



## Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

2VÅ661 Vård av patienter i palliativt skede, 7,5 högskolepoäng  
2VÅ661 Caring science with focus on palliative care, 7.5 credits

### **Main field of study**

Caring Science

### **Subject Group**

Nursing Science

### **Level of classification**

First Level

### **Progression**

G2F

### **Date of Ratification**

Approved 2017-06-19

Revised 2021-06-21 by Faculty of Health and Life Sciences.

The course syllabus is valid from spring semester 2022

### **Prerequisites**

Caring Science 30 credits, including at least one method course of 7.5 credits.

1MC607 Anatomy and physiology, including microbiology, or the equivalent

1MC610 Human illnesses I and drug calculation 1 credit, or the equivalent

1VÅ615 Professional Knowledge I, or the equivalent.

## Objectives

After completing the course, the student should be able to:

- describe and explain the significance of the philosophy of palliative care for the patient and for the well-being and involvement of loved ones in a palliative care context, both in public healthcare settings and in home environments, at different stages of an incurable illness, ranging from the phase of life-prolonging treatments to end-of-life care
- critically process the complexity of palliative care based on the nursing process, with a particular focus on the patient's lifeworld and based on a person-centered care model for palliative care
- conduct an analysis of how the patient's lifeworld is impacted in a palliative care pathway, based on the person-centered care model *De 6 S:n för palliativ vård* ('The 6 S's for Palliative Care')

- outline a hypothetical nursing process based on an analysis of the patient's situation in a palliative care process
- evaluate and relate nursing research to palliative care
- argue how research findings can contribute to person-centered, evidence-based care, safe nursing practices, and teamwork.

## Content

The course includes the following topics:

- the philosophy and ethics of palliative care
- vulnerability and involvement
- different stages of palliative care
- the nursing process
- caring science research.

## Type of Instruction

Instruction is delivered in the form of individual work and lectures. The course is conducted entirely online, through a learning platform.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through a written take-home examination. To receive a Pass grade, all the course objectives must have been achieved. For the grade of Pass with Distinction, the student must have received this grade for the take-home exam.

Resit examination is offered in accordance with Local regulations for courses and examination at the first and second-cycle level at Linnaeus University.

If the university has decided that a student is entitled to special pedagogical support due to a disability, the examiner has the right to adapt the exam or to let the student conduct the exam in an alternative way.

## Course Evaluation

During or shortly after the course, a course evaluation should be conducted. The result and analysis of the course evaluation should be promptly communicated to the students who have taken the course. Students who are taking the course when it is offered the next time should be informed of the result at the course introduction. The course evaluation is anonymous.

## Credit Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course: 2VÅ660 Caring Science with Focus on Nursing-palliative Care, 7.5 credits

## Required Reading and Additional Study Material

Andershed, B., Ternesteedt, B-M & Håkansson, C. (eds) *Palliativ vård. Begrepp & perspektiv i teori och praktik*. Lund: Studentlitteratur, the latest edition, approx. 300 pages.

*Nationellt vårdprogram för palliativ vård i livets slutskede*. Regionala cancercentrum i samverkan, latest edition, approx. 200 pages.

Strang, P. & BeckFriis, B. (eds) *Palliativ medicin och vård*. Stockholm: Liber, the latest edition. In selection, approx. 150 pages.

Ternstedt, B-M., Österlind, J., Hensch, I. & Andershed, B. *De 6 S:n En modell för personcentrerad palliativvård*. Lund: Studentlitteratur, the latest edition. In selection, approx 200 pages.

Research articles.