



## Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ136 Vuxnas och äldres hälsa och ohälsa, 15 högskolepoäng

4VÅ136 Adults and elderly health care nursing, 15 credits

### **Main field of study**

Caring Science

### **Subject Group**

Nursing Science

### **Level of classification**

Second Level

### **Progression**

A1N

### **Date of Ratification**

Approved 2020-11-30

Revised 2023-01-16 by Faculty of Health and Life Sciences.

The course syllabus is valid from spring semester 2024

### **Prerequisites**

General entry requirements for studies at the second-cycle level, as well as special entry requirements:

- A bachelor's degree in Caring Science or the equivalent
- Professional experience as a registered nurse equivalent to at least 12 months of full-time employment
- Swedish 3
- English 5

## Objectives

### *Knowledge and understanding*

After completing the course, the student should be able to:

- M.1 describe normal ageing and common geriatric illnesses
- M.2 present and apply relevant laws, regulations, and governing documents concerning district nurses' nursing work
- M.3 analyse and discuss connections between different types of healthcare leadership and high-quality and safe care in relation to teamwork, person-centered care, improvement knowledge for quality development, informatics,

and sustainable development.

#### *Competence and skills*

After completing the course, the student should be able to:

- M.4 independently and in collaboration with the patient, their relatives, and other professions, identify and assess the need for nursing and medical care for adults and older adults, and develop a nursing care plan supported by relevant research and considering sustainable development
- M.5 participate in and independently perform examinations and treatments that occur at health care centers and within municipal home care
- M.6 prescribe aids according to the prescription process.

#### *Evaluation abilities and approach*

After completing the course, the student should be able to:

- M.7 apply and reflect on a professional approach to patients and their relatives
- M.8 identify and assess complex end-of-life care needs based on physical, mental, social, and existential dimensions, and suggest actions and critically evaluate these actions from ethical points of view.

### Content

The course includes the following content:

- gerontology and geriatrics
- adults' health and ill health
- the nursing process
- home care
- end-of-life care
- ethics
- laws, regulations, and governing documents concerning the profession of district nurse
- the prescription process for assistive devices
- sustainable development
- leadership
- teamwork
- person-centered care
- improvement knowledge
- quality development
- informatics
- clinical rotation, 7.5 credits

### Type of Instruction

Group work

Individual work

Seminars

Lectures

### Examination

The examination of the course is divided as follows:

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Code	Designation	Grade	Credits
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2401	Examination assignment 1 - Seminar, improvement work	U/G	1,50
2402	Examination assignment 2 - Clinical performance	U/G	1,50
2403	Examination assignment 3 - Individual written exam	U/G/VG	4,50
2404	Examination assignment 4 - Clinical exam	U/G	7,50

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course grading criteria are specified for each examination assignment, and serve as the basis for grading.

In order to receive a final grade of Pass, the student must have been awarded this grade for all the examinations. In order to receive a final grade of Pass with Distinction, the student must have been awarded the grade of Pass for examination assignments 1, 2 and 4, and the grade of Pass with Distinction for examination assignment 3.

Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

### Objectives achievement

The examination elements are linked to the course objectives in the following ways:

Goal	2401	2402	2403	2404
M.1			<input checked="" type="checkbox"/>	
M.2		<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
M.3	<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>	
M.4			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
M.5		<input checked="" type="checkbox"/>		<input checked="" type="checkbox"/>
M.6				<input checked="" type="checkbox"/>
M.7	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
M.8			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

### Course Evaluation

During or shortly after the course, a course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

### Credit Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course: 4VÅ135, 15 credits.

### Other

Discontinuation of rotation: If the student discontinues their clinical rotation of their own accord, an early assessment is conducted by a teacher from the university and the rotation is recorded as "Fail" or "F" in Ladok. The student is entitled to one (1) more rotation as part of the course.

### Required Reading and Additional Study Material

Andershed, B., Ternestedt, BM., & Håkansson, C. (2013). *Palliativ vård: begrepp & perspektiv i teori och praktik*. Studentlitteratur, (511 pp.). ISBN 9789144070964

Björngren Cuadra, C. (Ed.). (2010). *Omvårdnad i mångkulturella rum frågor om kultur, etik och reflektion*. Studentlitteratur, (408 pp.) (in selection). ISBN 9789144053073

Cox, C. (Ed.). (2015). *Klinisk undersökningsmetodik för sjuksköterskor*. Studentlitteratur, (336 pp.). ISBN 9789144095035

Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H., & Öhlén, J. (2021). *Omvårdnad på avancerad nivå kärnkompetenser inom sjuksköterskans specialistområden* (2nd ed.). Studentlitteratur, (264 pp.). ISBN 9789144136240

Ernst Bravell, M. (Ed.). (2013). *Äldre och åldrande grundbok i gerontologi* (2nd ed.). Gleerups, (324 pp.). ISBN 9789140685650

Hellström, AL., & Lindehall, B. (2019). *Uro-tarmterapi*. Studentlitteratur, (229 pp.). ISBN 9789144122588

Holm Ivarsson, B. (2014). *Sjukdomsförebyggande metoder. Samtal om levnadsvanor i vården*. Natur & Kultur, (284 pp.). ISBN 9789127136670

Kirkevold, M., Brodtkorb, K. & Hylén Ranhoff, A. (2018). *Geriatrisk omvårdnad; god omsorg och vård till den äldre*. (2nd ed.). Liber, (532 pp.). ISBN 9789147112999

Lindholm, C. (2018). (4th ed.). *Sår*. Studentlitteratur, (391 pp.). ISBN 9789144116013

Rolfner Suvanto, S. (Ed.). (2014). *Äldres psykiska hälsa och ohälsa. Prevention, förhållningssätt och arbetsmetoder*. Gothia Fortbildning, (222 pp.). ISBN 9789172058552

Rosengren, K. (2013). *Vårdledarskap. Att utveckla och förbättra framtidens vård och omsorg*. Studentlitteratur, (344 pp.). ISBN 9789144094557

Sandman, L., & Kjellström, S. (2018). *Etikboken. Etik för vårdande yrken*. (2nd ed.). Studentlitteratur, (485 pp.). ISBN 9789144120539

Scriven, A. (2013). *Ewles & Simmet Hälsoarbete*. (3rd ed.). Studentlitteratur, (439 pp.). ISBN 9789144073088

The National Board of Health and Welfare (2018). *Bästa möjliga hälsa och en hållbar hälso och sjukvård*. Med fokus på vården vid kroniska sjukdomar Lägesrapport 2018.

2018:139. The National Board of Health and Welfare. (139 pp.). Available at:  
[www.socialstyrelsen.se](http://www.socialstyrelsen.se)

The National Board of Health and Welfare (2016). *Föreskrivning av hjälpmedel. Stöd vid föreskrivning av hjälpmedel till personer med funktionsnedsättning*. (104 pp.). Available at: [www.socialstyrelsen.se](http://www.socialstyrelsen.se)