



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ100 Hälsostödjande samtal - ett verktyg för gott bemötande, 7,5 högskolepoäng

4VÅ100 Health fostering conversations for human encounters, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved 2012-03-27

Revised 2018-02-20 by Department of Health and Caring Sciences.

The course syllabus is valid from autumn semester 2018

Prerequisites

Nursing 90 credits or the equivalent.

Objectives

After completing the course, the student should be able to:

- analyse the foundations of underlying theories
- identify and problematise key concepts of relevance for family-focused care
- plan and prepare health-promoting conversations with families
- conduct health-promoting conversations with families
- analyse the content and quality of the conversations
- use reflection as a communicative tool
- apply national and international research.

Content

The course includes the following components:

- family-focused care

- systemic theory
- conversation techniques and conversation analysis
- processes of reflection
- national and international research.

Type of Instruction

Instruction should be based on a problem-oriented approach with active knowledge-seeking, critical thinking, and problem-solving. Teacher-led instruction includes lectures, laboratory work, and seminars. Instruction takes place in designated facilities, enabling direct observation of conversations and continuous supervision. There are mandatory components throughout or during parts of the course, as specified in the relevant timetable or study guide.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The students' knowledge is assessed through an individual theoretical assignment and a practical application exercise in groups. The criteria for a passing grade correspond to fulfilled expected learning outcomes. Criteria for the grade of Pass with Distinction are specified separately.

A resit examination is offered within six weeks (within the regular semester dates) and the number of resit sessions is limited to five (The Higher Education Ordinance, Ch 6, S 21).

Course Evaluation

During or shortly after the course, a written course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

Required Reading and Additional Study Material

Andersen, T. (1994). *Reflekterande processer. Samtal om samtalen*. Smedjebacken: Mareld, 237 pp. The latest edition.

Benzein, E., Hagberg, M. & Saveman, BI. *Att möta familjer inom vård och omsorg*. Lund: Studentlitteratur, 288 pp. The latest edition.

Tomm, K. (2003). *Systemisk intervjumetodik*. Smedjebacken: Mareld, 182 pp. The latest edition.

Wright, L M. & Leahey, M. *Nurses and families. A guide to family assessment and family intervention*. Philadelphia: F.A. Davis, 384 pp. The latest edition.

Wright, L M. & Bell, J.M. *Beliefs and illness. A model for healing*. Canada: 4th Floor Press, 383 pp. The latest edition.

Öquist, O. (2003). *Systemteori i praktiken*. Stockholm: Förlagshuset Gothia, 132 pp. The latest edition.

Research articles and theses

