



Course syllabus

Faculty of Social Sciences

Department of Social Work

4SA105 Idrott och socialt förändringsarbete, 15 högskolepoäng

Sports and social change, 15 credits

Main field of study

Social Work

Subject Group

Social Work and Social Welfare

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved 2009-12-10

Revised 2015-06-15 by Faculty of Social Sciences.

The course syllabus is valid from autumn semester 2015

Prerequisites

General entry requirements for studies at second-cycle level, plus specific entry requirements: social work, 90 credits or other main subject relevant to the course, including 15 credits at first-cycle level.

Objectives

After completing the course the student shall be able to:

- Problematise and analyse how society views sport/physical activity in relation to constructions of identity, body and health.
- Identify and maintain a critical stance towards various social issues and problems within sports and sports movements Identify and evaluate the various social issues and problems within sport.
- Problematise and critically analyse how sports/physical activities are used as activities for social rehabilitation or change programmes.
- Argue for the use of sport/physical activity based on various perspectives central to the practice of social work. Critically analyse sports clubs as social work, and sport as a form of social treatment

Content

The following principal themes are included in the course:

- Sport/physical activities as work with social change
- Social work in relation to sports movements
- The body, identity and social work in relation to sport/physical activity

- Social issues and problems within sports
- Sport/physical activities as was of prevention and rehabilitation in social work.

Type of Instruction

Possible teaching methods include lectures, seminars and different practical exercises, individually or in groups

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is assessed with the following grades: Fail, Pass, Pass with Distinction. The course outcomes are examined as follows:

Oral and written examination through literature-based seminars before which the student is to create a written document that presents the course literature and contains questions for discussion. The assignment is worth 2.5 credits and examines learning outcome one (1).

The course is assessed with the following grades: Fail and Pass.

Oral and written examination through literature-based seminars before which the student is to create a written document that presents the course literature and contains questions for discussion. The assignment is worth 2.5 credits and examines learning outcome two (2).

The course is assessed with the following grades: Fail and Pass.

Written individual examination in the form of an academic article. The article will be presented in a seminar that is conducted using the reviewer/author model. The assignment is worth 8 credits and examines learning outcome three (3). The course is assessed with the following grades: Fail, Pass, Pass with Distinction. To pass the collected course components, a pass is required for the written assignment and for the seminar. To receive the grade of Pass with Distinction for the written assignment, a minimum grade of Pass must be achieved on the oral seminar.

Oral examination, via the project seminar, before which the student will prepare a suggestion and justify a contribution for the use of sport/physical activity within the framework for social work. The assignment is worth 2 credits and examines learning outcome four (4). The course is assessed with the following grades: Fail and Pass.

To receive the final grade of Pass for the entire course, all course outcomes shall be met and the student is to have passed each course component examined. To receive the final grade of Pass with Distinction for the entire course, a Pass with Distinction is required for the written examination assignment three (3) above (worth 8 credits).

Course Evaluation

A course evaluation will be conducted at the end of the course. The evaluation follows the department's web-based course evaluation template. The course evaluation will be collated and returned to the students by the course coordinator. The collated evaluation will be archived in accordance with departmental regulations.

Required Reading and Additional Study Material

Aitchison, CC. (ed.). (2007). *Sport & Gender Identities*. Abingdon, Oxon: Routledge, (163 pages).

Beals, KA. (2004). *Disordered eating among athletes*. Leeds: Human Kinetics Europe, (304 pages).

Brackenridge, C. & Fasting, K. (Eds.). (2002). *Sexual harassment and abuse in sport*. London: Whiting & Birch, (168 pages).

Killén, K. (2001). *Kroppens tunna skal: sex essäer om kropp, historia och kultur*. Stockholm: Norstedts (40 pages).

Johansson, T. (2006). *Makeovermani: Om Dr Phil, plastkirurgi och illusionen om det perfekta jaget*. Stockholm: Natur och Kultur, (240 pages).

Kossow, AM. & Therkildsen, B. (Eds.). (2006). *Kroppen som deltager: Idræt og bevægelse i rehabiliteringen*. Roskilde: Handicapidrættens Videnscenter, (207 pages).

Monaghan, LF. (2001). *Bodybuilders drugs and risk*. New York: Routledge, (213 pages).

Radmann, Aage. (2013). *Huliganlandskapet medier, våld och maskuliniteter*. Doctoral thesis. Malmö University, Faculty of Education and Society (129 pages).

Strandbu, Å. (2006). *Idrett, kjønn, kropp og kultur: Minoritetsjenters møte med norsk idrett*. Oslo: Nova, (240 pages).

Additional literature will be provided, linked to the individual written examination