



## Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences  
School of Health and Caring Sciences

2OM305 Klinisk kurs III, 30 högskolepoäng  
Clinical course III, 30 credits

**Main field of study**

Caring Science

**Subject Group**

Nursing Science

**Level of classification**

First Level

**Progression**

G2F

**Date of Ratification**

Approved by the Board of the School of Health and Caring Sciences 2009-06-11

Revised 2011-09-05

The course syllabus is valid from autumn semester 2011

**Prerequisites**

Eligibility for the course admission: caring 1-22 hp, medical sciences 1-7hp and psychology/social psychology 7,5hp, clinical 1-7,5 hp, clinical 8-22,5 hp and clinical 24-37,5 hp.

### Expected learning outcomes

- critical view and transformation of national and international theories and methods in, primary health care, psychiatric care and elderly care
- identify, value and professionally try to influence personal beliefs in caring meetings with individuals and families in primary health care, psychiatric care and elderly care
- identify, analyze and apply current laws and statutes
- identify needs and carrying out preventive and promoting health at individual and group level
- identify social conditions in influencing child, women and men's health and suggest health pro motive measures
- contribute in classification and treating of frequently occurred health related

illness and illness in psychiatric and elderly care

- professionally handle and calculate pharmaceutical effects in primary health care, psychiatric care and elderly care
- observe, inform and report pharmaceutical effects and side effects in primary health care, psychiatric care and elderly care

## Content

Verksamhetsförlagd utbildning (VFU) 75 %.

### ***Module 1 Primary health care 7.5 credits***

- specific health conversations-and treatment
- preventive health care
- specific care and treatment in primary health care
- environmental and cultural influences on health
- current laws and statutes
- pharmaceutical counting

### ***Module 2 Psychiatric care 7.5 credits***

- specific theories and nursing models in a psychiatric context
- specific care and treating individuals carrying psychiatric ill-health or mental disorder
- pro motive acting in psychiatric care
- psychiatric care in a cross-cultural perspective
- current laws and statutes
- pharmaceutical counting

### ***Module 3 Elderly care 7.5 credits***

- life conditions or life world
- specific care and treating individuals in elderly and palliative context
- preventive elderly health care
- elderly care in a cross-cultural perspective - current laws and statutes
- pharmaceutical counting

## Type of Instruction

The clinical course is comprised of clinical and theoretical studies.

Clinical tutoring takes place in psychiatric care and tutoring methods will be web-based including lectures, discussions, seminars and group activities.

In order to facilitate the continual integration between clinical and theoretical studies, the student has access to a practical study placement in Kalmar County.

Examination is by individual written (or in group) and oral assignment. The grades are based on active participation in seminars and other methods, together with the examination assignments.

The grades: distinction, pass and fail will be awarded for the entire course

Number of occasions for examinations is limited to five (the higher Education Ordinance chapter 6 11a§ ) and for clinical twice.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

## Course Evaluation

Compulsory moments are tasks, examinations and course evaluation.

## Required Reading and Additional Study Material

### **Obligatory**

- Andersen, T. (2003). *Reflekterande processer. Samtal och samtal om samtalen*. Smedjebacken: Mareld, (237 s.)
- Allgulander, C. (2005). *Introduktion till klinisk psykiatri*. Lund: Studentlitteratur, (286 s).
- Barth, T. (2006). *Motiverande samtal-MI: att hjälpa en människa till förändring på hennes egna villkor*. Lund: Studentlitteratur, (180 s).
- Beck-Fries, B, Strang, P. (2005). *Palliativ medicin*. Stockholm: Liber, (448 s).
- Bing, V. (2003). *Små få och fattiga*. Lund: Studentlitteratur, (311 s), (del av bok).
- Dahlberg, K., Segersten, K., Nyström, M. Suserud, B-O. & Fagerberg, I. (2003). *Att förstå vårdvetenskap*. Lund: Studentlitteratur, (135 s).
- Edberg, A-K. (Red.). (2002). *Att möta personer med demens*. Lund: Studentlitteratur, (189 s).
- Ewles, L. & Simnett, I. (2005). *Hälsoarbete*. (2 uppl). Lund: Studentlitteratur, (354 s), (del av bok).
- Hagren, B. (2008). *Läkemedelsberäkning med interaktiva uppgifter*. Lund: Studentlitteratur, (22 s).
- Hedvall, G. & Carlsson, C. (1999). *Vardagspediatrik*. Lund: Studentlitteratur, (205 s).
- Kirkevold, M., Brodtkorb, K. & Hysten Ranhoff, A. (2010). *Geriatrisk omvårdnad*. Stockholm: Liber, (516 s).
- Maville, J. & Huerta, C. (2000). *Health Promotion in Nursing*. Albany NY: Delmar Thomson Learning, (451 s).
- Skau, G M. (2001). *Mellan makt och hjälp. Förhållandet mellan klient och hjälpare i ett samhällsvetenskapligt perspektiv*. Stockholm: Liber, (158 s).
- Skärsäter, J. (2010). *Omvårdnad vid psykisk ohälsa – på grundläggande nivå*. Lund: Studentlitteratur, (473 s).

