



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

4RP016 Kvinno- och familjehälsa, verksamhetsförlagd utbildning,
15 högskolepoäng

Women's and Family Health, clinical studies, 15 credits

Main field of study

Reproductive, perinatal and sexual health

Subject

Nursing Science

Level

Second cycle

Progression

A1F

Date of Ratification

Approved 2022-03-21.

Revised 2025-11-17.

The course syllabus is valid from spring semester 2026.

Prerequisites

4RP100 Midwifery Profession, Reproductive, Perinatal and Sexual Health,
7.5 credits

4RP101 Normal pregnancy, childbirth and postnatal period, 9 credits

4RP102 Gynecological and sexual health, 6 credits
or the equivalent.

Objectives

After completing the course, the student should be able to
Knowledge and understanding

- A.1 identify and explain conditions and changes during pregnancy, in

contraception and in gynaecological care

- A.2 critically review and analyse clinical situations and routines on the basis of research and evidence-based practice
- A.3 describe the midwife's area of responsibility and role within maternity care, contraception and gynaecological care
- A.4 describe relevant legislation, national guidelines, general recommendations and instructions of significance for the profession.

Competence and skills

- B.1 independently plan, manage and document antenatal and postnatal care in normal pregnancy and identify deviations from the normal course
- B.2 manage and document antenatal and postnatal care in complicated pregnancy in collaboration with other professions
- B.3 independently provide counselling, manage and document contraceptive cases
- B.4 independently perform gynaecological examination and cervical screening, and insert intrauterine and intradermal contraceptives
- B.5 independently plan, lead and provide parenting support both in groups and individually
- B.6 manage and document abortion cases and provide appropriate care
- B.7 plan and carry out examinations and treatments based on needs and circumstances in collaboration with the woman and her family
- B.8 discuss and support health-promoting lifestyle habits through a person-centred approach

Judgement and approach

- C.1 further develop a professional approach and reflect upon their personal professional development as a midwife, focusing in particular on ethics and diversity
- C.2 reflect on the midwife's role in promoting reproductive and sexual health in maternal health care, contraception, and gynaecological care
- C.3 plan, lead, and coordinate care together with other professions and reflect upon their own ability to collaborate.

Content

- Contraception and family planning
- Documentation
- Ethics and diversity

- Pre- and postnatal care in normal and complicated pregnancy
- Gynaecological care
- Legislation and policy/governing documents
- Leading and teaching groups
- Motivational talks
- Professional approach
- Counselling and support
- Patient care planning

Type of Instruction

The fundamental pedagogical approach of the course supports problem-based, sustainable learning, independence, critical thinking, and taking responsibility for individual work and common knowledge development.

Teaching is delivered in the form of

- individual work
- group work
- seminars
- clinical training

Compulsory components include an assignment in gynecology and seminars. The course's compulsory components may be substituted with alternative assignments, as determined by the examiner. The course is delivered through an online learning platform as well as through campus-based instruction.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is assessed through clinical placement, which includes a graded assessment component. The clinical placement also comprises an individual written take-home exam, which is subsequently discussed in a seminar. In order to receive the grade of Pass (G), the student must have received this grade for both exams. In order to receive the grade of Pass with Distinction (VG), the student must have received this grade for the individual written take-home exam. Grading criteria are specified in the examination assignments and serve as the basis for grading. Only when all examinations have been completed will the student receive the final course grade. Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University. If the healthcare principal determines that the student demonstrates such serious deficiencies in knowledge, skills, or attitudes that there is a risk to patient safety, it may be decided, effective immediately, that the student must not continue their clinical rotation at the relevant workplace. The examiner and the student will set up an

individual action plan to resolve the identified deficiencies.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

Objectives achievement

The examination of the course is divided as follows:

Module 2601 Clinical studies in maternal health care and gynecological care 12.0 credits with the grading system UG

Module 2602 Patient case with seminar, individual written examination 3.0 credits with the grading system UV

The examination elements are linked to the course objectives in the following ways:

Module 2601 links to the course objectives: A.1, A.2, A.3, A.4, B.1, B.2, B.3, B.4, B.5, B.6, B.7, B.8, C.1, C.2, C.3

Module 2602 links to the course objectives: A.1, A.2, A.3, A.4, B.7, C.1, C.2, C.3

Course Evaluation

During or shortly after the course, a course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course:

4RP015, the clinical rotation part on women's and family Health, comprising 10.5 credits.

Other Information

The clinical training is limited to two periods. It may be located outside Kalmar/Karlskrona/Västervik/Växjö, which may entail travel and/or accommodation costs for the student.

Required Reading and Additional Study Material

Ajne, G., Blomberg, M., Carlsson, Y. (Eds.). (2021). *Obstetrik*. (3rd ed.). Lund: Studentlitteratur. (150 pages). ISBN 9789144142609

Barnmorskeförbundet, S. (Ed.). (2021). *Hållbar livsstil. Barnmorskans samtal om levnadsvanor - en handledning. En röd tråd genom livet*. Stockholm: Svenska Barnmorskeförbundet. (109 pages).

Berg, M. & Lundgren, I. (Eds.) (2010). *Att stödja och stärka. Vårdande vid barnafödande*. Lund: Studentlitteratur. (100 pages). ISBN 9789144095707

Brodén, M. (2010). *Graviditetens möjligheter. En tid då relationer skapas och utvecklas*. E-book. Stockholm: Natur och Kultur. (100 pages). ISBN 9127094413

Kylberg, E., Weslund, A.M. & Zwedberg S. (2018). *Amning i dag*. Stockholm: Gothia. (189 pages). ISBN 9789177410904

Landgren, B-M. Jansson, P.O. (2015). *Gynekologi*. Lund: Studentlitteratur, (300 pages). ISBN 9789144092591

Lindgren, H., Christensson, K., & Dykes, A-K. (Eds.). (2022). *Reproduktiv hälsa - barnmorskans kompetensområde*. (2nd ed.). Lund: Studentlitteratur, (50 pages). ISBN 9789144138237

Macdonald, S., Johnson, G. (Eds), (2017). *Mayes' midwifery: a textbook for midwives*.

E-book. Elsevier, (150 pages). ISBN 9780702062117

Livsmedelsverket. Brugård Konde, Å. (2020). L 2020 nr 08: *Hälsosamma matvanor – råd till gravida och ammande. Risk- och nyttohanteringsrapport*. Livsmedelsverkets rapportserie. Uppsala (42 pages).

Läkemedelsverket. *Antikonception - behandlingsrekommendation*. Rapport nr 2:2014. Available at www.lakemedelsverket.se (26 pages).

Odlind, V., Bygdeman, M. & Milsom, I. (2008). *Familjeplanering. Preventivmetoder, aborter och rådgivning*. Lund: Studentlitteratur. (100 pages). ISBN 9789144040103

Oscarsson, M., & Georgsson, S. (Eds), 2021. *Etik för barnmorskor*. Lund: Studentlitteratur. (25 pages). ISBN 9789144133324

SFOG. (2018). *Inducerad abort*. ARG rapport nr 78. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG). (100 pages).

SFOG. (2016). *Mödrahälsovård, Sexuell och Reproduktiv hälsa*. ARG rapport nr 76. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG). (100 pages).

World Health Organization. (2011). *Family planning a global handbook for providers*. (100 pages). <http://whqlibdoc.who.int/publications/2011/9780978856373.eng.pdf>

Research articles and SFOG reports. (25 pages).