



## Course syllabus

Faculty of Social Sciences

Department of Social Work

4SA315 Handledningens metodik i socialt arbete I, 15 credits  
Methods for supervision in social work I

### **Main field of study**

Social Work

### **Subject Group**

Social Work and Social Welfare

### **Level of classification**

Second Level

### **Progression**

A1F

### **Date of Ratification**

Approved 2015-11-11

Revised 2021-09-13 by Faculty of Social Sciences. Linguistic changes and revision of examination components.

The course syllabus is valid from autumn semester 2022

### **Prerequisites**

General entry requirements for second-cycle studies and specific entry requirements: Degree of Bachelor of Science in Social Work or other equivalent degree in behavioural science or social sciences, and at least three years of professional experience in health sciences, social care and/or social work full-time or the equivalent to part-time.

## Objectives

After completing the course, students shall be able to:

- account for and critically examine theories of the process and function of supervision,
- come to their own conclusions about the importance of communication in supervision,
- demonstrate skills in and the ability to apply the processes and methods of supervision in various situations involving supervision,
- reflect on their own approach and the role as a supervisor in various situations involving supervision,
- demonstrate the ability to show empathy and have an ethical approach with reference to people's different development processes,

- demonstrate a critical awareness of and be able to evaluate the complexity of work-related situations/relations/group processes,
- demonstrate awareness in the supervisory situation based on a diversity perspective.

## Content

The course principally contains an overview of methods and key theories within the field of supervision in social work. The course also includes practical exercises in supervision.

## Type of Instruction

Teaching consists of lectures, seminars, group discussions and practical exercises. Teaching is based on active participation, active knowledge seeking and problem solving.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course comprises 15 credits, and examination of the course objectives takes place by means of seminars, practical exercises in supervision and two individual written assignments (A and B).

Examination of assignment A takes place during semester 1, and comprises 3 credits. The assignment is assessed with the grades of Fail, Pass or Pass with Distinction. Examination takes place by means of a written and oral presentation of an independent project.

Examination of assignment B takes place during semester 2, and comprises 5 credits. The assignment is assessed with the grades of Fail, Pass or Pass with Distinction. Examination takes place by means of a written and oral presentation of an independent project.

Assignment C contains six practical exercises in supervision, comprising in total 5 credits. The assignments are assessed with the grades of Fail or Pass.

Assignment D contains two seminars, comprising in total 2 credits, and are assessed with the grades of Fail or Pass. Examination takes place by means of a written assignment and active participation in the seminars.

A weighted assessment of the grades is performed and in order to receive a grade of Pass in the entire course, all examination assignments must be assessed as Pass. For a grade of Pass with Distinction in the entire course, all assignments must be assessed as Pass and assignments A and B require Pass with Distinction.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student is entitled to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

## Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course

as well as to new students at the following course date. The course evaluation is conducted anonymously.

## Required Reading and Additional Study Material

Andersen, Tom. (Latest edition). *Reflekterande processer. Samtal och samtal om samtalen*. Lund: Studentlitteratur. (237 p.)

Cajvert, Lilja. (Latest edition). *Behandlarens kreativa rum*. Lund: Studentlitteratur. (267 p.)

Cajvert, Lilja. (Latest edition). *Handledning- Från intervju till avslutat uppdrag*. Lund: Studentlitteratur. (194 p.)

Holm, Ulla (Latest edition). *Empati: att förstå andra människors känslor*. 2nd, [updated and extended] ed. Stockholm: Natur och kultur. (236 p.)

Killén, Kari. (Latest edition). *Professionell utveckling och handledning*. Lund: Studentlitteratur. (271 p.)

Näslund, Johan & Ögren, Marie-Louise (Eds). (Latest edition). *Grupphandledning. Forskning och erfarenheter från olika verksamhetsområden*. Lund: Studentlitteratur. (230 p.)

Svedberg, Lars. (Latest edition). *Gruppsykologi*. Lund: Studentlitteratur. (359 p.)

Tveiten, Sidsel. (Latest edition). *Yrkesmässig handledning - mer än ord*. Lund: Studentlitteratur. (362 p.)

Wheelan, Susan. (Latest edition). *Att skapa effektiva team*. Lund: Studentlitteratur. (175 p.)

A choice between:

Lindqvist, Maja (latest edition). *Kollegialt lärande: Att handleda i skolans värld*. Lund: Studentlitteratur

or

Österholm, Terése & Hejlskov, Bo (latest edition). *Ärendehandledning: Inom skola, vård och omsorg*. Lund: Studentlitteratur

Scientific publications/literature with the emphasis on supervision.