



Course syllabus

Faculty of Social Sciences

Department of Social Work

4SA315 Handledningens metodik i socialt arbete I, 15 högskolepoäng
Methods for supervision in social work I, 15 credits

Main field of study

Social Work

Subject Group

Social Work and Social Welfare

Level of classification

Second Level

Progression

A1F

Date of Ratification

Approved 2015-11-11

Revised 2020-02-12 by Faculty of Social Sciences. Editorial changes and changes to the course literature and examinations.

The course syllabus is valid from autumn semester 2020

Prerequisites

General entry requirements for second-cycle studies and specific entry requirements: Degree of Bachelor of Science in Social Work or other equivalent degree in behavioural science or social sciences, and at least three years of professional experience in health sciences, social care and/or social work full-time or the equivalent to part-time.

Objectives

After completing the course, students shall be able to:

- account for and critically examine theories of the process and function of supervision,
- come to their own conclusions about the importance of communication in supervision,
- demonstrate skills in and the ability to apply the processes and methods of supervision as well as adopt a reflective approach in various situations involving supervision,
- reflect on their own approach and the role as a supervisor in various situations,
- demonstrate the ability to show empathy with reference to people's different development processes on the basis of a diversity perspective,
- demonstrate critical awareness of and be able to evaluate the complexity of work-related situations/relations/group processes.

Content

The course principally contains an overview of methods and key theories within the field of supervision in social work. The course also includes practical exercises in supervision.

Type of Instruction

Teaching consists of lectures, seminars, group discussions and practical exercises. Teaching is based on active participation, active knowledge seeking and problem solving.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course comprises 15 credits, and examination of the course objectives takes place by means of seminars, practical exercises in supervision and two individual written assignments (A and B).

Examination of assignment A (the role as a supervisor) takes place during semester 1, and comprises 5 credits. The assignment is assessed with the grades of Fail, Pass or Pass with Distinction. Examination takes place by means of a written and oral presentation of an independent project.

Examination of assignment B (the process of supervision) takes place during semester 2, and comprises 5 credits. The assignment is assessed with the grades of Fail, Pass or Pass with Distinction. Examination takes place by means of a written and oral presentation of an independent project.

Assignment C contains six practical exercises in supervision, comprising in total 2.5 credits. The assignments are assessed with the grades of Fail or Pass.

Assignment D contains two seminars, comprising in total 2.5 credits, and are assessed with the grades of Fail or Pass. Examination takes place by means of a written assignment and active participation in the seminars.

A weighted assessment of the grades is performed and in order to receive a grade of Pass in the entire course, all examination assignments must be assessed as Pass. For a grade of Pass with Distinction in the entire course, all assignments must be assessed as Pass and assignments A and B require Pass with Distinction.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student is entitled to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course as well as to new students at the following course date. The course evaluation is conducted anonymously.

Required Reading and Additional Study Material

Andersen, Tom. (Latest edition). *Reflekterande processer. Samtal och samtal om samtalen*. Lund: Studentlitteratur. (237 p.)

Caivert, Lilja. (Latest edition). *Behandlarens kreativa rum*. Lund: Studentlitteratur. (267 p.)

Cajvert, Lilja. (Latest edition). *Handledning- Från intervju till avslutat uppdrag*. Lund: Studentlitteratur. (194 p.)

Hilmarsson, Hilmar Thór. (Latest edition). *Samtalet med känslomässig intelligens*. Lund: Studentlitteratur. (289 p.)

Holm, Ulla (Latest edition). *Empati: att förstå andra människors känslor*. 2nd, [updated and extended] ed. Stockholm: Natur och kultur. (236 p.)

Killén, Kari. (Latest edition). *Professionell utveckling och handledning*. Lund: Studentlitteratur. (271 p.)

Näslund, Johan & Ögren, Marie-Louise (Eds). (Latest edition). *Grupphandledning. Forskning och erfarenheter från olika verksamhetsområden*. Lund: Studentlitteratur. (230 p.)

Svedberg, Lars. (Latest edition). *Gruppsykologi*. Lund: Studentlitteratur. (359 p.)

Tveiten, Sidsel. (Latest edition). *Yrkesmässig handledning - mer än ord*. Lund: Studentlitteratur. (362 p.)

Wheelan, Susan. (Latest edition). *Att skapa effektiva team*. Lund: Studentlitteratur. (175 p.)

Selected scientific articles/literature with the emphasis on supervision.