



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

1VÅ623 Det vårdande och lärande mötet, 7,5 högskolepoäng
The caring and learning encounter, 7.5 credits

Main field of study

Caring Science

Subject

Nursing Science

Level

First cycle

Progression

G1N

Date of Ratification

Approved 2026-02-16.

The course syllabus is valid from autumn semester 2026.

Prerequisites

General entry requirements + Mathematics 2a alt. Mathematics 2b alt. Mathematics 2c, Science studies 2 and Civics 1b alt. Civics 1a1 +1a2.

Or: Mathematics level 2a or Mathematics level 2b or Mathematics level 2c, Social studies level 1b or Social studies level 1a1+1a2

Objectives

After completing the course, the student should be able to:

Knowledge and understanding

- A.1 identify and describe patients' knowledge needs in a caring conversation
- A.2 describe the patient perspective and family perspective in the health sciences

- A.3 identify the nurse's educational responsibility and how it develops in a person-centred, learning, and caring relationship with the patient and their family
- A.4 describe caring and learning encounters from power, gender, and ethical perspectives
- A.5 explain what the normalisation and leaving processes related to violence means, and their impact on the life situations of women and children exposed to violence

Competence and skills

- B.1 apply a professional approach in their interactions with the patient and their family

Judgement and approach

- C.1 reflect on caring encounters in relation to men's violence against women and violence against children
- C.2 reflect on how gender and power affect communication and interactions with the patient and their family
- C.3 critically examine and evaluate the significance of preconceptions in caring and learning encounters
- C.4 reflect on learning processes in different health care contexts and the importance of a professional approach in caring and learning encounters.

Content

The following areas are included:

- ethics, professional ethics, proximity ethics, and sustainable development
- theories in nursing and the health sciences
- nursing pedagogy, learning, and patient education
- caring communication
- professional approach
- intersectional perspectives, power, and gender in healthcare
- men's violence against women and violence against children
- training at The National Centre for Knowledge on Men's Violence against Women at Uppsala University and Barnafriid's core curriculum on violence against children and young people.

Type of Instruction

The teaching methods provide a basis for students to take active responsibility for their learning. Teaching will in part be conducted through a learning platform. Teaching will be delivered in the form of:

- group work
- individual studies
- skills training
- lectures
- field studies
- seminars
- mandatory elements: training at The National Centre for Knowledge on Men's Violence against Women at Uppsala University and Barnafriid's core curriculum on violence against children and young people.

Examination

The course is assessed with the grades Fail (U) or Pass (G).

The course is examined through:

- an individual oral exam (3.5 credits)
- a seminar (2.0 credits) in which a written assignment is submitted in groups, presented orally, and assessed individually.
- practical application (2.0 credits) which is implemented in groups and individually, and assessed individually.

For a passing grade, this grade is required for all three examinations. The final course grade is only issued once all three examinations and the two mandatory elements are completed.

The course grading criteria are specified with each examination and serve as the basis for grading.

Resit examination is offered in accordance with Linnaeus University's Local regulations for courses and examination at the first- and second-cycle levels.

In the event that a student with a disability is entitled to special study support, the examiner will decide on adapted or alternative examination arrangements.

Objectives achievement

The examination of the course is divided as follows:

Module 2601 Oral individual exam 3.5 credits with the grading system UG

Module 2602 Seminar 2.0 credits with the grading system UG

Module 2603 Practical application 2.0 credits with the grading system UG

The examination elements are linked to the course objectives in the following ways:

Module 2601 links to the course objectives: A.1, A.2, A.3, C.3

Module 2602 links to the course objectives: A.4, A.5, C.1, C.2

Module 2603 links to the course objectives: B.1, C.4

Course Evaluation

A course evaluation should be conducted during the course or in connection with its conclusion. The results and analysis of the completed course evaluation should be promptly communicated to students who have completed the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course:

1VÅ622, 7.5 credits. 1VÅ611, 7.5 credits. 1VÅ614, 7.5 credits. 1VÅ618, 7.5 credits.

Required Reading and Additional Study Material

Arman, M., Dahlberg, K., & Ekebergh, M. (Eds.). *Teoretiska grunder för vårdande* (the latest edition). Liber (in selection, 126 pp).

Berglund, M., & Ekebergh, M. (Eds.). *Reflektion i lärande och vård Utveckling av professionellt omdöme* (the latest edition). Studentlitteratur (in selection, 120 pp).

Dahlborg, E., & Tengelin, E. (Eds.). *Jämlik vård: normmedvetna perspektiv* (the latest edition). Studentlitteratur (in selection, 100 pp).

Marmstål Hammar, L., Nilsson, S., & Öhlén, J. (Eds.). *Omvårdnadens grunder Perspektiv och förhållningssätt* (the latest edition) Studentlitteratur (in selection, 150 pp).

Heimer, G., Björck, A., Albért, U., & Haraldsdotter, Y. (Eds.) *Våldsutsatta kvinnor: samhällets ansvar* (the latest edition.). Studentlitteratur. (in selection, 130 pp).

Sandman, L., & Kjellström, S. *Etikboken: etik för vårdande yrken* (the latest edition). Studentlitteratur (in selection, 100 pp).

Wiklund Gustin, L., & Asp, M. (Eds.). *Vårdvetenskapliga begrepp i teori och praktik* (the latest edition). Studentlitteratur (in selection, 120 pp).

Research articles, theses, and web-based resources (approx. 200 pp) and applicable regulations and statutes.