



## Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences  
School of Health and Caring Sciences

2VÅ116 Vårdvetenskap/Omvårdnad -palliativ vård, 7,5  
högskolepoäng

Caring Science with focus on nursing - palliative care, 7.5 credits

### **Main field of study**

Caring Science

### **Subject Group**

Nursing Science

### **Level of classification**

First Level

### **Progression**

G2F

### **Date of Ratification**

Approved by the Board of the School of Health and Caring Sciences 2009-07-01

Revised 2011-11-23

The course syllabus is valid from autumn semester 2011

### **Prerequisites**

NO VALUE DEFINED

## Expected learning outcomes

On an advanced level, be able to:

- translate palliative care's health-care philosophy into practice
- analyse the life situation that patients in the palliative stage and their families are faced with on the basis of the caring process
- plan care for patients in the palliative stage in order to create well-being in daily life

## Content

- Caring philosophy and ethical aspects
- Communication
- Symptom-relieving measures
- Psycho-social and existential aspects
- Care in the final stages of life
- Loss and pain
- Palliative care organization

## Type of Instruction

Varying forms of teaching such as lectures and seminars may be included

## Examination

The course is assessed with the grades Fail (U) or Pass (G).

## Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

## Required Reading and Additional Study Material

Beck-Friis, B & Strang, P. Palliativ Medicin. Stockholm: Liber, latest edition 443

Brännström, M Ett liv i berg- och dalbana. Innebörder av att leva med svår kronisk hjärtsvikt i palliativ avancerad hemsjukvård utifrån patienters, närståendes och sjuksköterskors berättelser. (Avh) Umeå universitet, latest edition [www.divaportal.org/umu/abstract.xsql?dbid=102643](http://www.divaportal.org/umu/abstract.xsql?dbid=102643)

Eriksson, K. Den lidande människan. Stockholm: Liber, latest edition 110

Socialstyrelsen Forskning som speglar vården i livets slutskede.  
Sammanställning av aktuell forskning. Latest edition [www.sos.se](http://www.sos.se) 160

Fictional book that is connected to the subject

Scientific articles