



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ135 Vuxnas och äldres hälsa och ohälsa, 16,5 högskolepoäng

Adolescent and elderly health care nursing, 16.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved by Faculty of Health and Life Sciences 2015-06-22

The course syllabus is valid from autumn semester 2015

Prerequisites

General entry requirements for second cycle level study and specific requirements:

- Registered nurse
- Degree of Bachelor of Science in Caring Sciences or its equivalent
- Professional experience as a nurse equivalent to one year's full-time work
- Swedish B/Swedish 3
- English A/English 5

Objectives

After completing the course the student will be expected to be able to:

- Account for normal ageing and commonly occurring geriatric illnesses
- Independently identify and assess, together with the patient and next of kin, needs for nursing and medical care for adults and elderly and draw up a nursing plan based on relevant research and with consideration for a family-focused perspective
- Identify, analyze and assess complex needs for end-of-life care based on physical, mental, social and existential dimensions, and suggest measures and critically discuss these from an ethical viewpoint
- Participate in and independently perform examinations and treatments that occur at health centres and in the municipal home care services
- Apply relevant legislation, statutes and policy documents that regulate the work of district nurses
- Prescribe aids in accordance with the prescription process
- Apply a professional approach when encountering patients and next of kin

- Identify, analyze and discuss associations between different forms of management and good and safe care in relation till team collaboration, person-centered care, knowledge of improvement for quality development and informatics
- Reflect on and analyze one's own knowledge

Content

- Gerontology and geriatrics
- Adults' health and ill health
- The nursing process
- Family-focused nursing
- Home care
- End-of-life care
- Ethics
- Legislation, statutes and policy documents that regulate the work of district nurses
- The prescription process
- Management
- Team collaboration
- Person-centered care
- Knowledge of improvement
- Quality development
- Informatics
- Clinical studies, 9 credits

Type of Instruction

- Group work
- Individual assignments
- Seminars
- Lectures
- Skills training
- A web-based learning management system will be used for some parts of the teaching

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

In order to gain the Pass grade the expected learning outcomes must have been achieved. The examination consists of a written examination, a written assignment and a clinical examination. In order to gain a Pass with Distinction grade the written assignment has to be assessed as a Pass with distinction. Reports from the clinical studies are also used as a basis for the assessment of grades, with either Fail or a Pass grade.

The opportunity to retake the examination is offered in accordance with the Local Rules for Examinations on the first and second levels at Linnaeus University (Current version).

Course Evaluation

A course evaluation will be carried out during the course or soon after. The result and the analysis of the course evaluation will be communicated to the students who have completed the course and presented to those who take the course the next time it is given. The course evaluation is anonymous.

Required Reading and Additional Study Material

Andersson, I. & Eijlertsson, G. (Latest edition). *Folkhälsa som tvärvetenskap*. Lund: Studentlitteratur, (parts of).

Andershed, B., Ternestedt, B-M. & Håkansson, C. (Latest edition). *Palliativ vård begrepp & perspektiv i teori och praktik*. Lund: Studentlitteratur, (510 p).

Benzein, E., Hagberg, M. & Saveman, B-I. (Latest edition). *Att möta familjer inom vård och omsorg*. Lund: Studentlitteratur, (254 p).

Björngren Cuadra, C. (Red.). (Latest edition). *Omvårdnad i mångkulturella rum frågor om kultur, etik och reflektion*. Lund: Studentlitteratur, (393 p), (parts of).

Blomquist, U-B. & Jacobsson, D. (Latest edition). *Förskrivningsprocessen. Fritt val av hjälpmedel. Egensansvar tre olika vägar till hjälpmedel*. Sundbyberg: Hjälpmedelsinstitutet, (84 p). Tillgänglig: www.hi.se

Cox, C. (Red.). (Latest edition). *Klinisk undersökningsmetodik för sjuksköterskor*. Lund: Studentlitteratur, (336 p).

Drevenhorn, E. (Red.). (Latest edition). *Hemsjukvård*. Lund: Studentlitteratur, (199 p).

Edberg, A-K., Ehrenberg, A., Friberg, F., Wallin, L., Wijk, H. & Öhlén, J. (Latest edition). *Omvårdnad på avancerad nivå kärnkompetenser inom sjuksköterskans specialistområden*. Lund: Studentlitteratur, (258 p).

Eriksson, K. (Latest edition). *Vårdprocessen*. Stockholm: Liber AB, (125 p).

Ernst Bravell, M. (Red.). (Latest edition). *Äldre och åldrande grundbok i gerontologi*. (2:nd edition). Lund: Gleerups, (324 p).

Hellström, AL. & Lindehall, B. (Latest edition). *Uroterapi*. Lund: Studentlitteratur, (240 p).

Holm Ivarsson, B. (Latest edition). *Sjukdomsförebyggande metoder. Samtal om levnadsvanor*. Stockholm: Natur & Kultur, (261 p).

Holmström, I. (Red.). (Latest edition). *Telefonrådgivning inom hälso och sjukvård*. Lund: Studentlitteratur. (197 p).

Kirkevold, M., Brodtkorb, K. & Hylén Ranhoff, A. (Latest edition). *Geriatrisk omvårdnad; god omsorg och vård till den äldre*. Stockholm: Liber, (460 p).

Lindholm, C. (Latest edition). *Sår*. Lund: Studentlitteratur, (490 p).

Rolfner Suvanto, S. (Red.). (Latest edition). *Äldres psykiska hälsa och ohälsa. Prevention, förhållningssätt och arbetsmetoder*. Stockholm: Gothia Fortbildning, (223 p).

Rosengren, K. (Latest edition). *Vårdledarskap. Att utveckla och förbättra framtidens vård och omsorg*. Lund: Studentlitteratur, (344 p).

Sandman, L. & Kjellström, S. (Latest edition). *Etikboken. Etik för vårdande yrken*. Lund: Studentlitteratur, (406 p).

Scriven, A. (Latest edition). *Ewles & Simnet Hälsoarbete*. Lund: Studentlitteratur, (354 p).