



Course syllabus

Faculty of Social Sciences
Department of Sport Science

2IV321 Sport Coaching 3 - Ledarskap och coachens arbete i praktiken, 7,5 högskolepoäng

Sport Coaching 3 - Leadership in praxis , 7.5 credits

Main field of study

Sport Science

Subject

Sport Science

Level

First cycle

Progression

G2F

Date of Ratification

Approved 2024-04-29.

The course syllabus is valid from spring semester 2025.

Prerequisites

1IV322 Sport Coaching 1 - Leadership and sports didactics 7.5 credits or equivalent and

1IV328 Sport Coaching 2 – Leadership in development environments 7.5 credits or equivalent.

Objectives

Upon completion of the course, students should be able to:

- based on different perspectives of didactics and leadership, observe, analyse and reflect on the coach's work on development processes in a chosen sports environment,
- identify and create a plan for their own development in leadership.

Content

The overall aim of the course is for students to acquire the knowledge required to work as a coach in different sports environments. To provide the students a foundation in relation to issues concerning coaching, the course involves components related to coaching as a profession and learning processes in sports. The course also includes components on leadership development as well as observation and analysis of training and competition activities, and observation and interviews as a method.

Type of Instruction

Teaching takes place in the form of lectures and seminars and is given in Swedish and English.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Examination of the course objectives takes place by means of an individual written assignment preceded by a seminar.

In order to receive a grade of Pass in the course, the written assignment requires a Pass. For a grade of Pass with Distinction in the course, it is required that the written assignment is assessed as Pass with Distinction.

Resit examination is offered in accordance with Linnaeus University's Local regulations for courses and examination at the first- and second-cycle levels.

In the event that a student with a disability is entitled to special study support, the examiner will decide on adapted or alternative examination arrangements.

Course Evaluation

A course evaluation should be conducted during the course or in connection with its conclusion. The results and analysis of the completed course evaluation should be promptly communicated to students who have completed the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course:
IIV306 Sports Coaching 7.5 credits.

Other Information

Any additional costs that may arise in connection with the course are paid for by the students themselves.

Required Reading and Additional Study Material

Gilbert, Wade (2017). *Coaching Better Every Season*. Champaign, IL: Human Kinetics, (411 p.). ISBN 978149256

International Council for Coaching Excellence (2013) *International Sport Coaching Framework 1.2*. Leeds Beckett University (54 p.). Available on the Internet.

Jones, Robyn L. (2006). *The Sports Coach as Educator - Reconceptualising Sports Coaching*. Routledge, (selected parts, 208 p.). ISBN: 9780415367608

Kjær, Jørgen Bagger (2019). The professionalization of sports coaching: A case study of a graduate soccer coaching education program. *The Journal of Hospitality, Leisure, Sport & Tourism Education*, 24, pp. 50-62.

Weinberg, Robert S & Gould, Daniel (latest edition). *Foundations of Sport and Exercise Psychology. Human Kinetics*, (selected parts, 21 p.).

Scientific publications, approx. 100 pages.

Works of Reference

Cassidy, Tania, Jones L. Robyn & Potrac, Paul (2008). *Understanding Sports Coaching*. Routledge: London (192 p.). ISBN 9780415442725