



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4RP016 Kvinno- och familjehälsa, verksamhetsförlagd utbildning,
15 credits

Women's and Family Health, clinical studies

Main field of study

Reproductive, perinatal and sexual health

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1F

Date of Ratification

Approved by Faculty of Health and Life Sciences 2022-03-21

The course syllabus is valid from spring semester 2023

Prerequisites

General entry requirements for studies at the second-cycle level, and specific entry requirements as follows:

4RP002 Profession, reproductive and sexual health, 4.5 credits

Women's and Family Health and Gynecologic Health, 7.5 credits

Normal Childbirth and Postnatal Care, 7.5 credits

or the equivalent.

Objectives

After completing the course, the student should be able to

Knowledge and understanding

- A.1 identify and explain states and changes during pregnancy, contraception, and gynaecological care
- A.2 critically review and analyse care situations and routines based on research and evidence-based knowledge
- A.3 describe and explain the midwife's area of responsibility and role in maternal health care, contraception, and gynaecological care
- A.4 present relevant statutes, national guidelines, and general advice and instructions of relevance to the profession

Competence and skills

- B.1 independently plan, manage and document pre- and postnatal care with normal pregnancy, as well as identify abnormal states
- B.2 manage and document pre- and postnatal care in complicated pregnancy, in collaboration with other professions
- B.3 independently manage, document, and provide counselling in matters of contraception
- B.4 independently perform gynaecological examinations and cervical screening tests and apply intrauterine and intradermal contraceptives
- B.5 independently plan, lead, and implement parenting support for groups as well as individuals
- B.6 manage and document abortion cases and provide adequate care
- B.7 plan and perform examinations and treatments based on need and circumstances, together with the woman and her family
- B.8 discuss and support health-promoting habits by taking a person-centred approach

Judgement and approach

- C.1 further develop a professional approach and reflect upon their personal professional development as a midwife, focusing in particular on ethics and diversity
- C.2 reflect upon the midwife's role in promoting reproductive and sexual health in maternal health care, contraception, and gynaecological care
- C.3 plan, lead, and coordinate care together with other professions and reflect upon their own ability to cooperate.

Content

- Contraception and family planning
- Documentation
- Ethics and diversity
- Pre- and postnatal care in normal and complicated pregnancy
- Gynaecological care
- Legislation and policy/governing documents
- Leading and teaching groups
- Motivational talks
- Professional approach
- Counselling and support
- Patient care planning

Type of Instruction

The fundamental pedagogical approach of the course supports problem-based, sustainable learning, independence, critical thinking, and taking responsibility for individual work and common knowledge development.

Teaching is delivered in the form of

- individual work
- group work
- seminars
- clinical training

In order to pass the course, the student must pass an assignment in gynaecology. The original assignment may be substituted with other assignments. The examiner approves replacement assignments. Teaching is delivered via an online learning platform and on-campus classes.

Examination

The examination of the course is divided as follows:

Code	Designation	Grade	Credits
2301	Clinical studies in maternal health care and gynecological care	U/G	12,00
2302	Clinical studies. Patient case with seminar, individual written home examination	U/G/VG	3,00

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through clinical training, based on a number of assessment criteria. The clinical training furthermore includes examination of patient cases in the form of an individual written examination, which is subsequently discussed in a seminar. In order to receive the grade of Pass (G), the student must have received this grade for both examinations. In order to receive the grade of Pass with Distinction (VG), the student must have received this grade for the individual written take-home exam. Grading criteria are specified in the examination assignments and serve as the basis for grading. Only when all examinations have been completed will the student receive the final course grade.

Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

Objectives achievement

The examination elements are linked to the course objectives in the following ways:

Goal	2301	2302
A.1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
A.2	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
A.3	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
A.4	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
B.1	<input checked="" type="checkbox"/>	
B.2	<input checked="" type="checkbox"/>	

B.3	<input checked="" type="checkbox"/>	
B.4	<input checked="" type="checkbox"/>	
B.5	<input checked="" type="checkbox"/>	
B.6	<input checked="" type="checkbox"/>	
B.7	<input checked="" type="checkbox"/>	
C.1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
C.2	<input checked="" type="checkbox"/>	
C.3	<input checked="" type="checkbox"/>	

Course Evaluation

During or shortly after the course, a course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

Credit Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course: 4RP015 (Women's and Family Health II): the clinical training part, comprising 10.5 credits.

Other

The clinical training is limited to two periods. It may be located outside Kalmar/Karlskrona/Västervik/Växjö, which may entail travel and/or accommodation costs for the student.

Required Reading and Additional Study Material

Ajne, G., Blomberg, M., Carlsson, Y. (Eds.). (2021). *Obstetrik*. (3rd ed.). Lund: Studentlitteratur. (150 pages). ISBN 9789144142609

Barnmorskeförbundet, S. (Ed.). (2021). *Hållbar livsstil. Barnmorskans samtal om levnadsvanor - en handledning. En röd tråd genom livet*. Stockholm: Svenska Barnmorskeförbundet. (109 pages).

Berg, M. & Lundgren, I. (Eds.) (2010). *Att stödja och stärka. Vårdande vid barnafödande*. Lund: Studentlitteratur. (100 pages). ISBN 9789144095707

Brodén, M. (2010). *Graviditetens möjligheter. En tid då relationer skapas och utvecklas*. E-book. Stockholm: Natur och Kultur. (100 pages). ISBN 9127094413

Kylberg, E., Weslund, A.M. & Zwedberg S. (2018). *Amning i dag*. Stockholm: Gothia. (189 pages). ISBN 9789177410904

Landgren, B-M. Jansson, P.O. (2015). *Gynekologi*. Lund: Studentlitteratur, (300 pages). ISBN 9789144092591

Lindgren, H., Christensson, K., & Dykes, A-K. (Eds.). (2022). *Reproduktiv hälsa - barnmorskans kompetensområde*. (2nd ed.). Lund: Studentlitteratur, (50 pages). ISBN

9789144138237

Macdonald, S., Johnson, G. (Eds), (2017). *Mayer's midwifery: a textbook for midwives*. E-book. Elsevier, (150 pages). ISBN 9780702062117

Livsmedelsverket. Brugård Konde, Å. (2020). L 2020 nr 08: *Hälsosamma matvanor – råd till gravida och ammande. Risk- och nyttohanteringsrapport*. Livsmedelsverkets rapportserie. Uppsala (42 pages).

Läkemedelsverket. *Antikonception - behandlingsrekommendation*. Rapport nr 2:2014. Available at www.lakemedelsverket.se (26 pages).

Odlind, V., Bygdeman, M. & Milsom, I. (2008). *Familjeplanering. Preventivmetoder, aborter och rådgivning*. Lund: Studentlitteratur. (100 pages). ISBN 9789144040103

Oscarsson, M., & Georgsson, S. (Eds), 2021. *Etik för barnmorskor*. Lund: Studentlitteratur. (25 pages). ISBN 9789144133324

SFOG. (2018). *Inducerad abort*. ARG rapport nr 78. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG). (100 pages).

SFOG. (2016). *Mödrahälsovård, Sexuell och Reproduktiv hälsa*. ARG rapport nr 76. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG). (100 pages).

World Health Organization. (2011). *Family planning a global handbook for providers*. (100 pages). http://whqlibdoc.who.int/publications/2011/9780978856373_eng.pdf

Scientific articles and SFOG reports. (25 pages).