



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4RP003 Kvinno- och familjehälsa och gynekologisk hälsa, 7.5 credits

Women's and Family Health and Gynecologic Health

Main field of study

Reproductive, perinatal and sexual health

Subject Group

Nursing Science

Level of classification

Second Level

Progression

A1N

Date of Ratification

Approved 2021-11-22

Revised 2022-02-14 by Faculty of Health and Life Sciences.

The course syllabus is valid from autumn semester 2022

Prerequisites

General entry requirements for studies at the second-cycle level, and specific entry requirements as follows:

- a Degree of Bachelor of Science in Nursing (180 credits), or the equivalent
- a Swedish nursing license, issued by the National Board of Health and Welfare
- 90 credits of health sciences, including an independent project of 15 credits at the G2E level, or the equivalent
- at least 12 months of full-time work experience as a registered nurse
- Swedish 3, or the equivalent
- English 5, or the equivalent.

Objectives

After completing the course, the student should be able to

Knowledge and understanding

- A.1 describe and explain different models/methods for health promotion and disease prevention at individual, group, and society levels
- A.2 describe and explain the anatomy, physiology, and endocrinology of the

reproductive organs

- A.3 describe management of normal pregnancies
- A.4 describe and explain which methods and examinations may be used to monitor the woman and the unborn baby during normal pregnancy
- A.5 describe the physical and psychological phases of pregnancy and factors that may affect the interaction between mother, child, and partner
- A.6 reflect upon parental roles and couple relationships from an intersectional perspective
- A.7 describe and present gynaecological diseases, abortion, and infertility
- A.8 present legal regulations, statutes, and directives within the main field of study
- A.9 independently search for and critically review scientific literature in the main field of study

Competence and skills

- B.1 conduct conversations of the various kinds that appear in the midwife's professional practice, based on theories in the field
- B.2 recognise signs and symptoms of pregnancy complications, and distinguish between normal and complicated pregnancy processes
- B.3 identify and analyse questions around abortion, from a national as well as an international perspective

Judgement and approach

- C.1 reflect upon and discuss the midwife's professional and ethical approach in interaction with the woman and her family, from the point of view of gender and socio-cultural aspects
- C.2 reflect upon and discuss women's right to abortion, from the point of view of equal opportunities and human rights.

Content

- Anatomy, physiology, and endocrinology
- The midwife's responsibilities and functions within maternal health care
- Didactic models and tools used in health promotion and disease prevention
- Ethical and cultural aspects of childbirth from sustainability and global perspectives
- Family formation, family planning and intersectionality
- The psychology of pregnancy and becoming a parent
- Gynaecology
- Health monitoring
- Criteria for credibility in qualitative and quantitative research
- Legislation, statutes, and directives
- Normal pregnancy
- Prenatal diagnosis
- Psychosocial ways of working, theories, and ethical aspects

Type of Instruction

The fundamental pedagogical approach of the course supports problem-based, sustainable learning, independence, critical thinking, and taking responsibility for individual work and common knowledge development.

Teaching is delivered in the form of

- individual work
- group work
- training at a clinical training centre
- seminars.

The seminar on fear of childbirth from the perspectives of the family, society, and health care and the seminar on abortion from different perspectives are compulsory but may be replaced with other assignments. It is the examiner who decides about replacement assignments. Teaching is delivered via an online learning platform and on-campus classes.

Examination

The examination of the course is divided as follows:

Code	Designation	Grade	Credits
2201	Abortion illuminated from different perspectives, written home examination in group	U/G	2,50
2202	Women's- and family health and gynecologic health, individual written examination	U/G/VG	5,00

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through an individual room examination and a written take-home exam carried out in groups. In order to receive the grade of Pass (G), the student must have received this grade for both examinations. In order to receive the grade of Pass with Distinction (VG), the student must have received this grade for the room examination. Grading criteria are specified in the examination assignments and serve as a basis for grading. Only when both examinations have been completed will the student receive the final course grade.

Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

Objectives achievement

The examination elements are linked to the course objectives in the following ways:

Goal	2201	2202
A.1		<input checked="" type="checkbox"/>
A.2		<input checked="" type="checkbox"/>

A.3		<input checked="" type="checkbox"/>
A.4		<input checked="" type="checkbox"/>
A.5		<input checked="" type="checkbox"/>
A.6		<input checked="" type="checkbox"/>
A.7		<input checked="" type="checkbox"/>
A.8	<input checked="" type="checkbox"/>	
A.9	<input checked="" type="checkbox"/>	
B.1		<input checked="" type="checkbox"/>
B.2		<input checked="" type="checkbox"/>
B.3	<input checked="" type="checkbox"/>	
C.1	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
C.2	<input checked="" type="checkbox"/>	

Course Evaluation

During or shortly after the course, a course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

Credit Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course: 4RP001, 7.5 credits

Required Reading and Additional Study Material

Ajne, G., Blomberg, M., Carlsson, Y. (Eds.). (2021). *Obstetrik*. (3.ed.). Lund: Studentlitteratur. (150 pages). ISBN 9789144142609

Barnmorskeförbundet, S. (Ed.). (2018). *Hållbar livsstil. Barnmorskans samtal om levnadsvanor – en handledning. En röd tråd genom livet*. Material on living habits, owned by Svenska Barnmorskeförbundet. <https://www.sfog.se/media/336424/haallbar-livsstil.pdf>

Berg, M., & Lundgren, I. (Eds.). (2010). *Att stödja och stärka. Vårdande vid barnafödande*. Lund: Studentlitteratur, (in selection, 75 pages). ISBN: 9789144068206

Brodén, M. (2010). *Graviditetens möjligheter. En tid då relationer skapas och utvecklas*. E-book. Stockholm: Natur och Kultur, (in selection, 100 pages). ISBN: 91-27-12781-8 978-91-27-12781-4

Landgren, B-M. & Jansson, P.P. (2015). *Gynekologi*. Lund: Studentlitteratur, (300 pages). ISBN9789144092591

Lindgren, H., Christensson, K., & Dykes, A-K. (Eds.). (2022). *Reproduktiv hälsa –*

barnmorskans kompetensområde. (2nd.ed.). Lund: Studentlitteratur, (in selection, 50 pages). ISBN: 9789144138237.

Livsmedelsverket. Brugård Konde, Å. (2020). L 2020 nr 08: *Hälsosamma matvanor – råd till gravida och ammande. Risk- och nyttohanteringsrapport*. Livsmedelsverkets rapportserie. Uppsala, (42 pages).

Magnusson, C., & Häggström Nordin, E. (Eds.). (2016). *Ungdomar, sexualitet och relationer*. (2nd ed.). Lund: Studentlitteratur, (in selection, 150 pages). ISBN: 9789144108568

Miller, W.R., Rollnick, S. (2013). *Motiverande samtal: Att hjälpa människor till förändring*. (4th ed.). Stockholm: Natur & Kultur Läromedel. (in selection, 200 pages). ISBN: 9789127135390

Oscarsson, M., & Georgsson, S. (Eds.). (2021). *Etik för barnmorskor*. Lund: Studentlitteratur. (in selection, 150 pages). ISBN 9789144133324

SFOG. (2018). *Inducerad abort*. ARG rapport nr 78. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp, (100 pages).

SFOG. (2016). *Mödrahälsovård, Sexuell och Reproduktiv hälsa*. ARG rapport nr 76. Stockholm: Svensk förening för obstetrik och gynekologi, arbets- och referensgrupp (SFOG). Updated web version, (75 pages).

Scientific articles.