



## Course syllabus

Faculty of Social Sciences

Department of Sport Science

IIV34U Goda idrottsliga utvecklingsmiljöer, 7,5 högskolepoäng

Good Sporting Development Environments, 7.5 credits

### **Main field of study**

Sport Science

### **Subject Group**

Sport Science

### **Level of classification**

First Level

### **Progression**

G1N

### **Date of Ratification**

Approved by Faculty of Social Sciences 2021-11-17

The course syllabus is valid from autumn semester 2021

### **Prerequisites**

The course is a contract education and in order to gain entry to the course, the student must have been admitted to the course: Leadership and Talent Development in Children's and Youth Sports, 30 credits.

## Objectives

Upon completion of the course, students should be able to:

- describe the characteristics of good development environments in sports,
- carry out an analysis within a sports club environment and draw up an action plan based on the analysis,
- plan, carry out and evaluate development work within their own sports club.

## Content

The course is directed towards the role of the organisational leader in managing sports activities with the aim of having long-term and sustainable development.

- Organisation, culture and material resources
- Social factors
- The leaders' competence in pedagogy and sports
- The importance of organisational leadership

## Type of Instruction

Teaching takes place in the form of lectures and seminars.

## Examination

The course is assessed with the grades Pass (G) or Pass (C).

The course is assessed with the grades Fail (U) or Pass (G).

Examination of the first course objective in the characteristics of a good sporting development environment takes place by means of a written assignment to be discussed at a seminar. Examination of the second objective in drawing up an action plan based on the analysis carried out, takes place by means of a written assignment to be discussed at a seminar. Examination of the third objective in planning, implementation and evaluation of a development work in the sports environment takes place by means of a written report to be presented and discussed at a seminar.

In order to receive a grade of Pass in the course, the objectives must be attained.

A retake of the examination is provided in accordance with the Local Regulations for First-Cycle and Second-Cycle Courses and Examination at Linnaeus University.

Should the university determine that a student is entitled to special educational support due to impairment, the examiner may provide the student with an adapted test or the student may carry out the examination in an alternative way.

### Course Evaluation

A course evaluation is carried out either during or at the end of the course. Results and analysis of the evaluation are presented to the students who have completed the course as well as to new students at the following course date. The course evaluation is conducted anonymously.

### Required Reading and Additional Study Material

Eliasson, Inger & Johansson, Annika (2014). *Att sluta med idrott. En analys av avslutsprocessen och varför flickor slutar spela innebandy*. Pedagogiska rapporter 91(1). Pedagogiska institutionen, Umeå universitet, (88 p.) ISBN: 1403-6169;91

Fahlström Per Göran, Patriksson Göran & Stråhlman Owe (2014). *Vägen från landslaget – om elitidrott, karriär och avslutning*. RF:s FoU-rapporter 2014:3, Riksidrottsförbundet, 2014, (20 p.) ISBN: 978-91-87385-09-4

Fahlström, Per Göran, Gerrevall, Per, Glemne, Mats & Susanne Linnér (2015). *Vägarna till landslaget. Om svenska elitidrottarens idrottsval och specialisering*. RF FoU-rapport 2015:1, 2015, (99 p.)

Fahlström, Per Göran, Glemne, Mats & Linnér, Susanne (2016). *Goda idrottsliga utvecklingsmiljöer. En studie av miljöer som är framgångsrika i att utveckla elitidrottare*. RF FoU-rapport 2016:6. Stockholm: Riksidrottsförbundet, 2016, (77 p). ISBN: 978-91-87385-17-9.

Henriksen, Kristoffer (2010). *The Ecology of Talent Development in Sport: A Multiple Study of Successful Athletic Talent Development Environments in Scandinavia*. Institute of Sports Science and Clinical Biomechanics Faculty of Health Sciences, University of Southern Denmark, (16 p.) ISBN: 9781315668017

Thedin Jakobsson, Britta & Engström, Lars-Magnus (2016). *Vilka stannar kvar och varför?* RF FoU-rapport 2016:6. Stockholm: Riksidrottsförbundet, (50 p.) ISBN: 978-91-87385-17-9.

Stambulova, Natalia, Engström, Cecilia, Franck, Alina & Linnér, Lukas (2013). *På väg mot att bli "vinnare i långa loppet". Riksidrotts-gymnasieelevers upplevelser av dubbla karriärer under sitt första läsår*. RF FoU-rapport 2013:3. Stockholm: Riksidrottsförbundet, (113 p.) ISBN: 978-91-87385-06-3

Storm, Louise Kamuk (2015). *Coloured by Culture. Talent Development in Scandinavian Elite Sport as seen from a Cultural Perspective*. Institute of Sports Science and Clinical Biomechanics Faculty of Health Sciences, University of Southern

Denmark, (18 p.)

An additional circa 200 pages also included, provided by the department.