



Course syllabus

Faculty of Health and Life Sciences
Department of Health and Caring Sciences

1HÄ601 Global och hållbar hälsa, 7,5 högskolepoäng
Global and sustainable health, 7.5 credits

Main field of study

Health Science

Subject

Nursing Science

Level

First cycle

Progression

G1N

Date of Ratification

Approved 2023-09-04.

Revised 2025-03-03. Revision of course literature.

The course syllabus is valid from autumn semester 2025.

Prerequisites

General entry requirements + Mathematics 2a alt. Mathematics 2b alt. Mathematics 2c, Science studies 2 and Civics 1b alt. Civics 1a1 +1a2.

Objectives

Knowledge and understanding

After completing the course, the student should be able to:

- A.1 explain local and global health issues in relation to social, cultural, economic, and environmental aspects of health and ill health
- A.2 describe healthcare needs in relation to gender, migration, and natural

disasters in different societies

- A.3 provide an overview of people's vulnerability to violence when they are fleeing, based on theoretical perspectives
- A.4 give a general account of the nurse's professional approach in relation to victims of violence and perpetrators of violence.

Competence and skills

After completing the course, the student should be able to:

- B.1 analyse the determinants of health in relation to individuals, groups, and societies, on a local and global level.

Judgement and approach

After completing the course, the student should be able to:

- C.1 problematise an ethical approach in relation to sustainable development for health from a global perspective
- C.2 problematise the responsibility of the individual and society for health promotion and prevention
- C.3 reflect critically on how differences in health factors and healthcare systems within and between different countries affect the global health situation.

Content

The course includes the following components:

- The relationship between individual, cultural, and societal aspects of health
- A gender perspective on health
- Poverty and health
- Sustainable Development Goals (Agenda 2030)
- Migration and health
- Climate and health
- Violence and the exercise of power
- Ethics and global justice
- Sustainable healthcare systems.

Type of Instruction

The teaching methods of the course are designed to enable students to take personal responsibility for their learning, critical thinking, and active participation. Some parts of the instruction are delivered via a learning platform. The teaching methods that will be employed include:

- group work
- individual work
- lectures
- seminars

- field studies.

Examination

The course is assessed with the grades Fail (U), Pass (G) or Pass with Distinction (VG).

The course is examined through an individual written exam and a seminar. To pass the course, students must achieve a passing grade in both the individual written exam and the seminar. To receive a Pass with Distinction, students must achieve this grade for the individual written exam and a passing grade for the seminar.

Resit examination is offered in accordance with Linnaeus University's Local regulations for courses and examination at the first- and second-cycle levels.

In the event that a student with a disability is entitled to special study support, the examiner will decide on adapted or alternative examination arrangements.

Objectives achievement

The examination of the course is divided as follows:

Module 2401 Individual written examination 4.5 credits with the grading system UV

Module 2402 Seminar 3.0 credits with the grading system UG

The examination elements are linked to the course objectives in the following ways:

Module 2401 links to the course objectives: A.3, A.4, C.2, C.3

Module 2402 links to the course objectives: A.1, A.2, B.1, C.1

Course Evaluation

Course evaluation should be conducted during or shortly after the course. Its results and analysis should be promptly communicated to the students who have taken the course. Students participating in the next course instance should be informed of the results of the previous course evaluation and any improvements that have been made, no later than at the start of the course.

Required Reading and Additional Study Material

Anåker, A. (Latest edition). *Hållbar vård – Klimatet och hälsan*. Studentlitteratur. (approx. 180 pp.)

Förenta Nationerna. *The sustainable Development Goals report 2022*.

<https://unstats.un.org/sdgs/report/2022/The-Sustainable-Development-Goals-Report-2022.pdf> (68 pp.)

Sandman, L., & Kjellström, S. (Latest edition). *Etikboken – Etik för vårdande yrken*. Studentlitteratur. (part of book, approx. 100 pp.)

Sundvall M. (Latest edition). *Psykisk hälsa hos flyktingar. Berättelser, bemötande och verktyg*. Studentlitteratur. (approx. 250 pp.)

Research articles and theses (approx. 50 pp.)