



## Course syllabus

Faculty of Social Sciences

Department of Sport Science

4IV324 Det personliga ledarskapet inom idrott, 7,5 högskolepoäng  
Leadership in sport coaching, 7.5 credits

### **Main field of study**

Sport Science

### **Subject Group**

Sport Science

### **Level of classification**

Second Level

### **Progression**

A1N

### **Date of Ratification**

Approved 2020-12-16

Revised 2021-03-04 by Faculty of Social Sciences. Revision of entry requirements.

The course syllabus is valid from autumn semester 2021

### **Prerequisites**

General entry requirements for second-cycle studies or education, practical experience or other circumstances that give the student an opportunity to benefit from this education.

## Objectives

Upon completion of the course, students shall be able to:

- summarize and discuss different aspects of leadership theories, including the value and impact of value-based leadership in order to identify and describe their own core values and coaching philosophy,
- discuss and analyse strategies for long-term development and success of coaching in order to identify their own areas of growth.

## Content

The aim of this course is to explore different leadership styles and theories in order to help further the student's own coaching philosophy and core values. Furthermore, this course focuses on the intrapersonal knowledge domain of sport coaching and students will gain knowledge of how coaches may learn to identify own areas of improvement and planning for long-term coaching development and success.

## Type of Instruction

Teaching takes place in the form of lectures and seminars.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction

(VG).

Examination of the course objectives takes place by means of two written assignments. The first assignment comprises 4 credits and is assessed by the grades Fail or Pass. The second assignment is a literature review, comprising 3.5 credits, and is assessed by the grades Fail, Pass or Pass with Distinction.

In order to receive a grade of Pass in the entire course, both assignments require the grade of Pass. For a grade of Pass with Distinction in the entire course, the literature review requires the grade of Pass with Distinction.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student is entitled to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

### Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course as well as to new students at the following course date. The course evaluation is conducted anonymously.

### Required Reading and Additional Study Material

Dweck, Carol S. (2006). *Mindset: the new psychology of success*. New York: New York Ballantine, (264 p.) ISBN 978-0-345-232-8.

Kjær, Jørgen Bagger (2019). The Professionalization of Sports Coaching: A case study of a graduate soccer coaching education program. *Journal of Hospitality, Leisure, Sport & Tourism Education*, 24, 50–62, (12 p.)

Potrac, Paul, Gilbert, Wade & Denison, Jim (Eds.). (2013). *Routledge handbook of sports coaching*. Ch. 1-3, 7, 9, 12, 14-16, 18-20, 25, 26, 29, 33, 34, 38, (205 p.) ISBN 978- 1-138- 86043-8.

A coaching biography on a subject of the student's own choice, circa 300 pages.

Additional scientific publications also included, approximately 200 pages. Provided by the department.