



Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

1VÅ615 Professionskunskap I, 15 högskolepoäng

1VÅ615 Knowledge of the Nursing Profession I, 15 credits

Subject Group

Nursing Science

Level of classification

First Level

Progression

G1N

Date of Ratification

Approved 2010-11-10

Revised 2019-09-04 by Faculty of Health and Life Sciences.

The course syllabus is valid from spring semester 2020

Prerequisites

General entry requirements and Civics 1b / 1a1 +1a2, Mathematics 2a / 2b / 2c, Science studies 2 or Civics A, Mathematics B, Science studies B (Field-specific entry requirements 16/A14).

Objectives

On completion of the course, students should be able to:

- problematize and apply the nursing process from a patient perspective in relation to current evidence
- apply relevant measures, national guiding principles, general advice and directions in specific caring situations
- carry out caring encounters with patients and their families
- carry out caring techniques in a way that is in agreement with current regulations
- problematize routines and methods in caring work
- integrate, apply and communicate scientific and medical perspectives and concepts in caring actions
- reflect over the progress of patients, families and staff
- reflect over professional attitudes towards patients and their families
- work as a team and reflect over themselves in relation to other team-members
- identify their own needs to develop their skills in relation to the goals of the curriculum

Content

- the caring process
- evidence-based caring
- the nurse's documentation
- national guiding principles, measures, general advice and directions that are important for the caring process
- caring encounters and discussions
- caring techniques
- safety and quality in caring
- acts of caring
- progresses in relation to caring
- professional attitudes
- teamwork
- caring environment
- information, and communication, technology

Obligatory elements are specified in the course schedule.

Type of Instruction

- Individual work
- Group work
- Skills training
- Lectures
- Seminars
- Simulation exercises
- Placement

Teaching will be carried out to some extent via LMS (Learning Management System). The course contains training elements for the development of skills, abilities and attitudes. Supervision in placement is carried out on the basis of policy documents for placement.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

In order to receive the grade of pass, all expected learning outcomes must be achieved. The course is examined through written examinations and clinical examinations. Assessments from placement are also a part of the grading foundation. In order to receive the grade of pass with credit, students must receive the grade of pass with credit on both the written and clinical examination.

Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

Other

The number of examinations is limited to five and the carrying out of placement is limited to two internship periods.

Placement can be carried out in areas outside of Kalmar/Växjö, which can mean expenses in the form of travel and/or accommodation.

Required Reading and Additional Study Material

Dahlberg, K. & Segesten, K. (2011). *Hälsa och vårdande i teori och praxis*. Stockholm: Natur & Kultur, (part of book, 100 pages).

Edberg, A-K. & Wijk, H. (Eds.). (2014). *Omvårdnadens grunder: hälsa och ohälsa*. Lund: Studentlitteratur, (part of book 480 pages).

Ehrenberg, A., & Wallin, L. (Red.). (2014). *Omvårdnadens grunder: ansvar och utveckling*. Lund: Studentlitteratur, (part of book 120 pages).

Friberg, F., & Öhlén, J. (Eds.). (2014). *Omvårdnadens grunder: perspektiv och förhållningssätt*. Lund: Studentlitteratur, part of book 130 pages).

Henriksson, O., & Rasmusson, M. (2013). *Fysiologi*. Denmark: Studentlitteratur, (302 pages).

Idwall, E. *Kvalitetsindikatorer inom omvårdnad*. (2009). Stockholm: Gothia förlag, (168 pages).

Melhus, Å. (2013). *Klinisk mikrobiologi för sjuksköterskor*. Lund: Studentlitteratur AB, (413 pages).

Sand, O., Sjastaad, Q.V., Haug, E., & Bjålie, J.G. (2007). *Människokroppen*. Stockholm: Liber, (544 pages).

Socialstyrelsen. <http://www.socialstyrelsen.se/sosfs>

Sveriges kommuner och landsting. <http://www.skl.se>

Utbildningspaket för Hjärtlungräddning

Vårdhandboken, <http://www.vardhandboken.se>

Also included are measures, directions and laws, scientific articles, part of a scientific dissertation and different art-forms, for example, film.