



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

1VÅ201 Perspectives on contemporary illness, 7,5 högskolepoäng

1VÅ201 Perspectives on contemporary illness, 7.5 credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

First Level

Progression

G1N

Date of Ratification

Approved by Faculty of Health and Life Sciences 2014-09-11

The course syllabus is valid from autumn semester 2015

Prerequisites

General entry requirements and Civics 1b / 1a1 +1a2, Mathematics 2a / 2b / 2c, Science studies 2 or Civics A, Mathematics B, Science studies B (Field-specific entry requirements 16/A14).

Objectives

- The student will have an understanding of the biomedical model of disease, as well as the biopsychosocial model
- The student will have knowledge that genetic, behavioural and socioeconomic factors influence health and illness
- The student will understand that while acute care aims to cure, managing a degenerative condition to mitigate functional limitations and maximize quality of life is the central aim of chronic illness care
- The student will understand the value of alternative systems of health with respect to their approach to curing and caring
- The student will gain skills in information searches as well as in oral and written communication and presentation

Content

- The biomedical model of health and disease
- The biopsychosocial model of health and disease, including the patient as well as the illness - the example of chronic

fatigue and metabolic syndrome

- The concept and definition of stress and its health impact
- Social determinants of health
- The value of physical activity in health and disease
- The characteristics of chronic illness and the central aim of chronic illness care - the example of multiple sclerosis
- The role of complementary/alternative medicine in alleviating illness

Type of Instruction

A variety of teaching methods will be used such as lectures, literature studies and seminars

Examination

The course is assessed with the grades A, B, C, D, E, Fx or F.

The grade A constitutes the highest grade on the scale and the remaining grades follow in descending order where the grade E is the lowest grade on the scale that will result in a pass. The grade F means that the student's performance is assessed as fail. Individual assessment based on an oral and written presentation of a literature study related to contemporary illness. Students who have not passed (ie received the grade of F) at regular examination will be given a opportunity to a new examination shortly after the regular examination. Grade criteria for the A–F scale is specified by the examiner of the course and communicated to the students through the written studyguide. The student is to be informed about the grade criteria for the course by the start of the course at the latest.

Course Evaluation

A written course evaluation is carried out and compiled in a report, which is then filed at the department. The result and any measures that are taken are reported to the course coordinator and presented to the students the next time they are assembled for the course.

Required Reading and Additional Study Material

Sarafino, Edward P Health Psychology. Biopsychosocial Interactions
John Wiley and Sons Ltd (2005). 5Rev ed. 550
Radley, Alan Making Sense of Illness: The social psychology
of health and disease. Sage Publication. 1994. 232
A number of scientific articles and book chapters