



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ030 Hälsoarbete inom reproduktiv hälsa, mödrahälsovård och puerperalvård, verksamhetsförlagd utbildning, 16,5 högskolepoäng

Health care work in reproductive health, prenatal care, puerperalcare, 16.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1F

Date of Ratification

Approved 2009-11-19

Revised 2013-09-13 by Department of Health and Caring Sciences.

The course syllabus is valid from autumn semester 2013

Prerequisites

A grade of pass must be achieved for studies within Midwifery Programme, semester 1 Female Reproductive Health and Health Promotion, 7.5 credits or equivalent.

Objectives

Knowledge and Understanding

On completion of the course, students should be able to:

- identify problems and explain conditions and reactions during normal/complicated pregnancy in the mother and foetus
- identify problems and explain conditions and reactions during normal/complicated puerperium
- identify problems and explain conditions and reactions in connection with contraceptive advice

Knowledge and Skills

On completion of the course, students should be able to:

- independently carry out gynaecological examinations and perform smear tests
- identify the woman's needs and, under supervision, give information and support in connection with miscarriage/induced abortion
- independently supervise and handle the normal pregnancy
- identify health risks and be able to motivate changes in lifestyle

- identify and assess divergences in different weeks of pregnancy as well as plan and take adequate measures
- plan, carry out and take responsibility for teaching in parent-groups
- independently carry out post control
- independently take responsibility for care of the mother and child during their time at the maternity hospital as well as teach and support parents during normal circumstances as well as during critical situations
- identify and assess conditions and changes in mother and new born as well as, in critical situations, carry out adequate treatment
- independently provide breastfeeding support
- independently carry out discharge discussions
- independently document given information and carried out examinations according to current regulations
- Under supervision prescribe contraceptives and apply the intrauterine contraceptive device

Judgment and Approach

On completion of the course, students should be able to:

- on the basis of an ethical and professional approach, analyse ethical and cultural aspects in the meeting with the woman and her partner
- critically examine and assess different questions as well as, from evidence-based knowledge, consider applicability

Content

The course includes the following elements:

- Abortion discussions
- Contraceptive advice, methods as well as prescription rights
- Documentation within the area
- Post control
- Pregnancy supervision during normal/complicated pregnancy
- Health discussions
- Prenatal diagnosis
- Social life and sexuality
- Support in parenthood, individually as well as in groups

Type of Instruction

Educational elements in clinical education take place within maternal health care and Maternity Hospital care. Throughout the course, seminars are carried out on the basis of care situations. Teaching is built on a problem-oriented method of working with active knowledge-seeking, critical thinking and problem solving. Obligatory attendance is expected throughout the entire course, or parts of it, and this is specified in schedules and study guidelines.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through individual written examinations as well as oral and written group tests. In order to receive a grade of pass, all expected learning outcomes must be achieved. A resit examination is offered within six weeks. In total, five resit examinations will be offered (Higher Education Ordinance 6 Chapter 21 §). Students at Linnaeus University can, at request, receive their grades in ECTS credits, according to the ECTS-scale. This re-quest should be made at the introduction of the course.

Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students

the next time the course is given.

Required Reading and Additional Study Material

Antikonception och aborter. Läkemedelsverket;Läkemedelsboken. 2011-2012 (11 s). Tillgänglig från www.lakemedelsverket.se

Berg, M. & Lundgren, I. (2004). *Att stödja och stärka*. Lund: Studentlitteratur, (140 s).

Bryar, R. M. & Sinclair, M. (ed.). (2011). *Theory for midwifery practice*. Houndmills: Pallgrave.

Brodén, M. (2010). *Graviditetens möjligheter. En tid då relationer skapas och utvecklas*. E-bok. Stockholm: Natur och Kultur,(150 s).

Frith, L. & Draper, H. (2004). *Ethics and midwifery*. Oxford: Elsevier Science.

Hagberg, H., Marsal, K. & Westgren, M. (2009). *Obstetrik*. Lund: Studentlitteratur, (30s).

Holm Ivarsson, B. (2009). *MI, motiverande samtal. Praktisk handbok för hälso- och sjukvården*. Stockholm: Gothia, (63 s).

Kaplan, A. m.fl. (2009). *Lärobok för barnmorskor*. Lund: Studentlitteratur, (686 s).

Kylberg, E., Westlund, A.M. & Zwedberg S. (2009). *Amning i dag*. Stockholm: Gothia förlag. (180 s.).

Landgren, B-M. & Jansson, P. O. (Red.). (2009). *Gynekologi*. Lund: Studentlitteratur.

Magnusson,C. & Häggström Nordin, E. (Red.). (2009). *Ungdomar, sexualitet och relationer*. Lund: Studentlitteratur.

Marsal, K. & Grennert, L. (Red.). (2009). *Obstetrisk öppenvård*. Stockholm: Liber AB, (370 s).

Nyström, K., Roth, K. & Svensson, L. (2008). *Föräldrar frågar, vi vågar att leda föräldragrupper: interaktiva metoder och övningar för personal inom mödra- och barnhälsovård*. Göteborg: PedEtik

Odlind, V., Bygdeman, M. & Milsom, I. (2008). *Familjeplanering. Preventivmetoder, aborter och rådgivning*. Lund: Studentlitteratur, (113 s).

Plantin, L. (2001). *Män, familjeliv och föräldraskap*. Umeå: Borea, (150 s).

Sjögren, B. (Red.). (2005). *Psykosocial obstetrik*. Lund: Studentlitteratur, (130 s).

SBU-rapporter:

Metoder för tidig fosterdiagnostik. (2006) SBU-rapport 182. Stockholm: SBU

SFOG. (2008). *Mödrahälsovård, Sexuell och Reproductiv hälsa*. ARG rapport nr 59. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG), (136 s).

Bredmar, M. (1999). *Att göra det ovanliga normalt*. Linköpings universitet, Tema Kommunikation, (343 s).

Macdonald, S. & Magill-Cuerden, J. *Mayers' Midwifery. A textbook for midwives.* (2011). London: Baillière Tindall.

Lagercrantz, H. Hellström-Westad, L. & Norman, M. (2008). *Neonatologi.* Lund: Studentlitteratur, (539 s).

SBU rapporter:

Behandling av alkohol-och narkotikaproblem. (2001) Rapport 156/1-2.

Metoder för rökavvänjning. (2000) Rapport 138.

Rutinmässigt u-ljudsundersökning under graviditet. (1998). Rapport 139.

Statens folkhälsoinstitut. *Nya verktyg för föräldrar -förslag till nya former av föräldrastöd.* (www.fhi.se)

Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp. ARG-rapporter:

Barnafödande och psykisk sjukdom. Rapport 62/2009.

Cervixcancerprevention. Rapport 63/2010.

Endometriosis. Rapport 56/2008.

Förlossningsrädsla. Rapport 51/2004.

Inducerad abort. Rapport 54/2006.

Intrauterin fosterdöd (IUFD). Rapport 47/2002.

Kejsarsnitt. rapport 65/2010.

Obstetriskt ultraljud. Rapport 55/2007

Perinatalt omhändertagande vid extrem underburenhet. Rapport 52/2004.

Prolaps. Rapport 60/2008.

Scientific articles, dissertation also included.