



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

4VÅ122 Barns och ungdomars hälsa och ohälsa, 13,5 högskolepoäng
Child health care nursing, 13.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved by Faculty of Health and Life Sciences 2015-06-22

The course syllabus is valid from spring semester 2016

Prerequisites

General entry requirements for second cycle level study and specific requirements:

- Registered nurse
- Degree of Bachelor of Science in Caring Sciences or its equivalent
- Professional experience as a nurse equivalent to one year's full-time work
- Swedish B/Swedish 3
- English A/English 5

Objectives

After completing the course the student will be expected to be able to:

- Account for child development from physical, mental and social perspectives
- Assess a child's development from its physical, mental and social conditions
- Discuss the physical, mental and social health of children and young people and suggest relevant measures based on societal and ethical aspects and equal rights for all children
- Identify, assess and manage needs for care and in particular consider children, young people and families with complex needs
- Instruct parents or staff about measures needed for promoting physical, mental and social health of children and young people
- Gain a foundation in science and proven experience and apply a family-focused perspective
- Apply legislation, statutes, guidelines and other policy documents such as the Convention on the Rights of a Child
- Apply a professional approach to children, young people and their next of kin

- Plan and carry out health examinations and be prepared to be responsible for vaccination services in accordance with the vaccination programme.

Content

The following elements are included in the course:

- Children's development from a biological and psychological perspective
- Pediatrics
- The physical, mental and social health and ill health of children and young people
- Family-focused nursing
- Health on equal terms
- Health promotion
- Health Care Educational science
- Vaccinations
- Legislation, statutes, guidelines and other policy documents concerning children and young people
- Clinical studies, 6 credits

Type of Instruction

- Group work
- Individual assignments
- Seminars
- Lectures
- Skills training
- A web-based learning management system will be used for some parts of the teaching

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

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In order to gain the Pass grade the expected learning outcomes must have been achieved. The examination consists of two written assignments (no. 1 and no. 2) and a clinical examination. In order to gain a Pass with Distinction grade the written assignment no. 2 has to be assessed as a Pass with distinction. Reports from the clinical studies are also used as a basis for the assessment of grades, with either Fail or a Pass grade.

The opportunity to retake the examination is offered in accordance with the Local Rules for Examinations on the first and second levels at Linnaeus University (Current version).

Course Evaluation

A course evaluation will be carried out during the course or soon after. The result and the analysis of the course evaluation will be communicated to the students who have completed the course and presented to those who take the course the next time it is given. The course evaluation is anonymous.

Required Reading and Additional Study Material

Andersson, I. & Eijlertsson, G. (Latest edition). *Folkhälsa som tvärvetenskap*. Lund: Studentlitteratur, (384 p).

Benzein, E., Hagberg, M. & Saveman, B-I. (Latest edition). *Att möta familjer inom vård och omsorg*. Lund: Studentlitteratur, (254 p).

Berg Kelly, K. (Latest edition). *Ungdomars hälsa*. Lund: Studentlitteratur, (239 p).

Blair, M., StewartBrown, S., Hjern, A. & Bremberg, S. (Latest edition). *Barnhälso-*

vetenskap. Lund: Studentlitteratur, (371 p).

Clausson, E. K. & Morberg, S. (Latest edition). *Skolsköterskans hälsofrämjande arbete*. Lund: Studentlitteratur, (230 p).

Cox, C. (Red.). (Latest edition). *Klinisk undersökningsmetodik för sjuksköterskor*. Lund: Studentlitteratur, (336 p).

Hallström, I. & Lindberg, T. (Red.). (Latest edition). *Pediatrisk omvårdnad*. Stockholm Liber AB, (356 p).

Karlsson, K. (Latest edition). *Anknytning om att tolka samspelet mellan föräldrar och små barn*. Stockholm: Gothia, (142 p).

Magnusson, M., Blennow, M., Hagelin, E. & Sundelin, C. (Latest edition). *Barnhälsovård*. Stockholm: Liber AB, (285 p).

Sandman, L. & Kjellström, S. (senaste upplaga). *Etikboken. Etik för vårdande yrken*. Lund: Studentlitteratur, (406 p).

Socialstyrelsen. (2014). *Vägledning för barnhälsovården*. Falun: Edita Bobergs. Tillgänglig www.socialstyrelsen.se

Socialstyrelsen. (2014). *Vägledning för elevhälsan*. Falun: Edita Bobergs. Tillgänglig www.socialstyrelsen.se

Söderbäck, M. (Latest edition). *Kommunikation med barn och unga i vården*. Stockholm: Liber AB, (216 p).