



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ100 Hälsostödjande samtal - ett verktyg för gott bemötande, 7,5 högskolepoäng

Health fostering conversations for human encounters, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved 2012-03-27

Revised 2013-02-11 by Department of Health and Caring Sciences.

The course syllabus is valid from spring semester 2013

Prerequisites

Nursing 90 credits or equivalent.

Objectives

On completion of the course, students should be able to:

- analyse the fundamentals in underlying theories
- identify and problematize key concepts of importance to family-focused nursing
- plan and prepare health fostering conversations with families
- carry out health fostering conversations with families
- analyse the conversations' content and quality
- utilise reflection as a communicative tool
- apply national and international research

Content

The course contains the following elements:

- Family-focused nursing
- Systematic theory
- Conversation methodology and conversation analysis
- Processes of reflection
- National and international research

Type of Instruction

Teaching shall be built on a problem-oriented method of working with active knowledge seeking, critical thinking and problem solving. The teacher-led tuition is made up of lectures, computer assignments and seminars. Teaching takes place in dedicated facilities, which allows direct observation of conversations and continuous supervision.

Obligatory attendance is expected throughout the entire course, or parts of it, and this is specified in all schedules or study guidelines.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Students' knowledge is assessed through an individual theoretical assignment as well as a group practical application exercise. Grading criteria for a grade of Pass is determined by fulfilled expected learning outcomes. Criteria for a grade of Pass with Credit are specified separately. A resit examination is offered within six weeks (within the framework for regular semester hours) and the number of examination opportunities is limited to five. (Higher Education Ordinance 6 chap. 21 §).

Course Evaluation

A written course evaluation is carried out and compiled in a report, which is archived at the institution. The results and possible measures taken are communicated back to the students the next time the course is given.

Required Reading and Additional Study Material

Andersen, T. (1994). *Reflekterande processer. Samtal om samtalen*. Smedjebacken: Mareld, (164 p).

Benzein, E., Hagberg, M. & Saveman, B-I. (2012). *Att möta familjer inom vård och omsorg*. Lund: Studentlitteratur, (256 s).

Wright, L M. & Leahey, M. (2005). *Nurses and families. A guide to family assessment and family intervention*. 4th ed. Philadelphia: F.A. Davis, (357 p).

Wright, LM., Watson, WL. & Bell, JM. (2002). *Familjefokuserad omvårdnad*. Lund: Studentlitteratur, (405 p).

Wächter, A. (2001). *Samtal pågår*. Lund: Studentlitteratur, (144 p).

Öquist, O. (2003). *Systemteori i praktiken*. Stockholm: Förlagshuset Gothia, (132 p.).

Anderson, H. & Goolishian, H. (1992). *Från påverkan till medverkan. Terapi med språkssystemiskt synsätt*. Smedjebacken: Mareld, (150 p).

Carter, B. & McGoldrick, M. (1999). *The expanded Family Life Cycle. Individual, Family, and Social Perspectives*. 3 ed. Needham Heights: Allyn & Bacon, (541 p).

Hanson, S., Gedaly-Duff, V. & Kaakinen, J R. (2005). *Family Health Care Nursing. Theory, Practice & Research*. 3rd ed. Philadelphia: F.A. Davis, (571 p).

Kirkewold, M. & Strömsnes Ekern, K. (Red.). (2002). *Familjen i ett omvårdnadsperspektiv*. Stockholm: Liber, (304 p).

Maturana, H. & Varela, F. (1987). *The Tree of Knowledge*. London: SHAMBALA, (269 p).

Scott, C. (Red.). (2004). *Berättelsens praktik och teori. Narrativ forskning i ett hermeneutiskt perspektiv*. Lund: Studentlitteratur, (137 p).

Seikkula, J. (1996). *Öppna samtal*. Smedjebacken: Mareld, (238 p).

Tomm, K. (2003). *Systemisk intervjumethodik*. Smedjebacken: Mareld, (182 p).