



Course syllabus

Faculty of Social Sciences

Department of Social Work

1PX24U Polisiär yttre tjänstefärdighet II, 3 högskolepoäng

Proficiency in patrol duty aspects of police work II, 3 credits

Main field of study

Police Work

Subject Group

Other Subjects within Social Science

Level of classification

First Level

Progression

G1F

Date of Ratification

Approved 2016-08-17

Revised 2017-11-03 by Faculty of Social Sciences.

The course syllabus is valid from spring semester 2018

Prerequisites

NO VALUE DEFINED

Objectives

Conflict Management

After completing the course, students shall be able to:

- describe the Police Authority's requirements in force with regard to carrying expandable batons and through motor exercises be able to apply the use of expandable batons based on using as little force as possible
- fulfil police tasks in connection with apprehensions after they themselves have been exposed to OC (pepper spray). The students shall also be able to conduct decontamination of another individual
- perform apprehension and transportation of a detained individual in a vehicle on the basis of the 6 basic principles for physical techniques and methods
- through motor exercises use techniques to defend themselves in situations involving threats of violence or violence in connection with crimes against human life or health

Police Conflict Management Basic Tactics

After completing the course, students shall be able to:

- describe the mental preparations in the short term as well as in the long term, and acute stress management
- account for various coping strategies
- apply methods for mental training

Radio communication/tactical liaison service

After completing the course, students shall be able to:

- explain the basic functions of the police digital communications system, Rakel
- use adequate language during radio communication with regard to police contexts
- conduct fast and correct handling of the basic functions of hand-held as well as vehicle devices

Weapons

After completing the course, students shall:

- know the basics of shooting with emphasis on taking the correct measures during shooting from various ranges
- be able to move around carrying the weapon both before, during and after firing, without failing to comply with regulations in force regarding handling of weapons
- be able to remedy any malfunctions that may occur with the weapon
- be able to account for the legal conditions that govern the use of firearms in connection with practical elements

Health

After completing the course, students shall be able to:

- account for and practice physical exercises such as flexibility, endurance, coordination, strength and speed
- based on tests performed, develop and analyse an individual training programme

Police Car Driving

After completing the course, students shall be able to:

- drive the police vehicles in an efficient and environmentally friendly manner in different traffic environments
- stop vehicles in a tactical and road safe manner
- explain their own skills and any consequences of misjudgements during the component vehicles

Content

The course contains the subjects Health, Police Car Driving, POLKON, police conflict management (conflict management, national basic tactics, and weapons), and radio/tactical liaison.

Conflict Management

Students are trained in the use of technical aids, batons and OC. The course also

provides knowledge of and practical skills in working methods used for work in restricted environments such as custody and vehicles. Students practice self-defence techniques, how to identify accident risk factors related to the professional practice, and are also trained in intervention techniques for individual police officers and patrol officers. The components FAP-regulated training in the use of batons and OC are mandatory.

Police Conflict Management Basic Tactics

The component mental approach/mental training provides the students with advanced knowledge of the connection between stress, mind, feelings and actions. Knowledge is provided in how students through coping and stress management can handle their behaviour and reactions in situations that require stress management. The component also consists of models for mental training and relaxation methods. The mental knowledge area of police conflict management is also established. The practice in goal image training is mandatory.

Radio Communication/Tactical Liaison Service

The training is aimed at providing a national uniform working method for radio communication management. The course includes theory as well as practical application in radio communication rooms and outdoors. The subject is integrated as a practical exercise in the module Criminal Investigation (1PX22U) and in the exercise Order and Safety.

The course starts with a general presentation of how the RAKEL system network in Sweden is designed. Students shall learn adequate radio communication phrases and the international spelling alphabet. The different keys and functions on the hand-held communication device are also looked at and the students practice the different kinds of calls that are made to the RLC (the regional command centre) and individual calls through the softkeys on the radio communication device.

Weapons

Students are provided with advanced knowledge of laws obtained during previous courses with regard to the use of firearms in the police force. Behavioural science is also included to some extent, related to physical and mental reactions at fear and death anxiety, as well as mental preparations for the use of firearms during official duty. The students also practice communication during intervention situations. Students are provided with knowledge of reactivity related to the concept of time, i.e. the amount of time available in different police situations. Students are given the opportunity to in practice apply the knowledge of the shooting elements through brief display durations on shooting targets. During shooting practice, techniques are introduced for shooting during interference and change of weapon and ammunition impact. The components ammunition impact and simulator/law are mandatory.

