



## Course syllabus

Faculty of Health and Life Sciences  
Department of Health and Caring Sciences

1VÅ202 Perspektiv på samtidens ohälsa, 7,5 högskolepoäng  
Perspectives on Contemporary Illnesses, 7.5 credits

### **Main field of study**

Caring Science

### **Subject**

Nursing Science

### **Level**

First cycle

### **Progression**

G1N

### **Date of Ratification**

Approved 2016-05-09.

Revised 2026-03-09.

The course syllabus is valid from spring semester 2027.

### **Prerequisites**

General entry requirements + English 6/English level 2.

## Objectives

### *Knowledge and understanding*

After completing the course, the student should be able to:

- A.1 explain the relationship between diseases and socioeconomic factors
- A.2 explain the relationship between disease and lifestyle.

### *Competence and skills*

After completing the course, the student should be able to:

- B.1 apply and compare biomedical and biopsychosocial models of disease.

### *Judgement and approach*

After completing the course, the student should be able to:

- C.1 reflect on the causes and development of lifestyle-related diseases and their consequences for society.

## Content

- Biomedical and biopsychosocial models of disease
- Diseases and modern lifestyles
- Social determinants of health
- Chronic ill health
- Health and occupation
- Mental health

## Type of Instruction

- Lectures
- Independent study
- Group work
- Seminars
- Study visits
- Journal club

The language of instruction is English.

## Examination

The course is assessed with the grades A, B, C, D, E or F.

The course comprises an oral group examination (2.5 credits), assessed individually and graded Pass/Fail, and an individual written examination (5.0 credits) graded A–F.

To receive a passing grade (A–E) for the course, the intended learning outcomes must be met. To receive an A for the entire course, an A in the written examination and a Pass in the group examination are required.

Resit examination is offered in accordance with Linnaeus University's Local regulations for courses and examination at the first- and second-cycle levels. In the event that a student with a disability is entitled to special study support, the examiner will decide on adapted or alternative examination arrangements.

## Objectives achievement

The examination of the course is divided as follows:

Module 2701 Oral group exam 2.5 credits with the grading system UG

Module 2702 Individual written exam 5.0 credits with the grading system AF

The examination elements are linked to the course objectives in the following ways:

Module 2701 links to the course objectives: A.1, A.2, B.1, C.1

Module 2702 links to the course objectives: A.1, A.2, B.1, C.1

## Course Evaluation

Course evaluation should be conducted during or shortly after the course. The results and analysis should be promptly communicated to those who have taken the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

## Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course:

1VÅ200, 7.5 credits; 1SA200, 7.5 credits; 1VÅ201, 7.5 credits; 1SA201, 7.5 credits

## Required Reading and Additional Study Material

Sarafino, E. P., & Smith, T. W. *Health psychology: Biopsychosocial interactions* (latest ed). John Wiley & Sons (selected chapters, approx. 200 pages).

Jacobsen, K.H. *Introduction To Global Health* (latest ed). Jones and Bartlett Publishers, Inc. (selected chapters, approx. 100 pages).

Warwick-Booth, L., Cross, R., & Lowcock, D. *Contemporary Health Studies - An Introduction* (latest ed). Polity (selected chapters, approx. 120 pages).

Research articles (max 40 pages)