



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4VÅ025 Kvinnors reproduktiva hälsa och hälsoupplysningsarbete,
7,5 högskolepoäng

Female reproductive health and health promotion, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1F

Date of Ratification

Approved 2009-11-19

Revised 2013-09-13 by Department of Health and Caring Sciences.

The course syllabus is valid from autumn semester 2013

Prerequisites

A grade of pass must be achieved for studies within Midwifery Programme, semester 1 or equivalent.

Objectives

On completion of the course, students should be able to:

- formulate questions on the basis of Health Determining Factors in connection with pregnancy, puerperium and post control
- assess the importance and context of different factors when it comes to complications during pregnancy and puerperium
- identify divergences from normal development and growth of the foetus as well as explain the meaning of prenatal diagnosis
- reflect over the role of the parent from a gender perspective
- describe and explain different contraceptives as well as their pharmacological effects
- relate to relevant statutes, directions and other rules within the special area

On completion of the course, students should be able to:

- integrate knowledge from different perspectives, analyse complex situations, suggest examinations and treatment methods as well as expected results concerning:

-normal/complicated pregnancy

-normal/complicated pregnancy
-normal/complicated puerperium
-breastfeeding

- integrate knowledge, analyse complex situations and suggest examination and treatment methods as well as expected results concerning contraceptive advice
- problematize and demonstrate understanding for ethical and cultural aspects within maternal health, contraceptive advice and Maternity Hospital care
- critically examine and assess different questions as well as, from evidence-based knowledge, consider applicability
- on the basis of ethical questions, problematize, explain connections and discuss screening and prenatal diagnosis

Content

The course includes the following elements:

- Breastfeeding
- Contraceptive Pharmacology
- Family building and family planning
- Development and physiology of the foetus
- Pregnancy physiology
- Health work
- Health monitoring during normal/complicated pregnancy and puerperium
- Legislation, statutes and directions within the special area
- Medical complications during pregnancy and puerperium
- Prenatal diagnosis
- Psycho-social working methods and theories and ethical aspects within nursing during normal and complicated pregnancy as well as puerperium
- Spontaneous abortion

Type of Instruction

Teaching is built on a problem-oriented method of working with active knowledge-seeking, critical thinking and problem solving. The teacher-led teaching is carried out through lectures, group work, conversation exercises, reflections and seminars.

Obligatory attendance is expected throughout the entire course, or parts of it, and this is specified in schedules and study guidelines.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through individual written examinations as well as oral and written group tests. In order to receive a grade of pass, all expected learning outcomes must be achieved. A resit examination is offered within six weeks. In total, five resit examinations will be offered (Higher Education Ordinance 6 Chapter 21 §). Students at Linnaeus University can, at request, receive their grades in ECTS credits, according to the ECTS-scale. This re-quest should be made at the introduction of the course.

Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

Required Reading and Additional Study Material

Antikonception och aborter. Läkemedelsverket; Läkemedelsboken. 2011-2012 (11 s). Tillgänglig från www.lakemedelsverket.se

Berg, M. & Lundgren, I. (2004). *Att stödja och stärka*. Lund: Studentlitteratur, (140 s).

Berg, P. M. & Sinclair, M. (ed). (2011). *Theory for midwifery practice*. Lund: Miller

Doyal, L. M. & Sicular, M. (Ed.). (2011). *Theory for midwifery practice*. Houndmills, Pallgrave.

Brodén, M. (2010). *Graviditetens möjligheter. En tid då relationer skapas och utvecklas*. E-bok. Stockholm: Natur och Kultur, (150 s).

Frith, L. & Draper, H. (2004). *Ethics and midwifery*. Oxford: Elsevier Science.

Hagberg, H., Marsal, K. & Westgren, M. (2009). *Obstetrik*. Lund: Studentlitteratur, (30s).

Holm Ivarsson, B. (2009). *MI, motiverande samtal. Praktisk handbok för hälso- och sjukvården*. Stockholm: Gothia, (63 s).

Kaplan, A. m.fl. (2009). *Lärobok för barnmorskor*. Lund: Studentlitteratur, (686 s).

Kylberg, E., Westlund, A.M. & Zwedberg S. (2009). *Amning i dag*. Stockholm: Gothia förlag. (180 s).

Landgren, B-M. & Jansson, P. O. (Red.). (2009). *Gynekologi*. Lund: Studentlitteratur.

Magnusson, C. & Häggström Nordin, E. (Red.). (2009). *Ungdomar, sexualitet och relationer*. Lund: Studentlitteratur.

Marsal, K. & Grennert, L. (Red.). (2009). *Obstetrisk öppenvård*. Stockholm: Liber AB, (370 s).

Nyström, K., Roth, K. & Svensson, L. (2008). *Föräldrar frågar, vi vågar att leda föräldragrupper: interaktiva metoder och övningar för personal inom mödra- och barnhälsovård*. Göteborg: PedEtik

Odland, V., Bygdeman, M. & Milsom, I. (2008). *Familjeplanering. Preventivmetoder, aborter och rådgivning*. Lund: Studentlitteratur, (113 s).

Plantin, L. (2001). *Män, familjeliv och föräldraskap*. Umeå: Borea, (150 s).

Sjögren, B. (Red.). (2005). *Psykosocial obstetrik*. Lund: Studentlitteratur, (130 s).

SBU-rapporter:

Metoder för tidig fosterdiagnostik. (2006) SBU-rapport 182. Stockholm: SBU

SFOG. (2008). *Mödrahälsovård, Sexuell och Reproduktiv hälsa*. ARG rapport nr 59. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG), (136 s).

Bredmar, M. (1999). *Att göra det ovanliga normalt*. Linköpings universitet, Tema Kommunikation, (343 s).

Macdonald, S. & Magill-Cuerden, J. *Mayers' Midwifery. A textbook for midwives*. (2011). London: Baillière Tindall.

Lagercrantz, H. Hellström-Westad, L. & Norman, M. (2008). *Neonatologi*. Lund: Studentlitteratur, (539 s).

SBU rapporter:

Behandling av alkohol-och narkotikaproblem. (2001) Rapport 156/1-2.

Metoder för rökavvänjning. (2000) Rapport 138.

Rutinmässigt u-ljudsundersökning under graviditet. (1998). Rapport 139.

Statens folkhälsoinstitut. *Nya verktyg för föräldrar - förslag till nya former av föräldrastöd.* (www.fhi.se) Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp. ARG-rapporter:

Barnafödande och psykisk sjukdom. Rapport 62/2009.

Cervixcancerprevention. Rapport 63/2010.

Endometrios. Rapport 56/2008.

Förlossningsrädsla. Rapport 51/2004.

Inducerad abort. Rapport 54/2006.

Intrauterin fosterdöd (IUFD). Rapport 47/2002.

Kejsarsnitt. rapport 65/2010.

Obstetriskt ultraljud. Rapport 55/2007

Perinatalt omhändertagande vid extrem underburenhet. Rapport 52/2004.

Prolaps. Rapport 60/2008.

Scientific articles, thesis also included