



Course syllabus

Faculty Board of Health, Social Work and Behavioural Sciences
School of Education, Psychology and Sports Science

IIV503 Boll i skolan, 7,5 högskolepoäng

Ball Games in School, 7.5 credits

Main field of study

Sport Science

Subject Group

Sport Science

Level of classification

First Level

Progression

G1N

Date of Ratification

Approved by Organisational Committee 2009-06-17

The course syllabus is valid from spring semester 2010

Prerequisites

NO VALUE DEFINED

Expected learning outcomes

The aim of the course is to offer students prerequisites for development of genuine knowledge and skills concerning ball games and ball game education in schools.

Having completed the course the student is to have:

- ability to present the utilisation of ball game in school education from a didactical perspective
- ability to present current regulations for the most commonly used ball games
- ability to present various forms of ball games and how they may be used to promote children and young people's physical and social development as individuals and in groups (team building)
- developed and utilised individual forms of ball games suitable for various target groups and outer prerequisites from a health perspective
- developed and utilised ball games from a gender perspective

Content

The course includes the following elements:

- Team-building through ball games
- Introduction to traditional and newer forms of ball games used in school education sports and health
- Development of didactical knowledge concerning ball games
- Health promoting action through ball games
- Ball games from a gender perspective

Type of Instruction

Teaching is scheduled at four separate occasions, practical and theoretical. In addition sessions and communication via the internet are scheduled with the teacher.

Teaching may consist of lectures, literary studies, group assignments and seminars.

The language of instruction is Swedish.

Examination

The course is assessed with the grades Fail (U) or Pass (G).

Examination in the form of written assignments, practical presentations and seminars. Regardless of the form of assessment the individual achievements of the student is always assessed and graded.

Further specification of the various forms of examination is presented in the study guide.

Course Evaluation

Continuous course evaluation via verbal and/or written assessments throughout the course. The results are compiled and archived according to the rules of the school.

Other

Students at Linnaeus University are entitled to have the course grade translated into the 7-step ECTS scale. A request to have the grades translated must be made to the teacher at the start of the course.

Additional costs in connection to assignments etc are at prime cost.

Required Reading and Additional Study Material

Bergljung, Per m fl. *Boll i skolan*, SISU idrottsböcker, 1996. 35 pages (provided by the department of sports science)

Eiberg, Stig & Sigaard, Peder. *Boldbasis – en praktisk handbog*, Förlaget Hovedland, 2000. (selection) 160 pages

Halling, Anders & Laursen, Per Fibek. *Boldspilsundervisning fra boldbasis till Teambold*, Odense Universitetsförlag 2001. (selection) 50 pages

Halling, Anders, Skov Agergaard, Charlotte & Worm, Charlotte. *Bolden i spil, teambold i teori og praksis*, Syddansk Universitetsförlag, 2005. 154 pages

Larsson, Håkan & Redelius, Karin (ed) *Mellan nytta och nöje - bilder av ämnet idrott och hälsa*, Idrottshögskolan, 2004. (selection) 239 pages

Heikki, Ari & Westerberg, Thomas. *Bollek, bollteknik, bollspel*, Svenska fotbollsforlaget, Solna, 2007. 40 pages

Articles and compendiums (provided by the department of sports science) approx 200 pages

