



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ270 Personcentrerad vård och palliativt förhållningssätt, 7,5 högskolepoäng

Person-centered care and palliative approach, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved by Faculty of Health and Life Sciences 2015-09-14

The course syllabus is valid from spring semester 2016

Prerequisites

General entry requirements including Degree of Bachelor of Science in Nursing or an equivalent degree from abroad.

Degree of Bachelor of Science in Caring Science or its equivalent

Objectives

After completing the course the student will be able to:

Knowledge and understanding

- Account for the meaning of and consequences of a palliative and person-centered approach based on the perspective of the older person and his/her family
- Discuss theoretical foundations in a caring encounter based on a palliative and person-centered approach
- Identify, analyze and assess relevant nursing actions concerning the elderly with a life-threatening illness based on a palliative and person-centered approach

Skills and ability

- Critically review and analyze the importance of the ethical and professional approaches for the older person's experience of dignity and well-being with a consideration of human rights

Judgement and approach

- Reflect on and analyze an individual's situation based on his/her life history, culture and social context from the perspectives of power and gender when caring for older persons in end-of-life care
- Identify one's own needs for further developing a person-centered and palliative approach

Content

- Philosophy of palliative care
- Person-centered care
- Family perspective
- Ethics
- Participation in scheduled, web-based discussions in accordance with the study guide is compulsory

Type of Instruction

The teaching is based on the principles of problem-based learning with active knowledge seeking, critical thinking and problem solving and an integrated learning. The teacher-led instruction consists of recorded lectures, group work and seminars. The course is based on half-time study and completely web-based.

Examination

The course is assessed with the grades A, B, C, D, E, Fx or F.

The course is assessed with the grades: Fail, Pass or Pass with Distinction.

The examination consists of two individual written assignments and a written group examination. In order to gain the Pass grade the expected learning outcomes must have been achieved.

Overall assessment of grades for the whole course:

In order to achieve a Grade E for the whole course at least a Pass grade on parts 1 and 2 are required as well as at least Grade E on part 3

In order to achieve a Grade D for the whole course at least a Pass grade on parts 1 and 2 are required as well as at least Grade D on part 3

In order to achieve a Grade C for the whole course at least a Pass grade on parts 1 and 2 are required as well as at least Grade C on part 3

In order to achieve a Grade B for the whole course at least a Pass grade on parts 1 and 2 are required as well as at least Grade B on part 3

In order to achieve a Grade A for the whole course at least a Pass grade on parts 1 and 2 are required as well as at least Grade A on part 3

Course Evaluation

A course evaluation will be carried out during the course or soon after. The result and the analysis of the course evaluation will be communicated to the students who have completed the course and presented to those who take the course the next time it is given. The course evaluation is anonymous.

Required Reading and Additional Study Material

Andershed, B., Ternstedt, B.M. & Håkansson, C. (Latest edition). *Palliativ vård begrepp & perspektiv i teori och praktik*. Lund: Studentlitteratur, (511 p).

Benzein, E., Hagberg, M. & Saveman, B-I. (Latest edition). *Att möta familjer inom vård och omsorg*. Lund: Studentlitteratur, (254 p).

Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H. & Öhlén, J. (Latest edition). *Omvårdnad på avancerad nivå kärnkompetenser inom sjuksköterskans specialistområden*. Lund: Studentlitteratur, (264 p).

Ekman, I. (Red.). (Latest edition). *Personcentrering inom hälsooch sjukvård. Från*

filosofi till praktik. Stockholm: Liber, (261 p).

Sandman, L. & Kjellström, S. (Latest edition). *Etikboken. Etik för vårdande yrken*. Lund: Studentlitteratur, (406 p).

Ternstedt, B-M., Österlind, J., Henoch, J. & Andershed, B. (Latest edition). *De 6 S:n: en modell för person-centrerad vård*. Lund: Studentlitteratur, (221 p).

WHO. (Latest edition). *Palliative care for older people: better practices* (Hall S, Petkova H, Tsouros AD, Costantini M, Higginson IJ, eds). Copenhagen: WHO Regional Offices for Europe.

Current scientific articles, policy documents and statutes will be added.