



## Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ136 Vuxnas och äldres hälsa och ohälsa, 15 högskolepoäng

Adults and elderly health care nursing, 15 credits

### **Main field of study**

Caring Science

### **Subject Group**

Nursing Science

### **Level of classification**

Second Level

### **Progression**

A1N

### **Date of Ratification**

Approved by Faculty of Health and Life Sciences 2020-11-30

The course syllabus is valid from spring semester 2022

### **Prerequisites**

Basic entry requirements for studies at the second-cycle level, as well as special entry requirements

- Bachelor's degree in Caring Science or equivalent
- Professional activity as a certified nurse corresponding to at least 12 months of full-time work
- Swedish B/Swedish 3
- English A/English 5.

## Objectives

### *Knowledge and understanding*

Upon completion of the course, the student is expected to be able to:

1. Describe normal ageing and common geriatric diseases.
2. Describe and apply relevant laws, statutes and governing documents regarding the nursing work of a district nurse.
3. Identify, analyse and discuss the relationship between various types of care leadership and good and safe care in relation to team collaboration, person-centered care, improvement knowledge for quality development, informatics and sustainable development.

### *Skills and abilities*

Upon completion of the course, the student is expected to be able to:

4. Independently and in collaboration with patients, relatives and other professionals, identify assess the need for nursing and medical care in adults and the elderly, and establish a care plan that is supported by relevant research and which takes sustainable development into account.

5. Participate in and independently perform examinations and treatments that occur at the health care centres and in municipal home health care.
6. Prescribe aids in accordance with the prescription process.

#### *Evaluation abilities and approach*

Upon completion of the course, the student is expected to be able to:

7. Apply and reflect upon the professional treatment of patients and relatives.
8. Identify, analyse and assess complex needs for end-of-life care based on physical, mental, social and existential dimensions, and propose measures and critically evaluate these based on ethical aspects.

#### Content

- gerontology and geriatrics
- health and ill health of adults
- the nursing process
- home health care
- end-of-life care
- ethica
- laws, statues and governing documents that apply to the profession of district nurse
- the prescription process for aids
- sustainable development
- leadership
- team cooperation
- person-centered care
- improvement knowledge
- quality development
- informatics
- practicum internship (7.5 credits)

#### Type of Instruction

Work in groups

Individual work

Seminars

Lectures

Skills training

Parts of the teaching take place via an online study platform

#### Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course's grading criteria are indicated for each summative assessment assignment and constitute the basis for grading.

The course is assessed via:

Summative assessment assignment 1 - Seminar, improvement work, 1.5 credits. The assignment is assessed with the grades of Fail/Pass.

Summative assessment assignment 2 - Clinical elements, 1.5 credits. The assignment is assessed with the grades of Fail/Pass.

Summative assessment assignment 3 - Individual written on-campus exam, 4.5 credits. The assignment is assessed with the grades Fail/Pass/Pass with Distinction.

Summative assessment assignment 4 - Clinical summative assessment, 7.5 credits. The assignment is assessed with the grades Fail/Pass.

For a final grade of Pass on the course, the grade Pass is required for all summative assessment assignments. For a final grade of Pass with Distinction on the course, the grade Pass is required on summative assessment assignments 1,2 och 4, and the grade Pass with Distinction is required on summative assessment assignment 3.

Repeated examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to give a customised exam or to have the student conduct the exam in an alternative way.

### Course Evaluation

During the implementation of the course or in close conjunction with the course, a course evaluation is to be carried out. Results and analysis of the course evaluation are to be promptly presented as feedback to the students who have completed the course. Students who participate during the next course instance receive feedback at the start of the course. The course evaluation is to be carried out anonymously.

### Credit Overlap

The course cannot be included in a degree along with the following courses of which the content fully, or partly, corresponds to the content of this course: 4VÄ135, 15 credits.

### Other

#### *Interruption of the practicum internship period*

If the student interrupts her/his practicum internship period on her/his own initiative, an earlier assessment is made by the teacher from the higher education institution and the practicum internship element of the course is registered in Ladok as U or F. The student is entitled to one(1) new practicum internship period within the course.

### Required Reading and Additional Study Material

Andershed, B., Ternestedt, B.M., & Håkansson, C. (2013). *Palliativ vård: begrepp & perspektiv i teori och praktik*. Lund: Studentlitteratur, (511 pp.). ISBN 9789144070964

Björngren Cuadra, C. (Ed.). (2010). *Omvårdnad i mångkulturella rum frågor om kultur, etik och reflektion*. Lund: Studentlitteratur, (408 pp.) (part of the book). ISBN 9789144053073

Cox, C. (Ed.). (2015). *Klinisk undersökningsmetodik för sjuksköterskor*. Lund: Studentlitteratur, (336 pp.). ISBN 9789144095035

Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H., & Öhlén, J. (2013). *Omvårdnad på avancerad nivå kärnkompetenser inom sjuksköterskans specialområden*. Lund: Studentlitteratur, (264 pp.). ISBN 9789144071459

Ernst Bravell, M. (Ed.). (2013). *Äldre och åldrande grundbok i gerontologi* (2nd ed.). Lund: Gleerups, (324 pp.). ISBN 9789140685650

Hellström, A.L., & Lindehall, B. (2019). *Uro tarmterapi*. Lund: Studentlitteratur, (229 pp.). ISBN 9789144122588

Holm Ivarsson, B. (2014). *Sjukdomsförebyggande metoder. Samtal om levnadsvanor i vården*. Stockholm: Natur & Kultur, (284 pp.). ISBN 9789127136670

Kirkevold, M., Brodtkorb, K. & Høyen Ranhoff, A. (2018). *Geriatrisk omvårdnad; god omsorg och vård till den äldre*. (2nd ed.). Stockholm: Liber, (532 pp.). ISBN 9789147112999

Lindholm, C. (2018). (4th ed.). *Sår*. Lund: Studentlitteratur, (391 pp.). ISBN 9789144116013

Rolfner Suvanto, S. (Ed.). (2014). *Äldres psykiska hälsa och ohälsa. Prevention, förhållningssätt och arbetsmetoder*. Stockholm: Gothia Fortbildning, (222 pp.). ISBN

9789172058552

Rosengren, K. (2013). *Vårdledarskap. Att utveckla och förbättra framtidens vård och omsorg*. Lund: Studentlitteratur, (344 pp.). ISBN 9789144094557

Sandman, L., & Kjellström, S. (2018). *Etikboken. Etik för vårdande yrken*. (2nd ed.). Lund: Studentlitteratur, (485 pp.). ISBN 9789144120539

Scriven, A. (2013). *Ewles & Simnet Hälsoarbete*. (3rd ed.). Lund: Studentlitteratur, (439 pp.). ISBN 9789144073088

The National Board of Health and Welfare (2018). *Bästa möjliga hälsa och en hållbar hälsa och sjukvård. Med fokus på vården vid kroniska sjukdomar*. Lägesrapport 2018. 2018:139. The National Board of Health and Welfare. (139 pp.). Available at: [www.socialstyrelsen.se](http://www.socialstyrelsen.se)

The National Board of Health and Welfare (2016). *Förskrivning av hjälpmedel. Stöd vid förskrivning av hjälpmedel till personer med funktionsnedsättning*. (104 pp.). Available at: [www.socialstyrelsen.se](http://www.socialstyrelsen.se)