



## Course syllabus

Faculty of Health and Life Sciences

Department of Health and Caring Sciences

1HÄ601 Global och hållbar hälsa, 7,5 högskolepoäng

1HÄ601 Global and sustainable health, 7.5 credits

### **Main field of study**

Health Science

### **Subject Group**

Nursing Science

### **Level of classification**

First Level

### **Progression**

G1N

### **Date of Ratification**

Approved by Faculty of Health and Life Sciences 2023-09-04

The course syllabus is valid from spring semester 2024

### **Prerequisites**

General entry requirements + Mathematics 2a alt. Mathematics 2b alt. Mathematics 2c, Science studies 2 and Civics 1b alt. Civics 1a1 +1a2.

## Objectives

### *Knowledge and understanding*

After completing the course, the student should be able to:

- A.1 explain local and global health issues in relation to social, cultural, economic, and environmental aspects of health and ill health
- A.2 describe healthcare needs in relation to gender, migration, and natural disasters in different societies
- A.3 provide an overview of people's vulnerability to violence when they are fleeing, based on theoretical perspectives
- A.4 give a general account of the nurse's professional approach in relation to victims of violence and perpetrators of violence.

### *Competence and skills*

After completing the course, the student should be able to:

- B.1 analyse the determinants of health in relation to individuals, groups, and

societies, on a local and global level.

### *Judgement and approach*

After completing the course, the student should be able to:

- C.1 problematise an ethical approach in relation to sustainable development for health from a global perspective
- C.2 problematise the responsibility of the individual and society for health promotion and prevention
- C.3 reflect critically on how differences in health factors and healthcare systems within and between different countries affect the global health situation.

## Content

The course includes the following components:

- The relationship between individual, cultural, and societal aspects of health
- A gender perspective on health
- Poverty and health
- Sustainable Development Goals (Agenda 2030)
- Migration and health
- Climate and health
- Violence and the exercise of power
- Ethics and global justice
- Sustainable healthcare systems.

## Type of Instruction

The teaching methods of the course are designed to enable students to take personal responsibility for their learning, critical thinking, and active participation. Some parts of the instruction are delivered via a learning platform. The teaching methods that will be employed include:

- group work
- individual work
- lectures
- seminars
- field studies.

## Examination

The examination of the course is divided as follows:

Code	Designation	Grade	Credits
2401	Individual written examination	U/G/VG	4,50
2402	Seminar	U/G	3,00

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through an individual written exam and a seminar. To pass the course, students must achieve a passing grade in both the individual written exam and the seminar. To receive a Pass with Distinction, students must achieve this grade for the individual written exam and a passing grade for the seminar.

Resit examination is offered in accordance with Linnaeus University's Local regulations for courses and examination at the first- and second-cycle levels.

In the event that a student with a disability is entitled to special study support, the examiner will decide on adapted or alternative examination arrangements.

### **Objectives achievement**

The examination elements are linked to the course objectives in the following ways:

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<b>Goal</b>	2401	2402
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### **Course Evaluation**

Course evaluation should be conducted during or shortly after the course. Its results and analysis should be promptly communicated to the students who have taken the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

### **Required Reading and Additional Study Material**

Anåker, A. (2020). *Hållbar vård – Klimatet och hälsan*. Studentlitteratur. (176 pp.). ISBN: 9789144137261.

Förenta Nationerna. *The sustainable Development Goals report 2022*. <https://unstats.un.org/sdgs/report/2022/The-Sustainable-Development-Goals-Report-2022.pdf> (68 pages).

Sandman, L., & Kjellström, S. (2018). *Etikboken – Etik för vårdande yrken*. (2nd ed.). Studentlitteratur. (In selection; approx. 100 pp.). ISBN: 9789144120539.

Research articles and theses (approx. 50 pp.)