



Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences
School of Health and Caring Sciences

2VÅ630 Komplementär och alternativ medicin i ett vårdvetenskapligt perspektiv, grundnivå, 7,5 högskolepoäng

Complementary and alternative medicine in a caring science perspective, first level, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

First Level

Progression

G2F

Date of Ratification

Approved by the Board of the School of Health and Caring Sciences 2012-04-18

The course syllabus is valid from autumn semester 2012

Prerequisites

Caring Sciences 30 credits.

Objectives

On completion of the course, students should be able to:

- account for commonly occurring forms of complementary and alternative medicine, nationally and internationally as well as on the basis of a historical perspective
- problematize complementary and alternative medicine from a caring science and systems theory perspective
- critically examine and reflect over different complementary/alternative treatments in relation to current evidence
- be familiar with provisions, laws and statutes that govern the use of complementary and alternative medical methods

Content

The course includes the following:

- different forms of complementary and alternative medicine
- national, international and historical perspectives on complementary and alternative medicine
- caring science and systems theory perspectives on complementary and alternative medicine
- evidence-based knowledge within the field
- provisions, laws and statutes that govern the use of complementary/alternative medical methods

Obligatory elements are specified in the course schedule.

Type of Instruction

- Individual work
- Lectures
- Group work
- Seminars

Teaching will be carried out either entirely or partly via the learning platform.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through a written home examination with related seminars. For a grade of Pass, all expected learning outcomes must be fulfilled.

A resit examination is offered in accordance with local rules for examination on entry level and advanced level at Linnaeus University (Dnr:2011/258). Students at Linnaeus University may receive their grades in accordance with the seven-grade ECTS-scale if they so wish; however, such requests must be made to the teacher at the beginning of the course.

Course Evaluation

A written course evaluation is carried out and compiled in a report, which is archived at the institution. The results and possible measures taken are communicated back to the students the next time the course is given.

Required Reading and Additional Study Material

Björkman, E. & Karlsson, K. *Naturläkemedel. I Kliniskt vårdarbete för sjuksköterskor*. Lund: Studentlitteratur, latest edition, part of book c:a 18 pages.

Bullington, J. *Psykosomatik: om Kropp, Själ och Meningsskapande*. Lund: Studentlitteratur, latest edition, part of book c:a 14 pages.

Carlson, P. & Falkenberg, T. *Integrativ Vård med Konventionella, Alternativa och Komplementära Metoder*. Stockholm: Gothia förlag (206 p.), latest edition.

Eklöf, M. (Red). *Perspektiv på Komplementär medicin*. Lund: Studentlitteratur, latest edition, part of book c:a 100 pages.

Eklöf, M. (Red.). *Naturen, kuren & samhället: vård på sanatorier och kurorter ca 1870-2010*. Stockholm. Carlsson, latest edition, part of book c:a 80 pages.

Svenaesus, F. (2010). *Sjukdomens Mening. Det medicinska mötets fenomenologi och hermeneutik*. Stockholm: Natur och Kultur, (201 p). E-book. ISBN 9789127122659.

Tegern, G. *Tillblivelsen av ett medicinskt problem. I När Människan Möter Medicinen*. Lauritzen, Svenaesus & Jonsson. (Red.). Stockholm: Carlsons Bokförlag, latest edition, part of book c:a 22 pages.

Also included are scientific articles, dissertations as well as resources from the Internet.