



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

4VÅ124 Barnhälsovård och elevhälsa, 15 högskolepoäng
Child Health Services and Student Health, 15 credits

Main field of study

Caring Science

Subject

Nursing Science

Level

Second cycle

Progression

A1N

Date of Ratification

Approved 2026-01-19.

The course syllabus is valid from autumn semester 2026.

Prerequisites

90 credits in nursing science including an independent project of 15 credits at level G2E, or equivalent.

Objectives

Knowledge and understanding

After completing the course, the student should be able to:

- A.1 describe children's and adolescents' development from a physical, mental, and social perspective.
- A.2 present and apply relevant legislation, statutes, and other policy documents.

Competence and skills

After completing the course, the student should be able to:

- B.1 Assess the development of children and adolescents in terms of their physical, psychological and social development.
- B.2 Educate parents or staff on measures required to promote the health of children and adolescents.
- B.3 Plan and carry out health examinations and vaccination in accordance with the vaccination programme.

Judgement and approach

After completing the course, the student should be able to:

- C.1 assess and manage care needs for children, adolescents, and families with complex needs.
- C.2 apply a professional approach towards children, adolescents, and their next of kin.
- C.3 problematise children's and adolescents' physical, mental, and social health and propose relevant measures based on ethical aspects, equality, and sustainable development.

Content

The course includes the following elements:

- children's and adolescents' development
- paediatrics
- children's and adolescents' health and ill health
- family and societal perspectives
- equitable care
- health promotion
- sustainable development
- healthcare pedagogy
- vaccinations

Type of Instruction

Group work
 Individual work
 Lectures
 Seminars
 Clinical placement

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is assessed through four components:

- a group assignment with a written submission and an oral presentation in seminar form
- an individual oral examination with a written submission
- assessment of the clinical placement
- an individual written examination.

To achieve a Pass as the final grade for the course, a Pass is required for all four components. To achieve a Pass with Distinction as the final grade for the course, a Pass with Distinction is also required for the individual written examination.

The course grading criteria are specified for each assessment and form the basis for grading.

Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

Objectives achievement

The examination of the course is divided as follows:

Module 2601 Seminar 1.5 credits with the grading system UG

Module 2602 Oral exam 2.0 credits with the grading system UG

Module 2603 Clinical training 7.5 credits with the grading system UG

Module 2604 Individual written exam 4.0 credits with the grading system UV

The examination elements are linked to the course objectives in the following ways:

Module 2601 links to the course objectives: A.1, B.1, C.1, C.3

Module 2602 links to the course objectives: A.1, A.2, B.1, C.1, C.3

Module 2603 links to the course objectives: B.1, B.2, B.3, C.1, C.2

Module 2604 links to the course objectives: A.1, A.2, C.1, C.3

Course Evaluation

Course evaluation should be conducted during or shortly after the course. The results and analysis should be promptly communicated to those who have taken the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course:

4VÅ122, 13.5 credits.

4VÅ123, 15 credits.

Other Information

Discontinuation of rotation:

If the student discontinues their clinical rotation of their own accord, an early assessment is conducted by a teacher from the university and the rotation is recorded as "Fail" or "F" in Ladok. The student is entitled to one (1) more rotation as part of the course.

Required Reading and Additional Study Material

Agenda 2030 och Sverige: *Världens utmaning – världens möjlighet* SOU 2019:13
<https://www.regeringen.se/rattsliga-dokument/statens-offentliga-utredningar/2019/03/sou-201913/>

Clausson, E., K., & Morberg, S. (Latest edition). *Skolsköterskans hälsofrämjande arbete*. Studentlitteratur.

Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H., & Öhlén, J. (Latest edition). *Omvårdnad på avancerad nivå - kärnkompetenser inom sjuksköterskans speciallistområden*. Studentlitteratur.

Kristensson Hallström, I. (Latest edition). *Pediatrisk omvårdnad*. Liber.

Patriksson, K., & Wigert, P. (Latest edition). *Omvårdnad för barn och unga - på avancerad nivå*. Studentlitteratur.

Risholm Motander, P., & Broberg, A. (Latest edition). *Att möta små barn och deras föräldrar i vården- om anknytning, utveckling och samspel*. Natur & Kultur.

Rikshandboken Barnhälsovård - <https://www.rikshandboken-bhv.se/>

Sandman, L., & Kjellström, S. (Latest edition). *Etikboken. Etik för vårdande yrken*. Studentlitteratur.

The Swedish National Board of Health and Welfare's regulations for child health services