



## Course syllabus

Faculty of Social Sciences

Department of Sport Science

1IV570 Undervisning i specialidrott 2 – hållbar idrottslig  
prestationsutveckling, 15 högskolepoäng

1IV570 Teaching in special sports 2 - sustainable elite sport  
development, 15 credits

### **Main field of study**

Sport Science

### **Subject Group**

Sport Science

### **Level of classification**

First Level

### **Progression**

G1F

### **Date of Ratification**

Approved by Faculty of Social Sciences 2023-06-12

The course syllabus is valid from spring semester 2024

### **Prerequisites**

1IV569 Teaching in special sports 1 - goals, contents, and teacher's role, 15 credits, or the equivalent.

## Objectives

Upon completion of the course, students should be able to:

- describe and define the role and qualifications of the special sports teacher in relation to purpose and objectives in the subject special sports,
- develop and apply models for learning in the field of sports knowledge within the chosen special sports,
- plan, carry out and evaluate teaching in the chosen special sports,
- account for and apply different scientific perspectives of sustainable performance development in sports,
- account for and analyse various factors that have an impact on the development environment in special sports, and reflect critically on the role of the special sports teacher in the development environment,
- plan, carry out and evaluate admission interviews in relation to the purpose and objectives of the subject special sports.

## Content

The aim of the course is to enhance the students' knowledge and understanding of the subject of special sports in upper secondary school. The role and qualifications of the special sports teacher in the subject are discussed. Deep discussions are held about the concepts teaching and learning in relation to the subject special sports and how you can assess critically the need of knowledge within the field of learning in the subject. Didactic principles for teaching in special sports are also introduced and discussed, and how these may be planned, implemented and evaluated. The aim of the course is for students to enhance their knowledge of sustainable performance development in sports, talent development, the importance of the general sports environment and in particular the role of the special sports teacher in this development process. The intention is to discuss basic knowledge of planning, implementing and evaluating admission interviews in relation to the purpose and objectives of the subject special sports.

## Type of Instruction

Teaching takes place in the form of lectures, seminars and field studies.

## Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Examination of the course takes place by means of three individual written assignments.

In order to receive the grade of Pass, the course objectives shall be attained.

For a grade of Pass with Distinction in the course, it is required that the student receives the grade Pass with Distinction for at least two out of the three individual written assignments.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student is entitled to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

## Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course as well as to new students at the following course date. The course evaluation is conducted anonymously.

## Required Reading and Additional Study Material

Annerstedt, Claes (2007). *Att (lära sig) vara lärare i idrott och hälsa*. Göteborg: Multicare förlag AB, (207 p.) ISBN: 91-974590-2-X (Provided by the department of Sport Science)

Claesson, Andreas, Gustafsson, Henrik, Edler, Karolina & Sjöström, Malin (2015). *Motiverande samtal – Handbok för coacher och tränare inom idrotten*. Stockholm: SISU Idrottsböcker, (258 p.) ISBN: 978-91-87745-22-5

Downing, Charlotte (2023). *Early specialising aesthetic performers: An investigation of conceptualization, motivation, and context*. Akademisk avhandling vid Gymnastik- och

Idrottshögskolan nr 29. Stockholm: Gymnastik- och Idrottshögskolan. Selected parts, (35 p.) ISBN 978-91-986490-9-3

Fahlström, Per Göran, Gerrevall, Per, Glemne, Mats & Linnér, Susanne (2015). *Vägarna till landslaget. Om svenska elitidrottarens idrottsval och specialisering*. RF FoU-rapport 2015:1, 2015, (76 p.) ISBN: 978-91-87385-10-0

Fahlström, Per Göran, Glemne, Mats & Linnér, Susanne (2016). *Goda idrottsliga utvecklingsmiljöer. En studie av miljöer som är framgångsrika i att utveckla elitidrottare*. RF FoU-rapport 2016:6, 2016, (77 p.) ISBN: 978-91-87385-17-9

Larsson, Håkan & Meckbach, Jane (eds) (2012). *Idrottsdidaktiska utmaningar*. Stockholm: Liber, (100 p.) ISBN 97-89147106578

Schenker, Katarina (2022). *Idrottsdidaktik för lärar- och tränarutbildningar*. Stockholm: Liber, (250 p.) ISBN 97-89147146789

Schubring, Astrid, Grahn, Karin, Rylander, Pär, Lundvall, Suzanne & Bergström, Elin (2022). *Vägar till världstoppen. En studie av svenska toppidrottarens karriärerfarenheter*. RF FoU-rapport 2022:6. Stockholm: Riksidrottsförbundet, (89 p.) ISBN: 978-91-87385-39-1

Skolverket (2023). *Läroplan för gymnasieskolan*. Stockholm: Skolverket. Available on the Internet.

Skolverket (2020). *Att planera, bedöma och ge återkoppling. Stöd för undervisning*. Stockholm: Skolverket.

Storm, Louise, Henriksen, Kristoffer & Krogh Christensen, Mette (2012). Specialization pathways among elite Danish athletes: A look at the developmental model of sport participation from a cultural perspective. *International Journal of Sport Psychology*, 2012, 43, 199222, (24 p.)

Scientific publications, ca. 200 pages.

Regulatory documents, ca. 100 pages.