



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ281 Komplexa ohälsotillstånd hos äldre, 7,5 högskolepoäng
4VÅ281 Complex Ill-health Conditions in the Elderly, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved 2020-06-15

Revised 2022-09-19 by Faculty of Health and Life Sciences. Revision of literature.
The course syllabus is valid from spring semester 2023

Prerequisites

General entry requirements for studies at the second-cycle level and specific entry requirements as follows:

- A degree of bachelor of science in nursing of 180 credits or an equivalent degree from abroad
- A degree of bachelor of science in caring sciences, or the equivalent.

Objectives

After completing the course, the student should be able to:

Knowledge and understanding

- describe and problematise the situation of older adults with complex care needs, from a societal perspective
- analyse and problematise the situation of older adults with complex care needs based on national and international research and adopting a holistic perspective
- explain complex care needs and rehabilitation of older adults, from a life course perspective.

Competence and skills

- take responsibility for and implementing a care plan together with the elderly individual and their family members, taking a person-centred approach
- plan, lead, and evaluate person-centered care together with the elderly individual, loved ones, and other professions
- observe, assess, analyse, and evaluate complex care needs and rehabilitation of older adults
- assess and argue for measures to be taken in emergencies involving older adults with complex care needs.

Judgement and approach

- critically examine and evaluate ethical issues, perspectives on humanity, and norms in the care of older adults with complex care need
- evaluate and critically assess collaboration with other professions in the care of older adults, from the point of view of the responsibilities of a specialist nurse
- reflect on the significance of a research-based approach in developing knowledge in the field of geriatric care
- assess and reflect upon their own professional approach as a specialist nurse in the field of geriatric care
- reflect on and critically assess sustainability in geriatric care from an ecological, social, and economic perspective.

Content

The course includes the following topics:

- acute assessments
- ethical considerations
- geriatric care from the perspectives of the individual, loved ones, and organisational aspects
- a person-centered approach
- cognitive impairment
- the concept of frail older adults
- multimorbidity and complex care needs in older adults
- societal norms
- care planning
- rehabilitation
- medication management for older adults (including polypharmacy).

Type of Instruction

Instruction is delivered in the form of recorded lectures, workshops, group discussions, and a portfolio. The approach taken in the course is based on problem-based thinking with active knowledge seeking and integrated learning, where complex situations/problems are analysed and studied theoretically and then fed back and applied in practical work.

Examination

The course is assessed with the grades Fail (U) or Pass (G).

The course is examined through three examination assignments:

- a written hand-in assignment (2 credits)
- clinical rotation and clinical examination (3 credits)
- a written hand-in assignment (2.5 credits)

The final course grade will be issued once all three examination assignments have been approved.

The number of clinical rotation opportunities is limited to two.

Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

Course Evaluation

During or shortly after the course, a course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

Credit Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course: 4VÅ257 Geriatric Nursing I, 7.5 credits.

Other

The clinical rotation is worth 3 credits. If the student discontinues their clinical rotation of their own accord, an early assessment is conducted by a teacher from the university and the rotation is recorded as "Fail" in Ladok. The student is entitled to one (1) more rotation as part of the course. Instruction may be delivered in English.

Required Reading and Additional Study Material

Blomqvist, K., Edberg, A-K., Ernst Bravell, M., & Wijk, H. (2017). *Omvårdnad och äldre*. Lund: Studentlitteratur, (703 s). ISBN 9789144102795.

Edberg, A., Ehrenberg, A., Wijk, H. & Öhlén, J. (eds.) (2021). *Omvårdnad på avancerad nivå: kärnkompetenser inom sjuksköterskans specialistområden*. (2nd ed.). Studentlitteratur, (595 pp). ISBN: 9789144136240

Edberg, A-K. (Ed.). (2011). *Att möta personer med demens*. (2nd ed.). Lund: Studentlitteratur, (368 pp). ISBN 9789144072326.

Sandman, L. & Kjellström, S. (2018). *Etikboken: etik för vårdande yrken*. (2nd ed.). Lund: Studentlitteratur, (485 pp). ISBN 9789144120539.

SBU. (2013). *Omhändertagande av äldre som inkommer akut till sjukhus-med fokus på sköra äldre*. Stockholm: Statens beredning för medicinsk utvärdering. Retrieved 19/05/2020 from:
https://www.sbu.se/contentassets/5f0e7213e73b4369acd4874fd3dcbf89/akutvard_aldre.pdf

Socialstyrelsen. (2010). *Indikatorer för god läkemedelsterapi hos äldre*. Stockholm: Socialstyrelsen. Retrieved 19/05/2020 from:
<https://www.socialstyrelsen.se/globalassets/sharepoint-dokument/artikelkatalog/ovrigt/2017-6-7.pdf>

Socialstyrelsen. (2017). *Nationella riktlinjer för vård och omsorg vid demenssjukdom. Stöd för styrning och ledning*. Stockholm: Socialstyrelsen. Retrieved 19/05/2020 from: <https://www.socialstyrelsen.se/globalassets/sharepoint-dokument/artikelkatalog/nationella-riktlinjer/2017-12-2.pdf>

SOSFS 2013a. *Läkemedelsgenomgångar för äldre ordinerade fem eller fler läkemedel – en vägledning för hälso- och sjukvården*. Retrieved 19/05/2020 from: <https://www.socialstyrelsen.se/globalassets/sharepoint-dokument/artikelkatalog/vagledning/2013-3-18.pdf>

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