



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

4VÅ135 Vuxnas och äldres hälsa och ohälsa, 16,5 högskolepoäng
Adolescent and elderly health care nursing, 16.5 credits

Main field of study
Caring Science

Subject Group
Nursing Science

Level of classification
Second Level

Progression
A1N

Date of Ratification
Approved 2015-06-22
Revised 2018-09-18 by Faculty of Health and Life Sciences.
The course syllabus is valid from autumn semester 2019

Prerequisites
General entry requirements for second cycle level study and specific requirements:

- Registered nurse
- Degree of Bachelor of Science in Caring Sciences or its equivalent
- Professional experience as a nurse equivalent to one year's full-time work
- Swedish B/Swedish 3
- English A/English 5

Objectives

After completing the course the student will be expected to be able to:

- Account for normal ageing and commonly occurring geriatric illnesses
- Independently identify and assess, together with the patient, next of kin, and other professionals needs for nursing and medical care for adults and elderly and draw up a nursing plan based on relevant research and with consideration for a family-focused perspective as well as sustainable development
- Identify, analyze and assess complex needs for end-of-life care based on physical, mental, social and existential dimensions, and suggest measures and critically discuss these from an ethical viewpoint
- Participate in and independently perform examinations and treatments that occur at health centres and in the municipal home care services
- Apply relevant legislation, statutes and policy documents that regulate the work of district nurses
- Prescribe aids in accordance with the prescription process
- Apply and reflect over a professional approach when encountering patients and

- next of kin
- Identify, analyze and discuss associations between different forms of management and good and safe care in relation till team collaboration, person-centered care, knowledge of improvement for quality development, informatics and sustainable development

Content

- Gerontology and geriatrics
- Adults' health and ill health
- The nursing process
- Family-focused nursing
- Home care
- End-of-life care
- Ethics
- Legislation, statutes and policy documents that regulate the work of district nurses
- The prescription process
- sustainable development
- Management
- Team collaboration
- Person-centered care
- Knowledge of improvement
- Quality development
- Informatics
- telephone counseling
- Clinical studies, 9 credits

Type of Instruction

- Group work
- Individual assignments
- Seminars
- Lectures
- Skills training
- A web-based learning management system will be used for some parts of the teaching

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

In order to gain the Pass grade the expected learning outcomes must have been achieved. The examination consists of a seminar, a written assignment and a clinical examination. In order to gain a Pass with Distinction grade the written assignment has to be assessed as a Pass with distinction. Reports from the clinical studies are also used as a basis for the assessment of grades, with either Fail or a Pass grade.

The opportunity to retake the examination is offered in accordance with the Local Rules for Examinations on the first and second levels at Linnaeus University (Current version).

Course Evaluation

A course evaluation will be carried out during the course or soon after. The result and the analysis of the course evaluation will be communicated to the students who have completed the course and presented to those who take the course the next time it is given. The course evaluation is anonymous.

Required Reading and Additional Study Material

Andershed, B., Ternestedt, B.-M. & Håkansson, C. (2013). Palliativ vård begrepp &

perspektiv i teori och praktik. Lund: Studentlitteratur, (511 p). Benzein, E., Hagberg, M. & Saveman, B-I. (2017). Att möta familjer inom vård och omsorg. Lund: Studentlitteratur, (288 p). Björngren Cuadra, C. (Red.). (2010). Omvårdnad i mångkulturella rum – frågor om kultur, etik och reflektion. Lund: Studentlitteratur, (408 p), (parts of). Blomquist, U-B. & Jacobsson, D. (2011). Förskrivningsprocessen. Fritt val av hjälpmedel. Egensansvar – tre olika vägar till hjälpmedel. Sundbyberg: Hjälpmedelsinstitutet, (84 p). Tillgänglig: www.hi.se Cox, C. (Red.). (2015). Klinisk undersökningsmetodik för sjuksköterskor. Lund: Studentlitteratur, (336 p). Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H. & Öhlén, J. (2013). Omvårdnad på avancerad nivå – kärnkompetenser inom sjuksköterskans specialistområden. Lund: Studentlitteratur, (264 p). Eriksson, K. (2014). Vårdprocessen. Stockholm: Liber AB, (133 p). Ernsth Bravell, M. (Red.). (2013). Äldre och åldrande – grundbok i gerontologi. (2:nd edition). Lund: Gleerups, (324 p). Hellström, A-L. & Lindehall, B. (Latest edition). Uroterapi. Lund: Studentlitteratur, (240 p). Holm Ivarsson, B. (2014). Sjukdomsförebyggande metoder. Samtal om levnadsvanor i vården. Stockholm: Natur & Kultur, (284 p). Holmström, I. (Red.). (2008). Telefonrådgivning inom hälso- och sjukvård. Lund: Studentlitteratur, (197 p). Kirkevold, M., Brodtkorb, K. & Hylen Ranhoff, A. (2010). Geriatrisk omvårdnad; god omsorg och vård till den äldre. Stockholm: Liber, (460 p). Lindholm, C. (2012). Sår. Lund: Studentlitteratur, (490 p). Rolfner Suvanto, S. (Red.). (2014). Äldres psykiska hälsa och ohälsa. Prevention, förhållningssätt och arbetsmetoder. Stockholm: Gothia Fortbildning, (223 p). Rosengren, K. (2013). Vårdledarskap. Att utveckla och förbättra framtidens vård och omsorg. Lund: Studentlitteratur, (344 p). Sandman, L. & Kjellström, S. (2018). Etikboken. Etik för vårdande yrken. Lund: Studentlitteratur, (488 p). Scriven, A. (2013). Ewles & Simnet Hälsoarbete. Lund: Studentlitteratur, (439 p). Socialstyrelsen (2018) Bästa möjliga hälsa och en hållbar hälso- och sjukvård. Med fokus på vården vid kroniska sjukdomar Lägesrapport 2018. 2018:139. Socialstyrelsen. (139 s). Tillgänglig: www.socialstyrelsen.se

Scientific articles and reports are added.