



## Course syllabus

Faculty Board of Science and Engineering  
School of Computer Science, Physics and Mathematics

1IL050 Arbetspsykologi, 7,5 högskolepoäng  
Psychology of working life, 7.5 credits

**Main field of study**

Psychology

**Subject Group**

Informatics/Computer and Systems Sciences

**Level of classification**

First Level

**Progression**

GIN

**Date of Ratification**

Approved by Organisational Committee 2009-09-08

The course syllabus is valid from spring semester 2010

**Prerequisites**

General entry requirements.

### Expected learning outcomes

After completed course the student:

- Has a basic notion of such psychological perspectives as personality, memory, perception, attitudes and groups for a better understanding of both the self, the others and the interaction between them.
- Has a basic notion of psychological factors such as motivation, stress and learning, which are all influencing us as humans - our interaction and decisionmaking.
- Will be able to summarize the basic concepts from leadership and organizational theories.
- Can give examples of potential problems when leading other people, for example factors hindering or promoting interaction between individuals, groups and organisations
- On a basic level is able to use different psychological theories to analyse phenomena both found in everyday life and in organizations or parts of an organization and its leadership.
- Be able to analyse why different types of conflicts occur and moreover suggest solutions to conflicts and how to handle crises.

### Content

The course overlook the all time increasing influence from psychology on both our personal and working life and is based on different perspectives from basic psychology. The students will also get an orientation in fields like motivation, learning theories, stress, leadership, group psychology, conflict management, communication and problem solving.

### Type of Instruction

Teaching consists of lectures, laborations and group assignments.

### Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

Evaluation of the student's knowledge and performance is made continuously by oral and written assignments and by participating in the different parts of the course. Moreover the assessment is made through summarizing presentations or a written exam at the end of the course.

For those of the students who do not pass on the first occasion, a new opportunity will be arranged closely tied to the original exam.

On request, a Swedish University course certificate will be awarded upon successful completion of the course.

### Course Evaluation

A written course evaluation will be carried out at the end of the course in accordance with the guidelines of the University. The course evaluation will be filed at the department.

### Required Reading and Additional Study Material

#### **Required reading**

Arnold, John (2004), *Work psychology: understanding human behaviour in the workplace*. 4. ed. New York: Prentice Hall. 400 p. ISBN:978-0-273-65544-2.

Lilienfeld, Scott (2009), *Psychology : from inquiry to understanding*. Boston: Pearson education. 250 p. ISBN:978-0-205-60890-4.

Articles provided by the responsible of the course. 200 p.