Health

This subject is included in all five semesters. The overall aim of the subject Health is to provide knowledge and an understanding of the factors that have an impact on health in the professional role, with emphasis on the physical health. Students are also given the opportunity to develop their physical status and body awareness in order to be able to act in a safe, careful and skilful manner in their professional roles.

Key elements during the course are exercise science followed by an analysis of the

students' own physical abilities related to different exercise quantities, previously conducted tests during the course Proficiency in patrol duty aspects of police work I, 1PX14U, and the demands on the profession. The students develop individually adapted training programmes based on these aspects.

Police Car Driving

The course contains theoretical instructions and supervised driving practice in urban areas, stoppage, and driving on country roads. The element Stoppage introduces tactics and technical equipment installed in the vehicles. Focus is put on efficiency and setting an example in driving. This involves the placement of the vehicle on the road as well as regulating the speed, regulating gas/brake and steering wheel movements. Theoretical group work is performed prior to these elements. The component Risk Training is mandatory.

Type of Instruction

Teaching is mainly conducted by the use of problem-based methodology. Knowledge acquisition takes place in the form of individual studies, base group studies, lectures and practical application. Practical elements are trained by the use of demonstrations, practical exercises, and supervision and coaching.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Examination of Conflict Management takes place through a practical examination in physical techniques and methods, and two examinations in technical aids. Examination of the use of batons contains both practical skills as well as theoretical questions related to the working methods. Examination of OC takes place during an applied exercise. In order to receive a grade of Pass, it is required that the students during examinations demonstrate that the intended learning outcomes of the course are attained. For a grade of Pass with Distinction, it is required that the students during the practical examination of physical techniques and methods demonstrate special skills and consideration of strength in the elements.

Examination of Police Conflict Management Basic Tactics is carried out through a seminar. In order to receive a grade of Pass, students must demonstrate during the examination that the intended learning outcomes of the course are attained.

Examination of Radio Communication/tactical liaison service is carried out through a handling test during applied exercise, during which students are given theoretical questions related to tactical liaison. In order to receive a grade of Pass, students must demonstrate that the intended learning outcomes of the course are attained.

Examination of the subject Weapons takes place through a practical shooting test focused on the handling of weapons and the legislation in force for the use of firearms. For a grade of Pass, it is required that the students during the examination demonstrate that the intended learning outcomes of the course are attained.

Examination of the subject Health is carried out through five practical sessions, one written presentation including an analysis of the individual training programme, and a written exam. In order to receive a grade of Pass, students must during all examinations demonstrate that the intended learning outcomes of the course are attained.

Examination of Police car driving takes place through three applied exercises and one

oral examination. For the grade of Pass, it is required that the students demonstrate that the intended learning outcomes of the course are attained.

In order to receive a grade of Pass with Distinction for the entire course, it is required that the students obtain the grade Pass with Distinction for the examination in Conflict Management, and the grade Pass for all the other examinations.

Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course, as well as to the students at the following course date. The course evaluation is conducted anonymously. The results are reported to the programme council and filed by the Institute of Police Education.

Required Reading and Additional Study Material

Conflict Management

Polishögskolan (2014). *Polisiär konflikthantering*, (ca. 48 p.), (Available in digital format on MyMoodle).

Compendiums, ca. 50 p.

Police Conflict Management Basic Tactics

Polishögskolan (2014). *Polisiär konflikthantering, Mentala kunskapsområdet*. Solna. Ca. 56 p. (Available in digital format on MyMoodle).

Compendiums, ca. 40 p.

Radio Communication

Myndigheten för samhällsskydd och beredskap (2012). *Rakelhandboken – För dig som vill veta hur Rakelsystemet fungerar och används*. ISBN: 978-91-7383-240-3. ca. 65 p. Available on the Internet.

Compendiums, ca. 100 p.

Weapons

Norée, Annika. (2011). *Polismål: när poliser är de misstänkta*. (215 p.). Stockholm: Norstedts Juridik. ISBN: 9789139110002.

FAP 104-2, *Rikspolisstyrelsens föreskrifter och allmänna råd om polisens skjutvapen m.m.*; RPSFS 2012:11. (8 p.).

Kungörelse (1969:84) om polisens användning av skjutvapen, (4 p.).

Legislative documents and compendiums, ca. 100 p.

Health

Lecture study material, compendiums and articles as per instructions given, ca. 50 p.

All the study material is provided by the Department of Sport Science.

Police Car Driving

Trafikförfattningar (latest edition). Stockholm: Wolters Kluwer. 50 p.

Legislative documents and compendiums, 70 p.