



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

1HÄ223 Äldres hälsa ur ett globalt interkulturellt perspektiv, 7,5
högskolepoäng

Older people's health from a global intercultural perspective, 7.5
credits

Main field of study

Health Science

Subject

Nursing Science

Level

First cycle

Progression

G1N

Date of Ratification

Approved 2025-05-19.

The course syllabus is valid from spring semester 2026.

Prerequisites

General entry requirements + English 6.

Objectives

Knowledge and understanding

On completion of the course, student should be able to:

- A.1 To define and describe different theories of ageing from a biopsychosocial perspective approach.
- A.2 To define and describe the normal ageing process and the diseases which are related to old age.
- A.3 To describe elderly's health from a global and intercultural perspective.

Competence and skills

On completion of the course, student should be able to:

- B.1 Discuss about the health, living conditions and environment of older people both at a national and global perspective.
- B.2 Discuss about the importance of social relationships and social participation for the health of older people.
- B.3 Discuss about the influence of culture on aging and well-being.

Judgement and approach

On completion of the course, student should be able to:

- C.1 Evaluate the relationship between aging, living conditions and health
- C.2 Evaluate the socio-cultural constructions of ageing and ageism and its impact on elderly's health
- C.3 Evaluate global challenges (migration, climate change, natural disasters, digitalization, etc.) and their impact on elderly's people health.

Content

- Theories of ageing
- Aging and health
- Diseases related to older age (Geriatric)
- Elderly people living conditions
- Elderly people's health from a global and intercultural perspective
- Ageism

Type of Instruction

Lectures

Literature study

Individual work

Journal club

Group work

Workshops

Seminar

Study visits

The working method applied in the course demands that the student actively participate and uses critical thinking. The basic pedagogical idea supports sustainable learning, development of independence and responsibility for knowledge development both individually and in groups.

Language of instruction: English

Examination

The course is assessed with the grades A, B, C, D, E or F.

The course is examined through a writing examination and an oral presentation in a seminar. More detailed information under goal fulfillment.

The final grade of the course is awarded only when both examination assignments have been assessed with the Pass grade (A-E, and G).

The course grade criteria are provided for each examination assignment and form the basis for grading.

Resit examination is offered in accordance with Linnaeus University's Local regulations for courses and examination at the first- and second-cycle levels. In the event that a student with a disability is entitled to special study support, the examiner will decide on adapted or alternative examination arrangements.

Objectives achievement

The examination of the course is divided as follows:

Module 2601 Individual Written Home Examination 6.5 credits with the grading system AF

Module 2602 Oral seminar 1.0 credits with the grading system UG

The examination elements are linked to the course objectives in the following ways:

Module 2601 links to the course objectives: A.1, A.2, A.3, B.1, B.2, B.3, C.1, C.2, C.3

Module 2602 links to the course objectives: B.1, B.2, B.3

Course Evaluation

A course evaluation should be conducted during the course or in connection with its conclusion. The results and analysis of the completed course evaluation should be promptly communicated to students who have completed the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

Overlap

The course cannot be included in a degree along with the following course/courses of which the content fully, or partly, corresponds to the content of this course:

1VÅ220 7,5 hp, 1VÅ221 7,5 hp, 1SA220 7,5 hp, 1SA221 7,5 hp, 1VÅ222 7,5 hp, 1HÄ222 7,5hp.

Required Reading and Additional Study Material

Whitbourne, S. & Whitbourne, S. *Adult development and Aging: Biopsychosocial Perspectives* (latest edition). Wiley (ca. 400 pages).

Morgan, L. A. and Kunkel, S.R. *Aging, society, and the life course*. (latest edition). Springer Publishing Company. Online resource (ca. 418 pages)

Scientific articles ca.100-150 pages to be added.