



## Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

4HÄ021 Multidisciplinära perspektiv på människans hälsa, 7,5 högskolepoäng

4HÄ021 Multidisciplinary perspectives on human health, 7.5 credits

### **Main field of study**

Health Science

### **Subject Group**

Health and Society

### **Level of classification**

Second Level

### **Progression**

A1N

### **Date of Ratification**

Approved by Faculty of Health and Life Sciences 2019-09-16

The course syllabus is valid from autumn semester 2020

### **Prerequisites**

General entry requirements for second cycle level study and English 6.

## Objectives

After completing the course the student will be able to:

- explain and reflect on current health theories and models in sociology, psychology, nursing, and biomedicine
- identify and explain health situations from individual, community and global perspectives
- plan and reflect on future scenarios for situations pertaining to health
- reflect on connections between biological, social, cultural, legal, sustainability and environmental factors of consequence for individual's and community health
- problematize health science as an academic subject in relation to other academic subjects

## Content

- Health theories and health models in sociology, psychology, nursing, and biomedicine

- Perspectives on health from individual, group, and global levels
- Scenario planning
- Factors with consequence for individual and community health
- Health science as an academic subject

## Type of Instruction

Individual assignments, group work, lectures, and seminars.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined individually in a seminar (2 credits) and through a written assignment (5.5 credits). The seminar is assessed with the grades Fail or Pass. The written assignment is assessed with the grade Fail, Pass or Pass with Distinction.

For the grade Pass on the course, this grade is required on all the examination assignments. For the grade Pass with Distinction, the grade Pass is required at the seminar and the grade Pass with Distinction on the written assignment.

Repeated examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to give a customised exam or to have the student conduct the exam in an alternative way.

## Course Evaluation

During the implementation of the course or in close conjunction with the course, a course evaluation is to be carried out. Results and analysis of the course evaluation are to be promptly presented as feedback to the students who have completed the course. Students who participate during the next course instance receive feedback at the start of the course. The course evaluation is to be carried out anonymously.

## Required Reading and Additional Study Material

Baxter, M. (2010). *Health* (2nd ed.). Oxford, UK: Polity Press, (176 p). ISBN: 9780745648460

Gadamer, H.G. (1996). *The Enigma of Health: The Art of Healing in a Scientific Age*. Palo Alto, California: Stanford University Press, (192 p). ISBN: 9780804726924

Ogden, J. (2012). *Health psychology: A textbook* (5th ed.). Maidenhead: Open University Press, (608 p). ISBN: 9780335243839

Rosling, H., Rosling Rönnlund, A., & Rosling O. (2018). *Factfulness: Ten reasons we're wrong about the world - and why things are better than you think*. New York: Scepter, (352 p). ISBN: 9781473637474

Scientific reports and articles will also be added (approx. 50 pages).