



## Course syllabus

Faculty of Social Sciences  
Department of Sport Science

2IV31E Idrottsvetenskapligt examensarbete, 15 högskolepoäng  
Degree Project Sports Science, 15 credits

### **Main field of study**

Sport Science

### **Subject**

Sport Science

### **Level**

First cycle

### **Progression**

G2F

### **Date of Ratification**

Approved 2009-12-14.

Revised 2025-06-19. Revision of entry requirements, the text under examination, and the reading list.

The course syllabus is valid from spring semester 2026.

### **Prerequisites**

Admission to the course requires a passing grade in the courses Theory and Methodology in Sports Sciences 1 (1IV326), Theory and Methodology in Sports Sciences 2 (2IV323) & Independent Essay in Sports Sciences (1IV331).

Admission to the independent course requires 60 credits in sports science or the equivalent.

### **Objectives**

After completing the course, students should be able to

- develop a clearly defined purpose and formulate researchable issues relevant to the profession and the subject,
- produce and discuss for the study relevant research,
- develop and justify, based on the chosen problem, appropriate theoretical and methodological approaches with reported ethical considerations,
- from a theoretical perspective, analyse and interpret the collected material in accordance with scientific practice,
- draw conclusions from the study and argue for the importance of the work to future research and development relevant to the field,
- produce a scientific text that is well structured, formally correct and linguistically clear,
- critically and constructively examine and discuss their own and others' thesis and point out merits as well as deficiencies.

## Content

The course contains the following elements:

- carrying out and reporting of an independent project in sport science
- defending of thesis
- critical examination of another thesis

## Type of Instruction

Teaching is in the form of supervision and seminars. Compulsory components are stated in a separate study guidance.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Examination of the course takes place by means of writing a thesis and participating in a public discussion and examination presenting and defending their own study as well as serving as the student reviewer for another study.

In the assessment, both the process and product of the study as well as the critical examination of another thesis carried out at the examination seminar are taken into consideration.

In order to receive a grade of Pass in the course, the course objectives must be fulfilled. For the grade of Pass with Distinction in the course, it is required that the thesis is assessed as Pass with Distinction and the presentation and defence of their own study as well as the critical examination of another study at the seminar must receive a grade of Pass.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student is entitled to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

### Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course as well as to new students at the following course date. The course evaluation is conducted anonymously.

### Other Information

Any additional costs that may arise in connection with the course are paid for by the students themselves.

### Required Reading and Additional Study Material

Andreasson, Jesper. & Johansson, Thomas. (2024). *Handbok för uppsatsskrivande: att genomföra en kvalitativ undersökning och presentera sina resultat*. (Edition 1). Lund: Studentlitteratur, (194 p.). ISBN: 9789144177182

Gratton, Chris & Jones, Ian. (2010). *Research methods for sports studies*. [Electronically available]. 2nd ed. London: Routledge, (304 p.) ISBN: 9780415493932