their families : Perceptions of psychosis care*. Doktorsavhandling. Institutionen för medicin och hälsa. Omvårdnad. Hälsouniversitetet, Linköping. Part of book (ca 50 p).

Lundberg, B. (2010). *Erfarenheter av stigmatisering och diskriminering bland personer med psykisk sjukdom*. Doktorsavhandling. Institutionen för hälsa, vård och samhälle. Sektionen för omvårdnad. Lunds universitet. Lund. Part of book (cirka 50 p).

Nordén, H. (2009). *Nu åker jag slalom: om olika perspektiv på återhämtning vid psykisk ohälsa*. Stockholm: Kommentus Förlag AB.(112 p).

Socialstyrelsen. (2011). *Nationella riktlinjer för psykosociala insatser vid schizofreni eller schizofreniliknande tillstånd 2011 – stöd för styrning och*

*ledning*. [Elektronisk]. Stockholm: Socialstyrelsen. (112 p). Available:  
<<http://www.socialstyrelsen.se/publikationer2011/2011-1-3>>.

Wiklund Gustin, L. (red.) (2010). *Vårdande vid psykisk ohälsa - på avancerad nivå*.  
Lund: Studentlitteratur. Part of book (ca 50 p).

Also included are scientific articles as well as current law and regulations.

As a basis for reflection, media, as well as fictional literature and films, may be used.