



Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences
School of Health and Caring Sciences

4VÅ050 Antikonception med förskrivningsrätt för barnmorskor, 7,5
högskolepoäng

Family Planning and Prescribing Contraceptives, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1F

Date of Ratification

Approved by the Board of the School of Health and Caring Sciences 2009-11-19

Revised 2011-09-05

The course syllabus is valid from autumn semester 2011

Prerequisites

NO VALUE DEFINED

Expected learning outcomes

Knowledge and Understanding

On completion of the course, students should be able to:

- describe and explain different family planning methods and, where appropriate, its pharmacological effects
- identify problems and explain conditions and reactions in connection with family planning advice
- identify problems and formulate questions concerning gynaecological infections and sexually transmitted infections (STI)
- describe and explain sexual development as well as discuss and problematize coexistence issues and sexual variations
- identify problems and formulate questions concerning sexual assault, rape and incest cases as well as notification obligation
- relate to relevant statutes, regulations and other rules within the field

Skills and Abilities

On completion of the course, students should be able to:

- integrate knowledge, analyse complex situations and support examinations and

- integrate knowledge, analyse complex situations and suggest examinations and treatment methods as well as expected results concerning contraception advice in accordance with National Board of Health and Welfare and Medical Products Agency regulations
- independently carry out gynaecological examinations and tests
- identify health risks and be able to motivate a change in lifestyle
- independently document given information and examinations in accordance with regulations
- inform, give advice as well as apply/prescribe suitable contraceptives

Judgment and Approach

On completion of the course, students should be able to:

- with an ethical and professional approach, analyse ethical and cultural aspects in the meeting of women and their partners
- critically examine and assess various questions as well as from evidence-based knowledge evaluate applicability

Content

The course includes the following elements:

- Family planning pharmacology
- Family planning advice, methods as well as prescription rights
- Health discussions
- Sexual development and sexual variations
- Sexual assault
- Psycho-social working methods and theories as well as ethical aspects within family planning advice
- Legislation, statutes and regulations within the field

Type of Instruction

Teaching is built on a problem-oriented method of working with active knowledge-seeking, critical thinking and problem solving. The teacher-led tuition is carried out through lectures, group work, conversation exercises and reflections. Educational elements in clinical education take place within maternal health care. Obligatory attendance is expected throughout the entire course, or parts of it, and this is specified in schedules and study guidelines.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

Required Reading and Additional Study Material

Antikonception - Behandlingsrekommendation. (Latest edition.) Läkemedelsverket, (87 p). www.lakemedelverket.se

Barbosa da Silva, A. & Ljungquist, M. (2003). *Vårdetik för ett mångkulturellt Sverige.* Lund: Studentlitteratur, (115 p).

Barth, T. & Näsholm, C. (2006). *Motiverande samtal - MI. Att hjälpa en människa till förändring på hennes egna villkor.* Lund: Studentlitteratur, (180 p).

Gottlieb, C. & Von Schoultz, B. (2004). *Öppenvårdsgynekologi.* Stockholm: Liber

Utbildning, (80 p).

Magnusson, C. & Häggström-Nordin, E. (Red.). (2009). *Ungdomar, sexualitet och relationer*. Lund: Studentlitteratur, (370 p).

Od Lind, V., Bygdeman, M. & Milsom, I. (2008). *Familjeplanering. Preventivmetoder, aborter och rådgivning*. Lund: Studentlitteratur, (113 p).

SFOG. (2008). *Mödrhälsovård, Sexuell och Reproduktiv hälsa*. ARG rapport nr 59. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG), (136 p).

Landgren, B-M. & Jansson, P O. (2009). *Gynekologi*. Lund: Studentlitteratur.

Lundberg, P.O. (Red.). (2002). *Sexologi*. Stockholm: Liber AB, (448 p).

Raadu, G. (Red.). (Latest edition). *Författningshandbok för personal inom hälso- och sjukvården*. Stockholm: Liber.

Scientific articles