



## Course syllabus

Faculty of Social Sciences

Department of Criminology and Police Work

1PX24U Polisiär yttre tjänstefärdighet II, 3 högskolepoäng

Proficiency in patrol duty aspects of police work II, 3 credits

### **Main field of study**

Police Work

### **Subject Group**

Other Subjects within Social Science

### **Level of classification**

First Level

### **Progression**

G1F

### **Date of Ratification**

Approved 2016-08-17

Revised 2019-05-29 by Faculty of Social Sciences. Revision of Prerequisites and Type of instruction. Standard text added under Examination and Course evaluation. Revision of the component Patrol Car Driving; objectives, content, examination and course literature. Revision of the component Police Conflict Management; objectives of techniques and methods, compulsory component of Firearms, examination of Firearms and Basic Tactics, and the course literature for Firearms.

The course syllabus is valid from autumn semester 2019

### **Prerequisites**

General entry requirements.

## Objectives

### **Police Conflict Management - Techniques and Methods**

After completing the course, students shall be able to:

- describe the Police Authority's requirements in force with regard to carrying expandable batons and be able to use the expandable batons based on using as little force as possible
- fulfil police tasks after they themselves have been exposed to OC (pepper spray). The students shall also be able to conduct decontamination of another individual
- perform apprehension and transportation of a detained individual in a vehicle on the basis of the 6 basic principles for physical techniques and methods
- in motor exercises use techniques to defend themselves in situations involving threats of violence or violence in connection with crimes against human life or health

### **Police Conflict Management - Basic Tactics**

After completing the course, students shall be able to:

- describe the mental preparations in the short term as well as in the long term, and acute stress management
- account for various coping strategies
- apply methods for mental training

### **Radio communication/tactical liaison service**

After completing the course, students shall be able to:

- explain the basic functions of the national police digital communications system, Rakel
- use adequate language during radio communication with regard to police contexts
- conduct fast and correct handling of the basic functions of hand-held as well as vehicle devices

### **Police Conflict Management - Firearms**

After completing the course, students shall:

- know the basics of shooting with emphasis on taking the correct measures during shooting from various ranges
- be able to move around carrying the weapon both before, during and after firing, without failing to comply with regulations in force regarding handling of weapons
- be able to remedy any malfunctions that may occur with the weapon
- be able to make tactical considerations in connection with having used the service weapon
- be able to account for the legal conditions that govern the use of firearms in connection with practical elements

### **Health**

After completing the course, students shall be able to:

- account for and practice physical exercises such as flexibility, endurance, coordination, strength and speed
- based on tests performed, develop and analyse an individual training programme

### **Patrol Car Driving**

After completing the course, students shall be able to:

- account for and apply knowledge of the human factor in traffic
- stop vehicles in a tactical and road safe manner
- explain their own skills and any consequences of misjudgements during the component vehicle road positioning

### **Content**

The course contains the subjects Health, Patrol Car Driving, Radio communication/tactical liaison, POLKON - police conflict management (here: police conflict management - techniques and methods, firearms, and basic tactics).

### **Police Conflict Management - Techniques and Methods**

Students are trained in the use of technical aids, batons and OC. The course also provides knowledge of and practical skills in working methods used for work in



restricted environments such as custody and vehicles. Students practice self-defence techniques, how to identify accident risk factors related to the professional practice, and are also trained in intervention techniques for individual police officers and patrol officers.

### **Police Conflict Management - Basic Tactics**

The component mental approach/mental training provides the students with advanced knowledge of the connection between stress, mind, feelings and actions. Knowledge is provided in how students through coping and stress management can handle their behaviour and reactions in situations that require stress management. The component also consists of models for mental training and relaxation methods. The mental knowledge area of police conflict management is also established.

### **Radio Communication/Tactical Liaison Service**

The training is aimed at providing a national uniform working method for radio communication management. The course includes theory as well as practical application in radio communication rooms and outdoors. The subject is integrated as a practical exercise in the module Criminal Investigation (1PX22U) and in the exercise Order and Security.

The course starts with a general presentation of how the RAKEL system network in Sweden is designed. Students shall learn adequate radio communication phrases and the international spelling alphabet. The different keys and functions on the hand-held communication device are also examined and the students practice the different kinds of calls that are made to the RLC (the regional command centre) and individual calls through the softkeys on the radio communication device.

### **Police Conflict Management - Firearms**

Students are provided with advanced knowledge of laws obtained during previous courses with regard to the use of firearms in the police force. Behavioural science is also included to some extent, related to physical and mental reactions at fear and death anxiety, as well as mental preparations for the use of firearms during official duty. The students also practice communication during intervention situations. Students are provided with knowledge of reactivity related to the concept of time, i.e. the amount of time available in different police situations. Students are given the opportunity to in practice apply the knowledge of the shooting elements through brief visual displays on shooting targets. During shooting practice, techniques are introduced for shooting during interference and change of weapon, and ammunition impact.

### **Health**

This subject is included in all five semesters. The overall aim of the subject Health is to provide knowledge and an understanding of the factors that have an impact on health in the professional role, with emphasis on the physical health. Students are also given the opportunity to develop their physical status and body awareness in order to be able to act in a safe, careful and skilful manner in their professional roles.

Key elements during the course are exercise science followed by an analysis of the students' own physical abilities related to different exercise qualities, previously conducted tests during the course Proficiency in patrol duty aspects of police work I, 1PX14U, and the demands on the profession. The students develop individually adapted training programmes based on these aspects.

