



Course syllabus

Faculty Board of Health, Social Work and Behavioral Sciences
School of Health and Caring Sciences

1VÅ112 Vårdvetenskap/omvårdnad - nutrition och ätande, 7,5
högskolepoäng

Caring Science with focus on Nursing - Eating, diet and nutrition., 7.5
credits

Main field of study

Caring Science

Subject Group

Nursing Science

Level of classification

First Level

Progression

G1F

Date of Ratification

Approved by the Board of the School of Health and Caring Sciences 2009-07-01

Revised 2012-06-11

The course syllabus is valid from autumn semester 2012

Prerequisites

NO VALUE DEFINED

Objectives

On an advanced level, be able to:

- explain eating from its various dimensions
- analyse what the patient has to say about living with nutritional and eating disorders in daily life
- apply the caring process in connection with nutritional and eating disorders.

Content

- The eating phenomenon
- Nutrition
- Diversity perspectives on nutrition and eating
- Nutrition in connection with health and ill-health
- Living with nutritional and eating disorders
- Data acquisition, analysis and documentation
- Nursing measures

Type of Instruction

Varying forms of teaching such as lectures may be included

Examination

The course is assessed with the grades Fail (U) or Pass (G).

Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

Required Reading and Additional Study Material

Dahlberg, K. & Segesten, K. (Senaste uppl.). *Hälsa och vårdande i teori och praxis*. Stockholm: Natur & Kultur, (100 s). (Del av bok).

Hessov, I. (Senaste uppl.). *Klinisk nutrition*. Stockholm: Liber., (200 s).

Socialstyrelsen. (Senaste uppl.). *Näringsproblem i vård och omsorg. Prevention och behandling*. SoS- rapport 2000:11. (200 s).

Westergren, A. (Senaste uppl.). *Svårigheter att äta*. Lund: Studentlitteratur, (210 s).

Scientific articles