



## Course syllabus

Faculty of Health and Life Sciences  
Department of Health and Caring Sciences

1VÅ615 Professionskunskap I, 15 högskolepoäng  
Knowledge of the nursing profession I, 15 credits

### **Subject Group**

Nursing Science

### **Level of classification**

First Level

### **Progression**

G1F

### **Date of Ratification**

Approved 2010-11-10

Revised 2013-06-14 by Department of Health and Caring Sciences.

The course syllabus is valid from autumn semester 2013

### **Prerequisites**

General entry requirements and Civics A, Mathematics B, Science studies B or Civics 1b / 1a1 +1a2, Mathematics 2a / 2b / 2c, Science studies 2 (Field-specific entry requirements 16/A14).

## Objectives

On completion of the course, students should be able to:

- problematize and apply the nursing process from a patient perspective in relation to current evidence
- apply relevant measures, national guiding principles, general advice and directions in specific caring situations
- carry out caring encounters with patients and their families
- carry out caring techniques in a way that is in agreement with current regulations
- problematize routines and methods in caring work
- integrate, apply and communicate scientific and medical perspectives and concepts in caring actions
- reflect over the progress of patients, families and staff
- reflect over professional attitudes towards patients and their families
- work as a team and reflect over themselves in relation to other team-members
- identify their own needs to develop their skills in relation to the goals of the curriculum

## Content

- the caring process
- evidence-based caring

- the nurse's documentation
- national guiding principles, measures, general advice and directions that are important for the caring process
- caring encounters and discussions
- caring techniques
- safety and quality in caring
- acts of caring
- progresses in relation to caring
- professional attitudes
- teamwork
- caring environment
- information, and communication, technology

Obligatory elements are specified in the course schedule.

## Type of Instruction

- Individual work
- Group work
- Skills training
- Lectures
- Seminars
- Simulation exercises
- Placement

Teaching will be carried out to some extent via LMS (Learning Management System). The course contains training elements for the development of skills, abilities and attitudes. Supervision in placement is carried out on the basis of policy documents for placement.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

In order to receive the grade of pass, all expected learning outcomes must be achieved. The course is examined through written examinations and clinical examinations. Assessments from placement are also a part of the grading foundation. In order to receive the grade of pass with credit, students must receive the grade of pass with credit on both the written and clinical examination. Students at Linnaeus University can, at request, receive their grades in ECTS credits, according to the ECTS-scale. This request should be made at the introduction of the course. A resit examination is offered according to local rules for examinations on first-level and advanced level at Linnaeus University (Dnr: HL/2009-0283).

## Course Evaluation

A written evaluation is carried out and compiled in a report, which is archived at the institution. The results, along with possible measures taken, are reported to the students the next time the course is given.

## Other

The number of examinations is limited to five and the carrying out of placement is limited to two internship periods.

Placement can be carried out in areas outside of Kalmar/Växjö, which can mean expenses in the form of travel and/or accommodation.

## Required Reading and Additional Study Material

Andersen, T. *Reflekterande processer: samtal och samtal om samtalen*. Lund: Studentlitteratur, latest edition, 137 pages.

Dahlberg, K. & Segesten, K. *Hälsa och vårdande i teori och praxis*. Stockholm: Natur & Kultur, latest edition, part of book, 100 pages.

Edberg, A-K. & Wijk, H. (red). *Omvårdnadens grunder: hälsa och ohälsa*. Lund: Studentlitteratur, latest edition, part of book 480 pages.

Ehrenberg, A. & Wallin, L. (red). *Omvårdnadens grunder: ansvar och utveckling*. Lund: Studentlitteratur, latest edition, part of book 120 pages.

Ericson, E. & Ericson, T. *Klinisk mikrobiologi*. Stockholm: Liber, latest edition, part of book 80 pages.

Friberg, F. & Öhlén, J. (red). *Omvårdnadens grunder: perspektiv och förhållningssätt*. Lund: Studentlitteratur, latest edition, part of book 130 pages.

Henriksson, O. & Rasmusson, M. *Fysiologi*. Denmark: Studentlitteratur, 2013, 302 pages.

Idwall, E. *Kvalitetsindikatorer inom omvårdnad*. Stockholm: Gothia förlag, latest edition, 168 pages.

Saladin, K.S. *Human Anatomy*. New York: McGraw-Hill, latest edition, 771 pages. \*)

Sand, O., Sjastaad, Q.V., Haug, E. & Bjplie. J.G. *Människokroppen*. Stockholm: Liber, (2011), 544 pages.

Wright, L., Watson, W. & Bell, J. *Familjefokuserad omvårdnad*. Lund: Studentlitteratur, latest edition, Part of book 120 pages.

\*) You can choose one of the two above mentioned books on anatomy.

Socialstyrelsen. <http://www.socialstyrelsen.se/sosfs>

Sveriges kommuner och landsting. <http://www.skl.se>

Utbildningspaketet för Hjärtlungräddning

Vårdhandboken, <http://www.vardhandboken.se>

Also included are measures, directions and laws, scientific articles, part of a scientific dissertation and different art-forms, for example, film.