



## Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ130 Omvårdnad, vuxnas och äldres hälsa och ohälsa, klinisk kurs, 15 högskolepoäng

Adolescent and elderly health care nursing: Concepts theory and practice, 15 credits

**Main field of study**

Caring Science

**Subject Group**

Nursing Science

**Level of classification**

Second Level

**Progression**

A1N

**Date of Ratification**

Approved 2010-04-27

Revised 2014-05-12 by Faculty of Health and Life Sciences.

The course syllabus is valid from autumn semester 2014

**Prerequisites**

NO VALUE DEFINED

## Objectives

On completion of the course, students should be able to:

- account for and apply gerontological theories within the professional area
- theoretically account for causes, symptoms and treatment of adolescent and elderly illness from a family and multi-cultural perspective and apply these clinically
- see the connection between adolescent and elderly living conditions and health situations as well as perform a derivative in-depth impact analysis
- judge and meet complex caring needs within advanced home nursing in the final stages of life, in consultation with families
- take responsibility for, manage and develop preventative public health work on individual, group and community level
- apply prescription rights and assess the need of certain aids
- with a scientific and reflective attitude, account for and apply relevant law, statutes and policy documents
- account for and apply theories and models for leadership and quality development

## Content

- Geriatrics
- Gerontology
- Preventative work on individual, family, group and community level
- Care in the final stages of life
- Advanced home nursing
- Multi-cultural nursing
- Public health on individual, group and community level
- Mental illness
- Cooperation and social outlooks
- Conventions, law, statutes and advice concerning the profession of the district nurse
- Information technology
- Leadership and quality development

## Type of Instruction

Teaching is in the form of clinical studies under supervision, lectures, seminars and work in groups. Communication is also carried out via the internet.

Obligatory attendance is expected throughout the entire course, or parts of it, and this is specified in all schedules or study guidelines.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

## Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

## Other

Adolescents' health

Elderly' health

## Required Reading and Additional Study Material

Andersson, I. & Eijlertsson, G. (2009). *Folkhälsa som tvärvetenskap*. Lund: Studentlitteratur, (parts of).

Barth, T. & Näsholm, C. (2006). *Motiverande samtal – MI: att hjälpa en människa till förändring på hennes egna villkor*. Lund: Studentlitteratur,(parts of).

Beck-Friis, B. & Strang, P. (2012). *Palliativ medicin och vård*. Stockholm: Liber, (parts of).

Hellström, A-L. & Lindehal, B. (2006). *Uroterapi*. Lund: Studentlitteratur, (240 p).

Marcusson, J., Bernekow, K., Skoog, I. & Wallin, A. (2011). *Alzheimers sjukdom och andra kognitiva sjukdomar*. Stockholm: Liber, (239 p).

Marklund, B. (Senaste uppl.). *Symtom, råd och åtgärd*. Vårdutv AB, (312 s)

Melle, A. (2006). *Att åldras i främmande land*. Höganäs: Kommunlitteratur, (43 p).

Sandvide, Å. (2006). *Våld i särskilda boenden för äldre- involverade vårdares berättelser*. Umeå universitet, (27 p).

Skaufjeld, A. & Graue, M. (2013). *Diabetes: Förebyggande arbete, behandling och uppföljning*. Lund: Studentlitteratur, (447 p).

Skog, M. & Grafström, M. (2013). *Äldres hälsa och livskvalitet*. Stockholm: Sanoma Utbildning, (376 p).

Wright, L. & Leahey, M. (2000). *Nurses and families: a guide to family assessment and intervention*. Philadelphia: F.A. Davis. (347 p), (part of book).

Andersson, I. & Ejlertsson, G. (2009). *Folkhälsa som tvärvetenskap*. Lund: Studentlitteratur, (384 p).

Faresjö, T. & Åkerlind, I. (2005). *Kan man vara sjuk och ändå ha hälsan?* Lund: Studentlitteratur, (258 p).

Haegerstam, G. (2007). *Smärta hos äldre*. Lund: Studentlitteratur, (269 p).

McBee, L. (2011). *Mindfulness i äldrevard*. Lund: Studentlitteratur.

Ternstedt, B-M., Österlind, J., Henoch, I, & Andershed, B. (2012). *De 6 s:n. En modell för personcentrerad palliativ vård*. Lund: Studentlitteratur, (221 s).