



Course syllabus

Faculty of Social Sciences

Department of Social Work

4SA315 Handledningens metodik i socialt arbete I, 15 högskolepoäng
Methods for supervision in social work I, 15 credits

Main field of study

Social Work

Subject Group

Social Work and Social Welfare

Level of classification

Second Level

Progression

A1F

Date of Ratification

Approved 2015-11-11

Revised 2019-05-08 by Faculty of Social Sciences. Revision of the course literature.

The course syllabus is valid from autumn semester 2019

Prerequisites

General entry requirements for second-cycle studies and a degree of Bachelor of Science in Social Work or other equivalent degree in behavioural science, and at least three years of professional experience in health sciences, social care and/or social work full-time or the equivalent to part-time.

Objectives

After completing the course, students shall be able to:

1. account for and critically examine theories of the process and function of supervision
2. come to their own conclusions about the importance of communication in supervision
3. demonstrate skills in and the ability to apply the process and the methods of supervision as well as adopt a reflective approach in various situations, such as situations involving students and professionals
4. demonstrate the ability to show empathy with reference to people's different development processes on the basis of a diversity perspective
5. demonstrate critical awareness of and be able to evaluate the complexity of work-related situations/relations/group processes.

Content

- The process of supervision
- The role of the supervisor
- Group processes
- Supervision from an organisational perspective
- Theoretical perspectives on supervision
- The approach to knowledge and learning
- Communication and communication strategies
- Reflection as theory and method
- Methods and techniques of supervision
- Current research and knowledge development

Type of Instruction

Teaching consists of lectures, seminars, group discussions and practical exercises.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Examination of the course objectives takes place as follows:

Component 1: Examination takes place by means of practical exercises in supervision. The component is worth 2.5 credits and is assessed by the grades Fail or Pass. Examination of objectives 2, 3 and 4.

Component 2: Examination takes place by means of two written reflections on the compulsory course literature and individually chosen scientific articles, discussed in a seminar on two occasions. The component is worth 2.5 credits and is assessed by the grades Fail or Pass. Examination of objectives 1, 2 and 5.

Component 3: Examination takes place by means of an individual written report with the emphasis on the supervision process, presented orally at a seminar. The component is worth 5 credits, and is assessed by the grades Fail, Pass or Pass with Distinction. Examination of objective 1.

Component 4: Examination takes place by means of an individual written report with the emphasis on the role of the supervisor, presented orally at a seminar. The component is worth 5 credits and is assessed by the grades Fail, Pass or Pass with Distinction. Examination of objective 5.

The grades are weighted to determine the final grade, and in order to receive a grade of Pass in the entire course, the student must obtain the grade of Pass for all components. To be awarded a grade of Pass with Distinction, the student must in addition to obtaining a grade of Pass for components 1 and 2, obtain a grade of Pass with Distinction for components 3 and 4.

Course Evaluation

A course evaluation will be conducted at the end of the course. The evaluation follows the department's web-based course evaluation template. The course evaluation will be collated and returned to the students by the course coordinator. The collated evaluation will be filed in accordance with the departmental regulations.

Required Reading and Additional Study Material

Abrahamsson, Thomas och Berglund, Marianne. (Latest edition). *Creative Conversations*. Stockholm: Mareld. (267 p.) To be removed and replaced by an article by Tom Andersen. (Will be distributed in the course.)

Caivert, Lilja. (Latest edition). *Behandlarens kreativa rum*. Lund: Studentlitteratur.

(267 p.)

Hilmarsson, Hilmar Thór. (Latest edition). *Samtalet med känslomässig intelligens*. Lund: Studentlitteratur. (289 p.)

Killén, Kari. (Latest edition). *Professionell utveckling och handledning*. Lund: Studentlitteratur. (271 p.)

Lauvås, Per & Handal, Gunnar. (Latest edition). *Handledning och praktisk ykresteori*. Lund: Studentlitteratur. (408 p.)

Olson, Hardy. Arnoldsson, Charlotte. (Latest edition). *Samtal kring handledning - erfarenheter och reflektioner*. Lund, Studentlitteratur. (136 p.)

Petersson, Bengt-Olof. Vahlne, Lisa. (Latest edition). *Handledning - ett vårdpedagogiskt verktyg*. Lund: Studentlitteratur. (101 p.)

Røkenes, O Harald & Hanssen Per-Halvard. (Latest edition). *Bära eller brista*. Gleerups utbildning. (268 p.)

Svedberg, Lars. (Latest edition). *Gruppsykologi*. Lund: Studentlitteratur. (359 p.)

Wheelan, Susan. (Latest edition). *Att skapa effektiva team*. Lund: Studentlitteratur. (175 p.)

Individually selected scientific articles/literature with the emphasis on supervision.