## References

- Akner, G. (Red.). (2003). *Evidensbaserad äldrevård - en inventering av det vetenskapliga underlaget*. (SBU rapport nr 163). Stockholm: Statens beredning för medicinsk utvärdering, (327 s).
- Arvidsson, B. & Skärsäter, I. (2006). *Psykiatrisk omvårdnad – att stödja hälsofrämjande processer*. Lund: Studentlitteratur, (187 s).
- Bergstrand, M. (2004). *Hälsorådgivande samtal*. Lund: Studentlitteratur, (258 s).
- Blomqvist, K. & Edberg, A-K. (Red.). (2004). *Att vara äldre ...man har ju sina krämpor*. Lund: Studentlitteratur, (250 s).
- Crafoord, C. (1994). *Människan är en berättelse. Tankar om samtalskonst*. Stockholm: Natur & Kultur, (310 s).
- Cullberg, J. (2004). *Psykosier. Ett integrerat perspektiv*. Stockholm: Natur & Kultur, (607 s).

- Elg, M., Gautherean, V. & Witell, L. (2007). *Att lyckas med förbättringsarbete*. Lund: Studentlitteratur, (202 s).
- Erlingsson, C. (2005). *Undergraduate nursing students writing therapeutic letters to families: An educational strategy*. Journal of Family Nursing (in press).
- Faskunger, J. (2001). *Motivation för motivation: en handbok för hälsovägledning steg för steg*. Farsta: SISU idrottsböcker, (224 s).
- Hellzén, O., Johansson, A. & Pejler, A. (1999). *Evidensbaserad Omvårdnad vid behandling av personer med schizofreni*. (SBU rapporter, nr 4). Stockholm: Statens beredning för medicinsk utvärdering, (66 s).
- Hooyman, N. R. & Asuman Kiyale, H. (2002). *Social Gerontology: A Multidisciplinary Perspective*. (6th ed). Boston: Allyn & Bacon, (621 s).
- Hummelvoll, J. K. & Lindström, U. Å. (Red.). (1997). *Nordiska perspektiv på psykiatrisk omvårdnad*. Lund: Studentlitteratur, (238 s).
- Lindqvist, A-K. & Kostenius, C. (2006). *Hälsovägledning: från tanke till ord och handling*. Lund: Studentlitteratur, (272 s).
- Medin, J. & Alexandersson, K. (2000). *Begreppen hälsa och hälsofrämjande*. En litteraturstudie. Lund: Studentlitteratur, (180 s).
- Moberg, A. & Inczèdy-Gombos, A. (2000). *Adams bok*. Stockholm: Natur & Kultur, (60 s).
- Nyström, M. (2003). *Ett liv på egna villkor*. Stockholm: Natur & Kultur, (304 s).
- Pender, N J., Murdaugh, C L. & Parsons. M A. (2002). *Health Promotion in Nursing Practice*. (4th ed). Upper Saddle River: Prentice Hall, (400 s).
- Sjörgren, R. (Red.). (2008). *Rättspsykiatriskt vårdande: vårdande av lagöverträdare med psykisk ohälsa*. Lund: Studentlitteratur, (229 s).
- Wahlund, L-O. (2006). *Praktisk geriatrik*. Stockholm: Liber, (220 s).
- Winqvist, M. (1999). *Den åldrande familjen. Om vuxna barn och deras hjälpbehövande föräldrar*. Lund: Studentlitteratur, (236 s).
- Wright, L M. & Leahey, M. (2005). *Nurses and families*. Philadelphia: Davis cop, (347 s).
- Wright, L M., Watson, W L. Bell, J M. (1996). *Beliefs; the heart om healing in families and illness*. New York: BasicBooks, (324 s).
- Åsberg, M., Bengtsson, F., Hagberg, B., Henriksson, F., Karlsson, I., Kimbré, S., von Knorring, A-L., Krakau, I. Mathé, A., Mårtensson,, B., Orlander, H. & Thelander, S. (2004). *Behandling av depressionssjukdomar*. (SBU rapport nr 166, 2 vol.) Stockholm: Statens beredning för medicinsk utvärdering, (388 s).
- Östlinder, G. (2004). *Närståendes behov*. Omvårdnad som akademiskt ämne III. Bromma: Svensk sjuksköterskeförening, (126 s).