### **Patrol Car Driving**

The course contains theoretical instructions and supervised driving practice in stoppage



and driving on country roads. The element Stoppage introduces tactics and technical equipment installed in the vehicles. Focus is put on efficiency and setting an example in driving. This involves the placement of the vehicle on the road as well as regulating the speed, regulating gas/brake and steering wheel movements. Theoretical group work is performed prior to these elements.

### **Type of Instruction**

Teaching is mainly conducted by the use of problem-based methods. Knowledge acquisition in the elements takes place through individual work, base group work, seminars, lectures and practical application. Practical elements are practiced through demonstrations, practical exercises, supervision and coaching.

The compulsory components are: Police Conflict Management -Techniques and Methods; training in baton use and OC regulated in FAP - the Police Authority's Regulations and General Advice. Police Conflict Management - Firearms; ammunition impact and simulator/laws, practical shooting test focused on the shooting target. Police Conflict Management - Basic Tactics; the exercise in mental imagery and seminars. Police Conflict Management - Patrol Car Driving; lecture and seminar on the component Risk Training.

### **Examination**

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

#### **Police Conflict Management - Techniques and Methods**

Examination takes place through a practical examination in physical techniques and methods, and two examinations in technical aids. Examination of the use of batons contains both practical skills as well as theoretical questions related to the working methods. Examination of OC takes place during an applied exercise. In order to receive a grade of Pass, it is required that the students during examinations demonstrate that the intended learning outcomes of the course are attained. For a grade of Pass with Distinction, it is required that the students during the practical examination of physical techniques and methods demonstrate special skills and consideration of strength in the elements.

#### **Radio Communication/Tactical Liaison Service**

Examination is carried out through a handling test during applied exercise, during which students are given theoretical questions related to tactical liaison. In order to receive a grade of Pass, students must demonstrate that the intended learning outcomes of the course are attained.

#### **Police Conflict Management - Firearms**

Examination of the subject Firearms takes place by means of a practical shooting test focused on the handling of weapons and the legislation in force for the use of firearms. For a grade of Pass, it is required that the students during the examination demonstrate that the intended learning outcomes of the course are attained.

#### **Health**

Examination of the subject Health is carried out through five practical sessions, one written presentation including an analysis of the individual training programme, and a written exam. In order to receive a grade of Pass, students must during all examinations demonstrate that the intended learning outcomes of the course are attained.

#### **Patrol Car Driving**

Examination takes place through two applied exercises, one oral examination and one written assignment in the form of a paper. For the grade of Pass, it is required that the students demonstrate that the intended learning outcomes of the course are attained.

In order to receive a grade of Pass with Distinction in the entire course, it is required that the students obtain the grade of Pass with Distinction for the examination in Police Conflict Management - Techniques and Methods, and the grade of Pass for all the other



examinations.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student has the right to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

### Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course, as well as to the students at the following course date. The course evaluation is conducted anonymously.

### Required Reading and Additional Study Material

#### **Police Conflict Management - Techniques and Methods**

Polishögskolan (2014). *Polisiär konflikthantering*, (ca. 48 p.), (Available in digital format on MyMoodle).

Compendiums, ca. 50 p.

#### **Police Conflict Management - Basic Tactics**

Polishögskolan (2014). *Polisiär konflikthantering, Mentala kunskapsområdet*. Solna. (ca. 56 p.) (Available in digital format on MyMoodle).

Compendiums, ca. 40 p.

#### **Radio Communications**

Myndigheten för samhällsskydd och beredskap (2012). *Rakelhandboken – För dig som vill veta hur Rakelsystemet fungerar och används*. ISBN: 9789173832403. (ca. 65 p.) Available on the Internet.

Compendiums, ca. 100 p.

#### **Police Conflict Management - Firearms**

FAP 1042, Rikspolisstyrelsens föreskrifter och allmänna råd om polisens skjutvapen m.m.; RPSFS 2012:11. (8 p.)

*Kungörelse (1969:84) om polisens användning av skjutvapen, (4 p.)*

Statutory texts and compendiums, ca. 100 p.

#### **Health**

Lecture material, compendiums and articles as per instructions given, ca. 50 p.

All the study material is provided by the department of sport science.

#### **Patrol Car Driving**

Forward, Sonja., & Lewin, Chatarina. (2006). *Medvetna felhandlingar i trafiken : en litteraturundersökning. VTI rapport 534*, (Utgivningsår 2006 Nytryck 2010).

Available at the website of VTI, Statens väg- och transportforskningsinstitut:  
<http://vti.diva-portal.org/smash/get/diva2:675273/FULLTEXT01.pdf>

Lundälv, Jörgen. (2009). *Polisbilen som aldrig kom fram. 11-års nationell personskadestudie med skadeatlas: skadehändelser med polisfordon i svensk västra*. Institutionen för läsvård och pedagogisk utvärdering. Enheten för läsvård

*vägar*. Institutionen för klinisk och peroperativ vetenskap, Enheten för kirurgi, Umeå universitet. Available at the website of Umeå universitet: <http://umu.diva-portal.org/smash/record.jsf?pid=diva2%3A1307506&dswid=-4836>

*Trafikförfattningar* (latest edition). Stockholm: Wolters Kluwer. 50 p.

Other statutory texts and compendiums, 70 p.