



## Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences  
School of Health and Caring Sciences

1VÅ442 Vårdvetenskap - ohälsa, 7,5 högskolepoäng  
Illhealth, 7.5 credits

**Main field of study**

Caring Science

**Subject Group**

Nursing Science

**Level of classification**

First Level

**Progression**

G1F

**Date of Ratification**

Approved by the Board of the School of Health and Caring Sciences 2009-07-01

Revised 2011-08-31

The course syllabus is valid from autumn semester 2011

**Prerequisites**

NO VALUE DEFINED

### Expected learning outcomes

- be able to understand and problematize the ways in which patients' and families' experience living with prolonged illness/life-threatening diseases
- demonstrate the ability to identify the relationships in society that bring about risks for illness in different phases of life (children, youth, adults, elderly, men, women) as well as describe how the individual's health process can be supported.
- describe how suffering is prevented and alleviated as well as how wellbeing is promoted by prolonged illness and/or life-threatening diseases.

### Content

- Lifestyle, imbalance and context
- People in exposed/vulnerable life situations
- Family situations
- Life as a patient and immigrant in Sweden
- Environment's possibilities and risks
- Self-image – self-esteem; shame, guilt, uncertainty, powerlessness and chaos
- Dealing with a life-altering situation
- Dignity, meaningfulness, acceptance and balance

- Caring fellowship and discussions

## Type of Instruction

Varied forms of teaching may occur, such as:

Lectures

Seminars – compulsory

Group activities – compulsory

Application exercises – compulsory

## Examination

The course is assessed with the grades Fail (U) or Pass (G).

## Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

## Required Reading and Additional Study Material

Bischofberger, E., Dahlqvist, G., Edwinston Månsson, M., Tingberg, B. & Ygge, B.M. (Latest edition). *Barnet i vården*. Stockholm: Liber, (150 p).

Björk-Brämberg, E. (2008). *Att vara patient och invandrare i Sverige*. Avhandling. Växjö: Växjö universitet, (140 p).

Carlsson, P. & Falkenberg, T. (Latest edition). *Integrativ vård - med konventionella alternativa och komplementära metoder*. Stockholm: Gothia Förlag, (200 p).

Dahlberg, K. & Segesten, K. (2010). *Hälsa och vårdande. I teori och praxis*. Stockholm: Natur & Kultur. (Part of book), (200 p).

Jahren, Kristoffersen, N., Nordtvedt, F. & Skaug, E-A. (Latest edition). *Grundläggande omvårdnad*. Part 3, Chap. 17 och 21. Stockholm: Liber, (100 p).

Palmkvist, C. (2005). *Hej då, allihopa*. Stockholm: Månocket, (282 p).

Syrén, S. (2010). *Det utsagda och ohörsammade lidandet : tillvaron för personer med långvarig psykosjukdom och deras närstående*. (Doktorsavhandling)Växjö: Linnéuniversitetet, (Part of book), (50 p).

Åkerman, S. (Latest edition). *Zebraflickan*. Västerås: Författarhuset, (270 p).

Scientific articles